

Forum:[Hack Forums](#)

Thread: [Thought about PEDs/Steroids? Don't use them.](#)

FinanceMan901 - January 16, 2022, 9:45 am

Now this isn't everyone case but I've ran sarms/testosterone and other compounds. I don't recommend using them or even going near them.

Why? It is a rollercoaster of emotions. Sarms not too much but test/steroids yes. When you are elevating your hormones to super physiological doses everything else is increasing. Your sense of well-being, your sense of awareness, etc. But these get heightened to such a high degree to where you'll experience mood swings, anxiety, tremors, etc for the first 3 or so weeks until your body adjusts to them. Once your body is at homeostasis your reality sort of shifts, you're in a whole different world. Some may like it some may not. But your senses are heightened, you are literally a super human. This can also lead to anxiety, over thinking, etc. It'll be weird at first.

But then you get off them and you're crashing your hormonal system again and now you're going through another wave of emotions, anxiety, etc. Then you have to PCT which is another wave of emotions.

Long story short: It'll affect your mental health. You'll go from happy to depressed and may bring out preexisting conditions. Is this all worth it for some muscle? No, absolutely not. Unless you plan on blasting/cruising and competing in pro bodybuilding then sure but even then why would you.

People think that hopping on gear is just gonna make you feel amazing, gain a lot of muscle, and you hop off it and things go smoothly. NO. There are mental side effects to this bullshiit.

I regret doing roids, my mental health severely suffered from it. I was having anxiety, panic attacks, DP/DR came back, you fuckking name it. I am thankfully recovering. Be safe.

1940rorschach - February 6, 2022, 4:26 pm

In the past I ran testosterone enanthate, anavar and even superdrol (very stupid idea -- extremely hepatotoxic). I used gear for 6 months, until I was hospitalized for alcohol poisoning, which caused my mom to go through my things and find the steroids.

As far as side effects go, I experienced high BP, possible liver damage, anger, acne and hair loss. Looking back, I'm thankful that my mom found the drugs because I'd be bald by now if I kept using them.

The high BP, acne and possible liver damage could've been prevented, but I was in a really bad mental state, stopped caring about myself and my health, and acted very recklessly.

The hair loss side effect could have possibly been prevented with the use of dutasteride, but considering how bad my hairless genetics are, I doubt even that could've stopped it completely.

The anger is difficult to control when you have these hormones in your system and mental health issues on top of them. It's definitely a recipe for disaster.

Honestly though, if it weren't for the hair loss issue, I would still be using PEDs now. I'd be much

less reckless, of course. I think the benefits FAR outweigh the negatives if you're using them properly. Sure, you're damaging your health to some extent and likely taking a few years off your life, but steroids like testosterone truly make most men happier. You feel and look like you never could have without these drugs.

Boo Boo - February 13, 2022, 3:22 am

I'm currently on 210mg Test-E cruising permanently. If you're using potent compounds like Tren and SARMS I'm not surprised you had a rollercoaster of emotions.

I wouldn't recommend anyone hop on gear, however if you do blast and cruising is the way forward. Or ideally cruising 24/7. Life is a marathon not a sprint ?

If you've ran cycles and feel terrible get yourself to a TRT clinic to run blood work

shreder - March 8, 2022, 7:13 pm

(Feb 13, 2022 04:22 AM)Boo Boo Wrote: [\[CITE\]](#) I'm currently on 210mg Test-E cruising permanently. If you're using potent compounds like Tren and SARMS I'm not surprised you had a rollercoaster of emotions.

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SARMS are not potent compounds lol

Virgo - April 3, 2022, 9:18 am

Here is a good place to learn about them <https://old.reddit.com/r/nattyorjuice/>

Nullusia - April 3, 2022, 9:40 am

(Feb 13, 2022 04:22 AM)Boo Boo Wrote: [\[CITE\]](#) I'm currently on 210mg Test-E cruising permanently. If you're using potent compounds like Tren and SARMS I'm not surprised you had a rollercoaster of emotions.

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What do you mean by cruising?

Ezio - April 3, 2022, 5:12 pm

IMO, wouldn't touch a warm, if wanting to do gear wait until 3-4 years of programmed training experience.

F11I3r - April 4, 2022, 2:26 pm

Careful with SARMS, most sellers are sourcing from Chinese vendors where the quality can vary from batch to batch.

Using testosterone in doses below 300mg can be safe while under supervision of a doctor though.

The doctor will also put you on HCG to not crash your sperm production - 100mg+ of test e is enough to make most men infertile, this is reversible of course.

To counteract the possible mood swings while on test (the mood swings may result from

fluctuations of test in your bloodstream) its better to inject 3 times a week instead of once (the weekly dose is splitted into 3 doses aswell). This will provide you with way more constant levels of test in your bloodstream. Those injections can also be done subcutaneously with an insulin syringe - those are way more convenient than intramuscular injections.