

Forum:[Hack Forums](#)

Thread: [Wealthy but not happy](#)

DenizZ - September 15, 2022, 4:44 pm

Hi,

I have been in a depressive mood for awhile now. And even if no one is gonna read this it feels good to write about it.

About 2 years ago I started an employment agency in The Netherlands, basically I am the bridge between employee and employer. Once the employee works I start getting a commission from the employer per hour the employee works until he stops. I have around 600 people now working via me. It's seasonal work, in the low season (winter) it drops to around 300 people. This made me earn quite a lot of money for my age (26). About €14.000 to €16.000 weekly. All my friends say you've got nothing to complain about bla bla but hey I learned that money only gives temporary happiness. I bought a car, made me happy and after 2 months the happiness is gone, I go to vacation, made me happy and after 2 weeks it's gone.

So everything went financially well, but yet I don't feel happy. Not happy at all. I fell in love with very good girlfriend of mine, someone I see and hang out daily with for many hours, I'd say 4-5 hours per day for 10 years! The feelings started coming 2 years ago. He broke up with his boyfriend about a year and half ago and I thought this is my chance. But here is another problem, she is the daughter of my uncle from mother's side. In my family weddings between family happened before (not first grade family ofc). And she is now speaking with someone after a 1-2 others didn't go well. But now she is becoming serious with someone and it's killing me.

I've gone so crazy that I constantly check whether she is online on WhatsApp or Instagram, sometimes when I drop her home I drive around checking whether she went home or not. These are things I normally absolutely wouldn't do. When she is texting the guy right next to me it's making me crazy.

I tried to forget but I constantly hang with her which makes it really hard, she is my bestfriend for 10 years. I thought maybe distancing myself but that didn't work out either. I don't have any other close friends, basically without her I am a lonely. I'm quite dependant on her when it comes to my social life and so is she (for now). It isn't official between the guy and her but it can be anytime.

Other than this my life is okay, good family, supporting parents and siblings, but I can't tell them this because she is family too and I don't think my family nor her would want a family wedding.

Uhh I'm getting mad. What would you advice me?

Truth - September 15, 2022, 4:53 pm

Money might not buy happiness, but being broke can't buy anything. Make sure you still growing that mula man. Euro is less than dollar now, you'll need more.

With that being said, my advice is for you to think of your perfect day, then just live it fully, even if you can only do it for a day, it will give you a glimpse of what is possible.

Pathy32 - September 15, 2022, 4:56 pm

So she's your mom's brother's daughter? That in my culture is extremely taboo and isn't something that should be done. You must be from a different background than me if that's something that would be considered okay to you. Which it is okay if your culture is okay with that it's just not something that's okay to me. I would suggest you branch out and meet more women that would broaden your horizon and show you more of the world and what it has to offer. All that aside money can only buy you so much happiness. I've ridden the highs and the lows of money but I'll tell you one thing and I'd rather be sad with money than to be sad and broke lol

Pikachu - September 15, 2022, 5:01 pm

So im not very good with relationships so i cant give advice on that. However, happiness is something you gotta find within yourself. I suggest maybe try out some different forms of meditation, maybe try yoga. Take deep breaths, relax. Life can be shit, full of obstacles. We gotta overcome that shit, get past those obstacles. It's never easy but it is possible. Another suggestion i have is maybe try looking into psilocybin therapy perhaps.

DenizZ - September 15, 2022, 5:22 pm

(Sep 15, 2022 04:53 PM)Truth Wrote: [\[CITE\]](#) Money might not buy happiness, but being broke can't buy anything. Make sure you still growing that mula man. Euro is less than dollar now, you'll need more.

With that being said, my advice is for you to think of your perfect day, then just live it fully, even if you can only do it for a day, it will give you a glimpse of what is possible.

Yes along with the inflation it's losing value every day, but can't find something to invest in and I'm not into cryptos.

Thanks just talking to someone helps already :)

(Sep 15, 2022 04:56 PM)Pathy32 Wrote: [\[CITE\]](#) So she's your mom's brother's daughter? That in my culture is extremely taboo and isn't something that should be done. You must be from a different background than me if that's something that would be considered okay to you. Which it is okay if your culture is okay with that it's just not something that's okay to me. I would suggest you branch out and meet more women that would broaden your horizon and show you more of the world and what it has to offer. All that aside money can only buy you so much happiness. I've ridden the highs and the lows of money but I'll tell you one thing and I'd rather be sad with money than to be sad and broke lol

Yes exactly, but I have a middle-eastern/caucasian background and it's normal in our culture. Doesn't happen often anymore, my parents wouldn't prefer it.

No matter what women I talk to, I never get the feelings. Tried that but then I even get the feeling that I am betraying her, which makes no sense.

You're right, being broke and sad is worse than wealthy and sad, but trust me I can't say that I am super-rich but I consider myself quite above average and it doesn't give happiness. I believe happiness can only be found in love and friendship.

(Sep 15, 2022 05:01 PM)Pikachu Wrote: [\[CITE\]](#) So im not very good with relationships so i cant give advice on that. However, happiness is something you gotta find within yourself. I suggest maybe try out some different forms of meditation, maybe try yoga. Take deep breaths, relax. Life can be shit, full of obstacles. We gotta overcome that shit, get past those obstacles. It's never easy but it is possible. Another suggestion i have is maybe try looking into psilocybin therapy perhaps.

I am considering therapy, just have someone to talk these things about. Even writing here is helping a bit.

Pikachu - September 15, 2022, 5:30 pm

(Sep 15, 2022 05:22 PM)DenizZ Wrote: [\[CITE\]](#) Yes along with the inflation it's losing value every day, but can't find something to invest in and I'm not into cryptos.

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Psilocybin therapy is different than regular therapy, it involves using psilocybin mushrooms (shrooms) therapeutically in micro doses. There's been lots of studies and research on the benefits and uses of magic mushrooms for depression as well as other mental health related problems.

[Check out this research article on it by the John Hopkins medical research team](#)

Bob White - September 15, 2022, 5:41 pm

Many other people out there. Move on and find other joy in life. With money and health many people will find you attractive and love you. Don't limit yourself to one person. Get out and live life.

NARVI - September 16, 2022, 9:55 am

(Sep 15, 2022 04:44 PM)DenizZ Wrote: [\[CITE\]](#) Hi,

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crazy.

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Other than this my life is okay, good family, supporting parents and siblings, but I can't tell them this because she is family too and I don't think my family nor her would want a family wedding.

Uhh I'm getting mad. What would you advice me?

Believe me, speaking based on experience- it will all pass.

Bluffer - September 16, 2022, 4:17 pm

Find new challenges, set new goals and accomplish them. Find new reasons to enjoy life.

New relationships/friends, new hobbies, etc.

Also the incest stuff is weird, find someone that isn't family .

Livewire - September 16, 2022, 5:05 pm

The grass is not always greener on the other side, friend.

DenizZ - September 16, 2022, 5:22 pm

(Sep 15, 2022 05:41 PM)SIM-1680559 Wrote: [\[CITE\]](#) Many other people out there. Move on and find other joy in life. With money and health many people will find you attractive and love you. Don't limit yourself to one person. Get out and live life.

If only it was that easy :/

(Sep 16, 2022 09:46 AM)phantomman55 Wrote: [\[CITE\]](#) Just tell her how you feel. When she comes ask her if she can touch your wee..wee.. and tell her how you feel about her.

Make sure family isn't around and do it not when she's gets to your place. Just after an hour watching a movie bring it up.

It's best to see how she feels about it and if she doesn't like it then be like ok that's cool. Then you got your answer and let it be.

You never know maybe she has feelings for you but think that same thing. That is why she's dating around.

I considered that but I am afraid of losing the friendship afterwards.

(Sep 16, 2022 09:55 AM)deitress Wrote: [\[CITE\]](#) Believe me, speaking based on experience- it will all pass.

I hope soon it will pass

(Sep 16, 2022 04:17 PM)Bluffer Wrote: [\[CITE\]](#) Find new challenges, set new goals and accomplish them. Find new reasons to enjoy life.

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The financial part of my goals are going well, I like travelling but then I got no friends that can afford to go to exotic trips. I always have goals but the relationship stuff is fucking my mind.

The family thing is obviously very weird to hear for you, but in my culture this is normal and doesn't sound weird to the ears. It's complicated :P

(Sep 16, 2022 04:29 PM)Dyne Wrote: [\[CITE\]](#) Do you remember in our adolescence or earlier years when we thought all we needed was expensive clothes, expensive tech, nice car, diamonds, jewelry etc. and the older generation told us--in what we thought were attempts at humbling us--told us that money doesn't buy happiness? It turns out; it is very true.

Once you set those seemingly endless goals for yourself, and achieve them you often find yourself at a loss for "what's next" if you've achieved your goals. Perishable or material goals are not what build happiness, but this is subjective to everyone.

IMO and my experience, 3 goals build happiness;

Equity.
Relationships.
Creativity.

As far as the fucking your cousin goes, you need to get laid repetitively. Use her as a bridge to get to her friends, and her friends' friends. Stick your dick in whatever you can and stop with the family stuff.

I couldn't agree more, at some point money stops giving the joy. Exactly, I am at the "what's next" point and this is love and marriage for me. After that I assume I will be very happy, if of course, it is the right person.

(Sep 16, 2022 05:05 PM)Livewire Wrote: [\[CITE\]](#) The grass is not always greener on the other side, friend.
Yeah :(

NARVI - September 16, 2022, 5:26 pm

If you need someone to talk to pm me and we can set up some conversation or chat or something.

Gary - September 16, 2022, 5:28 pm

(Sep 16, 2022 04:17 PM)Bluffer Wrote: [\[CITE\]](#) Also the incest stuff is weird, find someone that isn't family .

(Sep 16, 2022 04:29 PM)Dyne Wrote: [\[CITE\]](#) As far as the fucking your cousin goes, you need to get laid repetitively. Use her as a bridge to get to her friends, and her friends' friends. Stick your dick in whatever you can and stop with the family stuff.

Agreed, there's tons of pussy out there. Stop being weird with your cousin.

Blockonome - September 17, 2022, 4:08 am

Money brings no happiness, it brings security.

Do what really peaks your happiness and if you do not know what that is, then you better get out there and try different things until something makes you truly happy. No drugs or stuff like that, but stuff that actually gives you long term happiness and something you can develop on.

Bk randy and blunt got u - September 17, 2022, 4:12 am

Theres always that one that got away. stay strong cuh

???? - September 17, 2022, 10:13 am

With that bond created over the years it would take nerves of steel to just say "move on".

Morgan - September 17, 2022, 11:15 am

Go pick up a new sport, a new hobby. Take pottery classes, painting course, whatever that could make you happy. It seems like you have way too much time to think about the girl, which I can understand, but your mind should go elsewhere. Change your environment, meet new people, new friends, new lovers. Consider moving out of your town or even country. I've moved several times in my life, and it was always a refreshing experience. Staying in your "safe zone" for the whole life makes no sense if you're unhappy.

Zeus - September 17, 2022, 11:51 am

I remember you from many years back you're a good guy, i think you just need someone to speak to as it goes along i guess. If you ever want to chat in private or have any questions feel free to message me whenever.

I think the best thing to do is confront her about it and let her know how you feel.

DenizZ - September 17, 2022, 4:45 pm

(Sep 16, 2022 05:26 PM)deitress Wrote: [\[CITE\]](#) If you need someone to talk to pm me and we can set up some conversation or chat or something.

Thanks :)

(Sep 16, 2022 05:28 PM)Gary Wrote: [\[CITE\]](#) Agreed, there's tons of pussy out there. Stop being weird with your cousin.

It's easy to say it like that. I don't see other girls, I'm blinded by her.

(Sep 17, 2022 04:08 AM)????? Wrote: [\[CITE\]](#) Money brings no happiness, it brings security.

Do what really peaks your happiness and if you do not know what that is, then you better get out there and try different things until somethings makes you truly happy. No drugs or stuff like that, but stuff that actually gives you long term happiness and something you can develop on.

Couldn't agree more. Just security.

If only I could think of something else...

(Sep 17, 2022 10:13 AM)Sanctus Wrote: [\[CITE\]](#) With that bond created over the years it would take nerves of steel to just say "move on".

Pff exactly. After so many years normal friendship turned into love, I know her A to Z and my mind says she's the one..

(Sep 17, 2022 11:15 AM)Stonks Wrote: [\[CITE\]](#) Go pick up a new sport, a new hobby. Take pottery classes, painting course, whatever that could make you happy. It seems like you have way too much time to think about the girl, which I can understand, but your mind should go elsewhere. Change your environment, meet new people, new friends, new lovers. Consider moving out of your town or even country. I've moved several times in my life, and it was always a refreshing experience. Staying in your "safe zone" for the whole life makes no sense if you're unhappy.

Tried some things even to distance myself but no matter what I do my mind goes to her.

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O really, what was your username back then or was it the same? I've been inactive for quite some time.

Yep just writing here already helps, confronting her with this isn't easy. It could ruin my friendship :(

(Sep 17, 2022 12:26 PM)phantomman55 Wrote: [\[CITE\]](#) You should ask her for feet picks. If she gets weirded out. Just be like oh I am just joking... it's a meme. Play it off as a joke.

If she blushes and says ok.. then you know she feels the same way about you. That's how you will know and still keep a friendly relationship if things go sour.

Haha I might try this.

Navos - September 17, 2022, 9:56 pm

You have established that being wealthy doesn't bring happiness, so is that why you feel that having her as your love of your life would make you happy?

Love is just like money, once you have it, it gets dull.

The key here is finding purpose and enjoyment in other things in life. There's too many out there for you to be obsessed over just one thing.

For you now, it's her.

Obsession is never a good thing when it comes to people.

Also it seems like you never confessed your feelings to her, so she sees you as only a good friend.

And maybe you also have a little jealousy issue from the minor stalking you did on her.

Even if you two get together, the next time she texts a guy or meets a guy friend, you would certainly flip and it's not a healthy sort of relationship.

It's always better to find someone who love you more than you do them. Easier said than be done I know.

Last piece of advice:

Once and for all sit with her and ask her about her actual feelings about you.

You've known her for 10 years so you would know if she is being truthful.

You just need ball up and ask her that question.

From there, you would know what to do.

Gary - September 17, 2022, 10:05 pm

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This is his cousin he loves lol

Aussie - September 17, 2022, 10:09 pm

You need to get on [BRAND NAME REMOVED] my man, and invest some of that money into things like going to the gym (for health and happiness). You need to invest that money in stocks, buy some crypto (prices are low atm).

Go on dates, distract yourself; have fun.

Avoid doing the shit that other people have suggested like drugs, mushrooms, etc. Just be careful on that shit man, it seems too experimental. There are other more reasonable solutions to overcoming this.

Kryme - September 17, 2022, 10:27 pm

Have you ever thought about microdosing LSD/Psilocybin?

Many studies confirm that it helps with depression and mood swings.

King Shroom - September 17, 2022, 10:51 pm

Look into taking magic mushrooms they change the way you think about life they make you happy, you can even microdose them, they changed my life and I was a mess before I found out about them.

(Sep 17, 2022 10:27 PM)Kryme Wrote: [\[CITE\]](#) Have you ever thought about microdosing LSD/Psilocybin?

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Wow didnt even see your post before I posted lol great minds think alike ?

Artisan - September 18, 2022, 5:02 am

Might seem like useless advice but please give this a try and let me know if it works for you.

Find a less fortunate family. People who are having trouble "making ends meet".Take a percentage of the money you earn weekly, lets say 1%. That comes to around €140-160. Buy groceries with that money and take it to that family. Spend time with them listening to their stories. Share a meal with them. Try to be as anonymous as possible and dont take fancy gadgets with you (so you dont get mugged) and also let family and friends know where you are at while you are on these runs.

I think this will substantially lift your mood. Best of luck.

Cuthbert - September 18, 2022, 10:42 am

If you're a user of mind-altering drugs like marijuana this could be responsible. Don't listen to the rubbish about microdosing and shrooms. Tampering with your brain using dangerous mind-altering drugs can induce depression and psychosis.

DenizZ - September 18, 2022, 12:06 pm

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You've known her for 10 years so you would know if she is being truthful.

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From there, you would know what to do.

Hmm, I will think about this. It makes a lot of sense to me.

(Sep 17, 2022 10:05 PM)Gary Wrote: [\[CITE\]](#) This is his cousin he loves lol
Different culture buddy, I understand it's wrong in your eyes but not in mine.

(Sep 17, 2022 10:27 PM)Kryme Wrote: [\[CITE\]](#) Have you ever thought about microdosing LSD/Psilocybin?

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Is that some kind of drugs?

(Sep 17, 2022 10:51 PM)King Shroom Wrote: [\[CITE\]](#) Look into taking magic mushrooms they change the way you think about life they make you happy, you can even microdose them, they changed my life and I was a mess before I found out about them.

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I'm not into drugs

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I do these kind of things regularly surely it gives a great feeling but once I'm gone the depressive mood starts again.

(Sep 18, 2022 10:42 AM)Cuthbert Wrote: [\[CITE\]](#) If you're a user of mind-altering drugs like marijuana this could be responsible. Don't listen to the rubbish about microdosing and shrooms. Tampering with your brain using dangerous mind-altering drugs can induce depression and psychosis.

Never done drugs before and I don't think I ever will.

Cuthbert - September 18, 2022, 1:07 pm

(Sep 18, 2022 12:06 PM)DenizZ Wrote: [\[CITE\]](#) Never done drugs before and I don't think I ever will. Good because it's guaranteed to make your life worse.

DenizZ - September 18, 2022, 6:29 pm

(Sep 18, 2022 01:07 PM)Cuthbert Wrote: [\[CITE\]](#) Good because it's guaranteed to make your life worse.

Exactly I would never start with that shit

King Shroom - September 19, 2022, 10:27 am

You say your not into drugs, magic mushrooms are a natural remedy you find them in fields they grow they are not drugs.

Anythink you get from the chemist is a drug I bet you have had medication from your doctor. bad Idea I never take any perscribed medicine.

007 - September 19, 2022, 1:21 pm

My advice: Step up your game G.

Stop SIMPing, flirt with her and make a move. If it doesn't work out, cut the ties for at least half a year for your oxytocin to reset.

Means no meetups, block her on all socials, delete all her pics etc. Cold turkey, push her out of your life.

Start sporting. And preferably not at the gym, but something with social ties like a ballsport or anything. Find a hobby, make new friends, stop depending on her.

Seiyoku - September 19, 2022, 2:20 pm

"she is the daughter of my uncle from mothers side"

Pretty sure this would be your cousin? I'm confused.

?nxy - September 19, 2022, 8:41 pm

Man you got it so good... just chill. I suggest getting into music.

The Pact - September 20, 2022, 6:14 am

Why are we calling her "mom's brother's daughter," isn't she just his first cousin? These things happen and you can find someone else. Just try to enjoy that you have the wonderful gift of being best friends with your first cousin and you can surely meet plenty of other women if you put yourself out there.

Goku - September 20, 2022, 6:29 am

I haven't read it all. But it seems that you seek to live a life with only "happiness".

Therefor, I will tell you. That whatever it is that makes you "happy", it's only a temporary feeling.

Happiness is and always will be temporary.

Seeking it is an endless rabbit hole.

I'm not saying that wanting to be happy is bad. I'm just saying, instead of focussing on being happy and seeking things that make you happy, you should just live life and seek wisdom & knowledge.

al17_16k - September 21, 2022, 1:13 pm

(Sep 15, 2022 04:44 PM)DenizZ Wrote: [\[CITE\]](#) Hi,

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Other than this my life is okay, good family, supporting parents and siblings, but I can't tell them this

because she is family too and I don't think my family nor her would want a family wedding.

Uhh I'm getting mad. What would you advice me?

I am really sorry that you are not feeling happy man.

What makes you happy in life? I mean money isn't everything. Also, you should try and meet someone. I know that you feel stuck but if you try to meet someone new your situation might change. Dutch women are a pain in the butt. I had a Dutch girlfriend in the past so I feel you!

King Shroom - September 22, 2022, 11:06 am

(Sep 21, 2022 03:47 PM)phantomman55 Wrote: [\[CITE\]](#) do you smoke it or do you eat them? Have you put it in some cooking recipes?

You eat them, but I prefere to make tea with them.

How you do it....

Dry them put 1 gram or more "1 gram" for beginners for a 4 hour trip, but if you are taking microdose for depression ect you use 0.2 of a gram every other day.

Put 1 cup of water in a pan with dried shrooms then bring to the boil then simmer for 10 mins then por water that you make the tea with through a strainer and make your tea ?

SIM-5244392 - October 2, 2022, 7:14 am

Very common money is not everything

fsociety_ - December 25, 2022, 2:34 pm

This is my bestfriend's words who read your thread and wanted to throw his 2 cents:

Hello. First of all, I read the whole thread and I read everyone's comments. For the most part everyone says that you got money, there are lots of ways to be happy. Some say that you need to find new hobbies, move out to another town/country but there's this one fact which is she's someone from your family. You'll always keep hearing from/about her, be it in pictures, in family meetings etc. and my personal view is that you should be completely honest towards that girl. Do not be afraid to lose her. Because if you're already stalking her to the point where you drive around her house whenever you drop her off, you check whether shes online or not, this whole thing is gonna hurt YOU and only YOU in the end. and one of the most important things I learned in this life is that one should always make themselves the PRIORITY. Thats why my suggestion is be HONEST towards YOURSELF and HER. Besides, having a relationship with your cousin isnt something so weird in your culture. I know I'm repeating myself with the following sentence but DO NOT BE AFRAID to lose someone in your life. Also don't forget that you're the main character of your own life.

TL;DR - Gather up all your courage, dont be afraid of losing her, and with all your heart, tell her how much you love her, how you feel about her. Basically confess all you can. (I'm 22 years old and as far as I've seen to this day, even if one gets rejected after confessing, at least they don't fall into a depression and regret of a lifetime.)

As I said, this is my personal opinion. If it did help you, Im glad, and I believe in you! :)

-ScearySRK

Nate - December 25, 2022, 5:03 pm

You can find my happiness no cap

dwalaal - December 25, 2022, 5:20 pm

(Sep 15, 2022 04:44 PM)DenizZ Wrote: [\[CITE\]](#) Hi,

I have been in a depressive mood for awhile now. And even if no one is gonna read this it feels good to write about it.

About 2 years ago I started an employment agency in The Netherlands, basically I am the bridge between employee and employer. Once the employee works I start getting a commission from the employer per hour the employee works until he stops. I have around 600 people now working via me. It's seasonal work, in the low season (winter) it drops to around 300 people. This made me earn quite a lot of money for my age (26). About €14.000 to €16.000 weekly. All my friends say you've got nothing to complain about bla bla but hey I learned that money only gives temporary happiness. I bought a car, made me happy and after 2 months the happiness is gone, I go to vacation, made me happy and after 2 weeks it's gone.

So everything went financially well, but yet I don't feel happy. Not happy at all. I fell in love with very good girlfriend of mine, someone I see and hang out daily with for many hours, I'd say 4-5 hours per day for 10 years! The feelings started coming 2 years ago. He broke up with his boyfriend about a year and half ago and I thought this is my chance. But here is another problem, she is the daughter of my uncle from mother's side. In my family weddings between family happened before (not first grade family ofc). And she is now speaking with someone after a 1-2 others didn't go well. But now she is becoming serious with someone and it's killing me.

I've gone so crazy that I constantly check whether she is online on WhatsApp or Instagram, sometimes when I drop her home I drive around checking whether she went home or not. These are things I normally absolutely wouldn't do. When she is texting the guy right next to me it's making me crazy.

I tried to forget but I constantly hang with her which makes it really hard, she is my bestfriend for 10 years. I thought maybe distancing myself but that didn't work out either. I don't have any other close friends, basically without her I am a lonely. I'm quite dependend on her when it comes to my social life and so is she (for now). It isn't official between the guy and her but it can be anytime.

Other than this my life is okay, good family, supporting parents and siblings, but I can't tell them this because she is family too and I don't think my family nor her would want a family wedding.

Uhh I'm getting mad. What would you advice me?

Same thing, you gotta find an actual purpose or something you enjoy that you can challenge yourself on outside of making more money.

the cousin shit i've never seen anywhere, being european and knowing many middle easterners, never heard of any of them cousin fucking.