

Forum:[Hack Forums](#)

Thread: [What are you drinking right now](#)

zerocool - October 10, 2022, 11:02 pm

My morning drink is mostly black CBD coffee made in my areopress and if im not feeling that it will either be CBD tea or nettle tea.

Gary - October 10, 2022, 11:03 pm

[Cuthbert](#) won't be happy to know you're altering your state of mind with such an item.

However, I'm drinking fruitopia with ice.

zerocool - October 10, 2022, 11:08 pm

(Oct 10, 2022 11:03 PM)Gary Wrote: [\[CITE\]](#) [Cuthbert](#) won't be happy to know you're altering your state of mind with such an item.

However, I'm drinking fruitopia with ice.

Sounds very refreshing, [Cuthbert](#) can rest easy on this one as CBD is not psychoactive!

Yanix - October 10, 2022, 11:13 pm

I am having Gatorade Blue Bolt Sports Drink.

zerocool - October 10, 2022, 11:18 pm

(Oct 10, 2022 11:13 PM)Yanix Wrote: [\[CITE\]](#) I am having Gatorade Blue Bolt Sports Drink. Normaly for after a workout right?

Yanix - October 10, 2022, 11:21 pm

(Oct 10, 2022 11:18 PM)zerocool Wrote: [\[CITE\]](#) Normaly for after a workout right?

It's so hot in here and feeling exhausted that's why I go with Gatorade Blue Bolt and I love it's taste. ???

zerocool - October 10, 2022, 11:26 pm

(Oct 10, 2022 11:21 PM)Yanix Wrote: [\[CITE\]](#) It's so hot in here and feeling exhausted that's why I go with Gatorade Blue Bolt and I love it's taste. ???

It will defo help with replacing lost electrolytes and fluids due to the heat.

KillianDu74 - October 10, 2022, 11:46 pm

Orange Juice in the middle of the night > All

vegetajgd - October 10, 2022, 11:47 pm

W-A-T-E-R i think is the best drink and i am drinking it right NOW

zerocool - October 10, 2022, 11:51 pm

(Oct 10, 2022 11:46 PM)KillianDu74 Wrote: [\[CITE\]](#) Orange Juice in the middle of the night > All Not sure thats good for you!

(Oct 10, 2022 11:47 PM)vegetajgd Wrote: [\[CITE\]](#) W-A-T-E-R i think is the best drink and i am drinking it right NOW

Most of the day I drink water it sure is good for you, I just dont get enough in.

jcole - October 10, 2022, 11:52 pm

CBD seems to be becoming increasingly popular and socially acceptable I wouldn't mind trying some coffee or tea version of it.

bevc - October 10, 2022, 11:53 pm

Cup of black coffee. Got a meeting shortly, girding myself with caffeine.

Yanix - October 10, 2022, 11:58 pm

(Oct 10, 2022 11:26 PM)zerocool Wrote: [\[CITE\]](#) It will defo help with replacing lost electrolytes and fluids due to the heat.

Yeah we need to get ourselves well hydrated because of too much heat.

vegetajgd - October 11, 2022, 12:09 am

(Oct 10, 2022 11:51 PM)zerocool Wrote: [\[CITE\]](#) Not sure thats good for you!

Most of the day I drink water it sure is good for you, I just dont get enough in.

What i have noticed is, the place i have to work os stay most of time. If i have a transparent jug/cup (bigger to be better) of water there i automatically drink more. but if it is far away or not in fron of my site i tend to drink less. So maybe you can try this and see the difference.

molly69 - October 11, 2022, 12:25 am

A lot of water because i'm thirsty af.

Juoku - October 11, 2022, 12:27 am

I just drink water in the morning.

I like tea but in the morning I don't really do much, I get up, brush my teeth, drink a bit of water and tada, I'm ready.

sweatpants - October 11, 2022, 12:47 am

I'm on my third Coca Cola (with vanilla flavored coffee) of the night, lets see how long until I crash

f o r m i d a b l e - October 11, 2022, 12:59 am

I'm an energy drink connoisseur. Today, I'm drinking Papillon Monster. I stay away from fake sugar drinks--those are even worse.

(Oct 10, 2022 11:47 PM)vegetajgd Wrote: [\[CITE\]](#) W-A-T-E-R i think is the best drink and i am drinking it right NOW
sounds good

LeroyJ - October 11, 2022, 1:01 am

Just plain water. But I drank a couple of Cokes and Sprites today also. I'm trying to ween myself off of the suger tho.

The Pact - October 11, 2022, 1:03 am

I have this low sugar health drink with Potassium. I won't mention the brand.

Koyote - October 11, 2022, 1:56 am

Water all morning, not too well and recovering from a surgery so can't have any hot drinks right now.

zerocool - October 11, 2022, 4:19 am

(Oct 11, 2022 12:09 AM)vegetajgd Wrote: [\[CITE\]](#) What i have noticed is, the place i have to work os stay most of time. If i have a transparent jug/cup (bigger to be better) of water there i automatically drink more. but if it is far away or not in fron of my site i tend to drink less. So maybe you can try this and see the difference.

I do carry a 2ltr jug with me when im out and about and during work but just dont seem to get enough in when im busy i kinda forget which I know isnt good for me.

(Oct 11, 2022 01:01 AM)LeroyJ Wrote: [\[CITE\]](#) Just plain water. But I drank a couple of Cokes and Sprites today also. I'm trying to ween myself off of the suger tho.

Giving up sugar is hard, I tried it and after day 3 my body was craving it badly, theres a great book called [10-Day Detox Diet](#) I cant recommend it enough its a massive eye opener for sure.

Sugar is terrible for you.

Yuno - October 11, 2022, 5:29 am

Water is the coffee of the champions.

BiNBo - October 11, 2022, 5:42 am

I'm about to crack into my first cup of coffee for the day. Goal is actually to cut back, so if I can make it through without at least 6 cups I'll be golden!

Gary Clark Jr. - October 11, 2022, 5:44 am

Just had a chocolate protein shake.

Seaking - October 11, 2022, 6:27 am

After a little more work I'm going to head out and get some tea. Usually I drink some water, milk, or tea in the morning depending on what im eating.

shakur123 - October 11, 2022, 6:38 am

A bunch of gatorades, i got a pretty busy day under the sun tomorrow

mickeh - October 11, 2022, 6:40 am

Ive always got a bottle of water with me

zerocool - October 11, 2022, 6:41 am

(Oct 11, 2022 05:42 AM)BiNBo Wrote: [\[CITE\]](#) I'm about to crack into my first cup of coffee for the day. Goal is actually to cut back, so if I can make it through without at least 6 cups I'll be golden!

6 cups thats a crazy amount of coffee I would defo look at cutting down, You shouldnt really drinik coffee after midday as it causes havok with your sleep.

(Oct 10, 2022 11:52 PM)jcole Wrote: [\[CITE\]](#) CBD seems to be becoming increasingly popular and socially acceptable I wouldn't mind trying some coffee or tea version of it.

The image I posted above is lovely it tastes so dam good, I also have peppermint [CBD TEA From body and mind botanicals](#)

1337GAMER - October 11, 2022, 6:42 am

On my second coffee of the day, and lots of water.

zerocool - October 11, 2022, 6:44 am

(Oct 11, 2022 06:42 AM)1337GAMER Wrote: [\[CITE\]](#) On my second coffee of the day, and lots of

water.

Thats not to bad then, do you drink coffee all day?

BiNBo - October 11, 2022, 6:44 am

(Oct 11, 2022 06:41 AM)zerocool Wrote: [\[CITE\]](#) 6 cups thats a crazy amount of coffee I would defo look at cutting down, You shouldnt really drinik coffee after midday as it causes havok with your sleep.

Yeah ? so I've been learning lately. That and, I smoke, so my dentist hates me right now lmao. I'm definitely making efforts to cut back on both though, sadly nicotine and caffeine are pretty key crutches in my life. However, I'm working to learn to live without them.

1337GAMER - October 11, 2022, 6:45 am

(Oct 11, 2022 06:44 AM)zerocool Wrote: [\[CITE\]](#) Thats not to bad then, do you drink coffee all day? Probably half of the day, and pretty slowly. I probably have about 3 mugs per day.

mickeh - October 11, 2022, 6:46 am

One of my friends drinks about 20 cups of coffee a day, if i have coffee ill only have one in the morning

zerocool - October 11, 2022, 6:47 am

(Oct 11, 2022 06:44 AM)BiNBo Wrote: [\[CITE\]](#) Yeah ? so I've been learning lately. That and, I smoke, so my dentist hates me right now lmao. I'm definitely making efforts to cut back on both though, sadly nicotine and caffeine are pretty key crutches in my life. However, I'm working to learn to live without them.

I used to be the same but find it much better with out both, I do still ahve coffee but is very limited now as it messes with my sleep to much and have realised thats more important.

Koyote - October 11, 2022, 7:04 am

Just had a Pepsi, needed to up my blood sugar real quick

zerocool - October 11, 2022, 7:04 am

(Oct 11, 2022 07:03 AM)Deities Wrote: [\[CITE\]](#) Camomile tea with some caramel sweetener to start the morning, followed by some water with squeezy flavorings most of the day. Fruit punch, if anyone was curious.

Sounds like a good day fo drinking that.

Livewire - October 11, 2022, 7:04 am

A Pepsi. I gotta have some caffeine in the morning.

Rahul007rhp - October 11, 2022, 7:35 am

Will be grabbing a can of monster energy cause why not !

BillySpews - October 11, 2022, 7:36 am

Hot chocolate is the wave.

Pathy32 - October 11, 2022, 7:39 am

I drink water usually most of them time. Sometimes I will have a soda but not too often.

zerocool - October 11, 2022, 7:44 am

(Oct 11, 2022 07:39 AM)Pathy32 Wrote: [\[CITE\]](#) I drink water usually most of them time. Sometimes I will have a soda but not too often.
no hot drinks at all then?

(Oct 11, 2022 07:04 AM)Livewire Wrote: [\[CITE\]](#) A Pepsi. I gotta have some caffeine in the morning. 1 in the morning for me and thast it.

(Oct 11, 2022 07:35 AM)Rahul007rhp Wrote: [\[CITE\]](#) Will be grabbing a can of monster energy cause why not !
Stopped drinking these recenctly was getting headaches from them.

Pathy32 - October 11, 2022, 7:45 am

(Oct 11, 2022 07:44 AM)zerocool Wrote: [\[CITE\]](#) no hot drinks at all then?
Huh never thought about it like that. Yeah I very rarely drink anything hot. I couldn't tell you the last thing I drank that wasn't cold.

zerocool - October 11, 2022, 7:46 am

(Oct 11, 2022 07:45 AM)Pathy32 Wrote: [\[CITE\]](#) Huh never thought about it like that. Yeah I very rarely drink anything hot. I couldn't tell you the last thing I drank that wasn't cold.
Thats madness, has that always been the way or just as you got older!
Cant be a bad thing though.

Pathy32 - October 11, 2022, 7:49 am

(Oct 11, 2022 07:46 AM)zerocool Wrote: [\[CITE\]](#) Thats madness, has that always been the way or just as you got older!
Cant be a bad thing though.
You're making me question my life here now lmao. It wasn't always like that I used to drink coffee all the time then one day I just stopped.

zerocool - October 11, 2022, 7:50 am

(Oct 11, 2022 07:49 AM)Pathy32 Wrote: [\[CITE\]](#) You're making me question my life here now lmao. It wasn't always like that I used to drink coffee all the time then one day I just stopped.
Its good to question things now and again, but honestly you made a good choice for long term health.

nd684d - October 11, 2022, 7:51 am

I drink too much coffee throughout the morning so now that's almost dinner time I've made the conscious choice to switch to something healthier... Stella.... ;)

zerocool - October 11, 2022, 7:56 am

(Oct 11, 2022 07:54 AM)Pathy32 Wrote: [\[CITE\]](#) Well now that I think about it when i used to drink my coffee I would put creamer in it but I would always feel sick or uneasy afterwards so I stopped using creamer as I thought maybe it was that making me feel bad so I just drank it black but then I stopped drinking that and I started drinking red bulls but it would make me feel on edge all the time so I stopped that aswell. Eventually it just got to the point where I just would drink water if i had a craving for liquid. Hah I have a friend who would straight up wake up in the middle of the night and his go to drink would be a cold glass of milk... my man is a different breed.
I avoid dairy milk at all costs nasty stuff that is, If its the middle of the night its always water. Redbull makes me feel like crap so not touched that in ages.

zerocool - October 11, 2022, 8:00 am

(Oct 11, 2022 07:58 AM)Pathy32 Wrote: [\[CITE\]](#) I do fuck with sparkling water aswell.
You are a savage!

Heisenberg - October 16, 2022, 12:35 am

Orange juice because it rocks

jcole - October 16, 2022, 3:02 am

As of right now I'm sipping on a barq's root beer. ?

Bastille - October 16, 2022, 3:31 am

Drinking Lipton Ice Tea, I drunk too much last night, I should stop

Yanix - October 16, 2022, 3:36 am

Cantaloupe juice, very refreshing for a hot weather.

Mac Miller - October 16, 2022, 4:51 am

Drinking french pressed coffee with honey and almond milk.

Charlie Sheen - October 16, 2022, 5:04 am

Fruit punch Kool aid. Going to switch to lemonade soon.

zerocool - October 16, 2022, 7:38 am

(Oct 16, 2022 03:36 AM)Yanix Wrote: [\[CITE\]](#) Cantaloupe juice, very refreshing for a hot weather.
Never heard of that before.

Yanix - October 16, 2022, 7:43 am

(Oct 16, 2022 07:38 AM)zerocool Wrote: [\[CITE\]](#) Never heard of that before.
Melon mix with water, milk and some sugar.

Check this out bro <https://amiablefoods.com/melon-juice/>

zerocool - October 16, 2022, 7:45 am

(Oct 16, 2022 07:43 AM)Yanix Wrote: [\[CITE\]](#) Melon mix with water, milk and some sugar.

Check this out bro <https://amiablefoods.com/melon-juice/>
Sounds very tasty that, my wife would love it thats so her type of drink.

Yanix - October 16, 2022, 7:46 am

(Oct 16, 2022 07:45 AM)zerocool Wrote: [\[CITE\]](#) Sounds very tasty that, my wife would love it thats so her type of drink.

One of my favorite drink and my daughter love it as well but my youngest 3yr old kid doesn't like it
haha

zerocool - October 16, 2022, 7:48 am

(Oct 16, 2022 07:46 AM)Yanix Wrote: [\[CITE\]](#) One of my favorite drink and my daughter love it as well
but my youngest 3yr old kid doesn't like it haha
I saved the recipe to show when she returns home.

Yanix - October 16, 2022, 7:49 am

(Oct 16, 2022 07:48 AM)zerocool Wrote: [\[CITE\]](#) I saved the recipe to show when she returns home.
Let me know her reaction, keep me posted.

Aeowulf - October 16, 2022, 10:04 am

Sparkling Blackberry IZZE

Won't drink normal soda. Carbonated fruit juice is where its at.

zerocool - October 16, 2022, 10:08 am

(Oct 16, 2022 09:59 AM)Exploit_R4v3n Wrote: [\[CITE\]](#) Good'ol hot chocolate in my awesome mug

Whats this awesome mug you have?

(Oct 16, 2022 10:04 AM)Aeowulf Wrote: [\[CITE\]](#) Sparkling Blackberry IZZE

Won't drink normal soda. Carbonated fruit juice is where its at.
I dont blame you its terrible form you, that IZZE sounds very good though.

Aeowulf - October 16, 2022, 10:12 am

(Oct 16, 2022 10:08 AM)zerocool Wrote: [\[CITE\]](#) I dont blame you its terrible form you, that IZZE sounds very good though.

They're all pretty damn good. Pomegranate and Apple are even better.

zerocool - October 16, 2022, 10:24 am

(Oct 16, 2022 10:12 AM)Exploit_R4v3n Wrote: [\[CITE\]](#) So it's just a black cat when the mug is cold and when it's warm nice neon like colors come outsounds cool

(Oct 16, 2022 10:12 AM)Aeowulf Wrote: [\[CITE\]](#) They're all pretty damn good. Pomegranate and Apple are even better.humm that sounds very good.

Vitani's Mate - October 16, 2022, 10:30 am

Nice can of Rockstar, but sadly it is almost gone.

zerocool - October 16, 2022, 11:05 am

(Oct 16, 2022 10:30 AM)Vitani's Mate Wrote: [\[CITE\]](#) Nice can of Rockstar, but sadly it is almost gone. Never been a van of them, prefer Redbull or relentless although not had either for a while.

WhiteHatlon - October 16, 2022, 11:36 am

Currently drinking Coca-cola Zero, just before I had a Elk-Beer.

StuffSneak - October 16, 2022, 11:37 am

Currently have a bottle of plain clean water besides my desk. Thanks for reminding to take a sip :)

murt - October 16, 2022, 11:39 am

drinking shisha as per usual!

Discreet - October 16, 2022, 11:39 am

High quality h2O. Water at it's purist form

zerocool - October 16, 2022, 10:20 pm

(Oct 16, 2022 05:51 PM)Focus Broken Wrote: [\[CITE\]](#) Water. I have some sort of caramel cider my roommate gave me, I might crack that open.

Caramel cider that sounds interesting, never heard of that.

Nate - October 16, 2022, 10:26 pm

Some ice cold mfn water baby

jcole - October 16, 2022, 10:31 pm

(Oct 16, 2022 10:26 PM)N?te Wrote: [\[CITE\]](#) Some ice cold mfn water baby
A gallon a day keeps the doctors away

StuffSneak - October 16, 2022, 11:28 pm

(Oct 16, 2022 11:39 AM)murt Wrote: [\[CITE\]](#) drinking shisha as per usual!
Is drinking appropriate for shisha or smoking?

zerocool - October 17, 2022, 12:47 am

(Oct 16, 2022 10:31 PM)jcole Wrote: [\[CITE\]](#) A gallon a day keeps the doctors away
It sure does./

jcole - October 17, 2022, 12:49 am

(Oct 17, 2022 12:47 AM)zerocool Wrote: [\[CITE\]](#) It sure does./

I personally haven't drank a gallon of water much lately, but when I was working out and working outside a lot I definitely could down a gallon jug of water.

zerocool - October 17, 2022, 12:51 am

(Oct 17, 2022 12:49 AM)jcole Wrote: [\[CITE\]](#) I personally haven't drank a gallon of water much lately, but when I was working out and working outside a lot I definitely could down a gallon jug of water.
I dont drink as much as I should either, its hard as water is boring.

jcole - October 17, 2022, 12:53 am

(Oct 17, 2022 12:51 AM)zerocool Wrote: [\[CITE\]](#) I dont drink as much as I should either, its hard as water is boring.

Yeah I probably drink more Gatorade lately than water. I try to drink about two or three bottles a day of water though even if I'm not doing anything. If you urinate and your pee is orange af you need some water ?

DeepWeb - October 17, 2022, 1:14 am

Currently just water and fresh juices

TB12GOAT - October 17, 2022, 2:02 am

Drinking some dragon fruit vitamin water!

pms - October 17, 2022, 2:47 am

right now im drinking my morning coffee as always.

StuffSneak - October 17, 2022, 2:48 am

Just had tea at work. It wasn't that good though.

zerocool - October 17, 2022, 5:01 am

(Oct 17, 2022 02:44 AM)Focus Broken Wrote: [\[CITE\]](#) It tasted more like maple whisky than caramel.
No we are taking maple whiskey sounds more up my street.

croycrabbtree - October 17, 2022, 6:51 am

i am drinking water out of a cup

Money- - October 17, 2022, 6:52 am

Meh just plain water for now. Nothing special honestly.

BiNBo - October 17, 2022, 6:53 am

I'm sipping on a nice hot cup of coffee, god knows I need it this morning lol.

zerocool - October 17, 2022, 7:01 am

(Oct 17, 2022 06:52 AM)Money- Wrote: [\[CITE\]](#) Meh just plain water for now. Nothing special honestly. Water is very special, does wonders for you.

(Oct 17, 2022 06:53 AM)BiNBo Wrote: [\[CITE\]](#) I'm sipping on a nice hot cup of coffee, god knows I need it this morning lol. I need one this morning so I know how you feel.

Money- - October 17, 2022, 7:02 am

(Oct 17, 2022 07:01 AM)zerocool Wrote: [\[CITE\]](#) Water is very special, does wonders for you.

I need one this morning so I know how you feel.
What are u drinking right now? Like at this moment.

zerocool - October 17, 2022, 7:05 am

(Oct 17, 2022 07:02 AM)Money- Wrote: [\[CITE\]](#) What are u drinking right now? Like at this moment.
Just got home and my wife has made me a [nettle tea](#)