

Forum:[Hack Forums](#)

Thread: [Which book helped you and changed you the most?](#)

Blame - October 31, 2022, 10:47 pm

I am curious to find and learn new non-fiction books to read guys. I am currently reading Atomic Habits. Currently on page 50, going pretty well and I have a feeling its gonna be one of the best I've seen so far. A lot of examples added as well. 4M copies sold, definitely a must read. Basically the book is explaining how small habits affect your life.

Which book helped you and changed you the most?

VingKon - November 1, 2022, 1:13 am

Blitzed by Norman Ohler. Made me realise that smoking meth will end up with catastrophic consequences

DashPHP - November 1, 2022, 1:38 am

I'm not the type of person who reads books butttt, I did read Rich Dad Poor Dad which fundamentally woke me up about Money and the System embedded around us.

MarvinMalware - November 1, 2022, 5:34 am

Oddly enough I just started the same book as well and I can pretty fairly say I'd recommend it as well, it's just written in a very down to earth way that makes it way easier to comprehend and relate to.

Blame - November 1, 2022, 8:15 am

(Nov 1, 2022 01:13 AM)VingKon Wrote: [\[CITE\]](#) Blitzed by Norman Ohler. Made me realise that smoking meth will end up with catastrophic consequences

Why would you need a book to realize that?

(Nov 1, 2022 01:38 AM)DashPHP Wrote: [\[CITE\]](#) I'm not the type of person who reads books butttt, I did read Rich Dad Poor Dad which fundamentally woke me up about Money and the System embedded around us.

Not bad, overrated as fuck in my opinion.

(Nov 1, 2022 05:34 AM)MarvinMalware Wrote: [\[CITE\]](#) Oddly enough I just started the same book as well and I can pretty fairly say I'd recommend it as well, it's just written in a very down to earth way that makes it way easier to comprehend and relate to.

Exactly.

DashPHP - November 1, 2022, 8:20 am

(Nov 1, 2022 08:15 AM)Blame Wrote: [\[CITE\]](#) Not bad, overrated as fuck in my opinion. Heavily saturated, yes.

But I wouldn't let that hinder it's value. The two comparisons in the book is an enough eye opener of what can be achieved in a lifetime.

Pug Life - November 1, 2022, 12:08 pm

Everything from Alan Watts, Siegmund Freud and Friedrich Nietzsche to be honest. They changed my perspective on life and humanity by far the most.

Spooky - *February 3, 2023, 4:38 pm*

The Bible. Jesus talked more about hell than heaven. I did not know how serious He was until I read as an adult.