

Forum:[Hack Forums](#)

Thread: [Anyone else have celiac disease?](#)

Loot™ - May 4, 2023, 6:55 am

Hi guys, Celiac disease, sometimes called celiac sprue or gluten-sensitive enteropathy, is an immune reaction to eating gluten, a protein found in wheat, barley and rye. If you have celiac disease, eating gluten triggers an immune response in your small intestine. I have this and just found out about it, about two years ago. It sucks because I love all the foods with gluten. Pasta, pizza cake, all the good shit lol. Is anyone else living with this? Please share some good recopies or give feed back. Thanks.

- Loot™

B3A - May 4, 2023, 7:18 am

Is this gonna get over any time in the future?
Not familiar with this

Loot™ - May 4, 2023, 7:19 am

(May 4, 2023 07:18 AM)Be?? Wrote: [\[CITE\]](#) Is this gonna get over any time in the future?
Not familiar with this
Unfortunately, no. There is no cure. I just cant eat gluten.

B3A - May 4, 2023, 7:20 am

(May 4, 2023 07:19 AM)Loot™ Wrote: [\[CITE\]](#) Unfortunately, no. There is no cure. I just cant eat gluten.
Not medicine bypassing this either?

Loot™ - May 4, 2023, 7:22 am

(May 4, 2023 07:20 AM)Be?? Wrote: [\[CITE\]](#) Not medicine bypassing this either?
No sir, or at least to my knowledge. Its an autoimmune disease.

SIM-3107656 - May 4, 2023, 8:05 am

Yep, there is no cure / operation / medication to fix that. Sadly. Maybe future will fix that, who knows.

Vibe - May 4, 2023, 8:08 am

I'm not I didn't know this was a thing until after high school honestly, sorry to hear you live with this

spamgohere - May 4, 2023, 8:43 am

Yes, this sounds like the worst thing ever. I don't think I could live without pizza and beer. I'm sorry to hear this.

BiNBo - May 4, 2023, 10:42 am

My wife has Celiac funny enough, luckily she doesn't take it out on me and she doesn't force me to avoid bread. However, naturally our kitchen is pretty gluten free lol. The worst part I'd say is that all of the gluten free bread alternatives, just aren't too great haha. Like the gluten free bread is super dissatisfying usually, and don't even get me started on cauliflower crust for gluten free pizzas. There are some good one's though, I really actually enjoy the gluten free muffins that Udi's makes.

Loot™ - May 4, 2023, 10:53 am

(May 4, 2023 10:42 AM)BiNBo Wrote: [\[CITE\]](#) My wife has Celiac funny enough, luckily she doesn't take it out on me and she doesn't force me to avoid bread. However, naturally our kitchen is pretty gluten free lol. The worst part I'd say is that all of the gluten free bread alternatives, just aren't too great haha. Like the gluten free bread is super dissatisfying usually, and don't even get me started on cauliflower crust for gluten free pizzas. There are some good one's though, I really actually enjoy the gluten free muffins that Udi's makes.

There are some good options now at aldis!

ALEDIO - May 4, 2023, 11:01 am

(May 4, 2023 06:55 AM)Loot™ Wrote: [\[CITE\]](#) Hi guys, Celiac disease, sometimes called celiac sprue or gluten-sensitive enteropathy, is an immune reaction to eating gluten, a protein found in wheat, barley and rye. If you have celiac disease, eating gluten triggers an immune response in your small intestine. I have this and just found out about it, about two years ago. It sucks because I love all the foods with gluten. Pasta, pizza cake, all the good shit lol. Is anyone else living with this? Please share some good recopies or give feed back. Thanks.

- Loot™

Luckily for me I don't suffer from this pathology, in any case I've read enough about it. I think this condition obviously leads you to have a very controlled diet on everything you eat, if you accidentally ingest it in too high quantities it could even be fatal, but let's not look at the negative side of this, there are many people who have started doing alternative diets and gastronomic experiences entirely dedicated to celiacs and as far as I have heard about them they are truly unique experiences when it comes to being served by a good chef who can bring back that beauty in eating that you once had. If you ever manage to do something like this I think you will be fascinated in any case, of course I recommend it.

diablospartan - May 5, 2023, 8:09 am

Its celiac disease like an alergic reaction to gluten ? Thanks

Loot™ - May 5, 2023, 8:14 am

(May 5, 2023 08:09 AM)diablospartan Wrote: [\[CITE\]](#) Its celiac disease like an alergic reaction to gluten ? Thanks

So my body treats gluten as an infection. I generate white blood cells to attack it, not just process it normally.

Yanix - May 5, 2023, 8:54 am

(May 4, 2023 06:55 AM)Loot™ Wrote: [\[CITE\]](#) Hi guys, Celiac disease, sometimes called celiac sprue or gluten-sensitive enteropathy, is an immune reaction to eating gluten, a protein found in wheat, barley and rye. If you have celiac disease, eating gluten triggers an immune response in your small intestine. I have this and just found out about it, about two years ago. It sucks because I love all the foods with gluten. Pasta, pizza cake, all the good shit lol. Is anyone else living with this? Please share some good recopies or give feed back. Thanks.

- Loot™

Oh sorry to hear about this disease you've got. I am not familiar with it but it sounds like it's sucks to have this kind of illness.

Loot™ - May 5, 2023, 9:02 am

(May 5, 2023 08:54 AM)Yanix Wrote: [\[CITE\]](#) Oh sorry to hear about this disease you've got. I am not familiar with it but it sounds like it's sucks to have this kind of illness.

Its annoying, but its manageable.

Yanix - May 5, 2023, 9:03 am

(May 5, 2023 09:02 AM)Loot™ Wrote: [\[CITE\]](#) Its annoying, but its manageable.

Are you able to work or you just need to be at home to manage your health and everything?

Loot™ - May 5, 2023, 9:04 am

(May 5, 2023 09:03 AM)Yanix Wrote: [\[CITE\]](#) Are you able to work or you just need to be at home to manage your health and everything?

I still work!

Yanix - May 5, 2023, 9:06 am

(May 5, 2023 09:04 AM)Loot™ Wrote: [\[CITE\]](#) I still work!

Good to hear that bro, maybe you just need someone to take care of you regarding on your diet or maybe someone to prepare your daily foods that best suits for your condition.

Loot™ - May 5, 2023, 9:23 am

(May 5, 2023 09:06 AM)Yanix Wrote: [\[CITE\]](#) Good to hear that bro, maybe you just need someone to take care of you regarding on your diet or maybe someone to prepare your daily foods that best suits for your condition.

That would be ideal but for the most party i just do it myself.

Yanix - May 5, 2023, 9:25 am

(May 5, 2023 09:23 AM)Loot™ Wrote: [\[CITE\]](#) That would be ideal but for the most party i just do it myself.

Are you living on your own? How about immediate family to be with you or maybe you can live with your parents so they can see to it that you are in good condition most of the times.

Loot™ - May 5, 2023, 11:01 am

(May 5, 2023 09:25 AM)Yanix Wrote: [\[CITE\]](#) Are you living on your own? How about immediate family to be with you or maybe you can live with your parents so they can see to it that you are in good condition most of the times.

I appreciate the thoughts. I'm grown. Wouldn't live with my parents if they paid me lol

SecureOp - May 5, 2023, 11:08 am

(May 4, 2023 10:42 AM)BiNBo Wrote: [\[CITE\]](#) My wife has Celiac funny enough, luckily she doesn't take it out on me and she doesn't force me to avoid bread. However, naturally our kitchen is pretty gluten free lol. The worst part I'd say is that all of the gluten free bread alternatives, just aren't too great haha. Like the gluten free bread is super dissatisfying usually, and don't even get me started on cauliflower crust for gluten free pizzas. There are some good one's though, I really actually enjoy the gluten free muffins that Udi's makes.

Has she tried Buckwheat as an alternative? I have seen/tasted some impressive baked goods which use it. Although it could be higher risk to some.