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Thread: [How often do you repeat your mistakes?](#)

javierpena - July 3, 2023, 12:41 am

The famous saying "Never repeat the same mistake twice" is quite useful and can be a powerful tool to succeed in life. However, it is one thing to know something and a whole different (and much harder) thing to apply it.

I personally repeat major mistakes at least 5 times until I finally learn and create the habit to never do that again. I have experienced a lot of pain and setbacks in life just because it seems that I don't learn right away. It happens unintentionally but with each repeated mistake, the time to realize that I am doing the same thing in the same wrong way gets smaller and smaller until I finally learn.

So my question to everyone is - how often do you repeat mistakes which drag you further away from achieving your goals? How long does it take you to recognize that you are repeating a past mistake?

Blockonome - July 3, 2023, 3:28 am

(Jul 3, 2023 12:41 AM)javierpena Wrote: [\[CITE\]](#) The famous saying "Never repeat the same mistake twice" is quite useful and can be a powerful tool to succeed in life. However, it is one thing to know something and a whole different (and much harder) thing to apply it.

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I used to repeat them quite often, when I was stuck in an endless loop. However, coming out of that loop has now allowed me to reduce or completely shut down these repeating mistakes. This has had a positive impact on my life.

R^ptor - July 3, 2023, 2:19 pm

I always say that drinking too much is a mistake, but it's a mistake I make every Friday

zeneruera - July 3, 2023, 2:42 pm

Everyday, until I really focus, meditate and set guidelines for good habits

ChronoBiff - August 5, 2023, 4:33 pm

I can't keep up honestly with how many mistakes I make. I just always remember to be honest and I try like hell not to repeat it.