

Forum:[Hack Forums](#)

Thread: [Lucid dreaming](#)

Holygrail - September 6, 2023, 4:05 pm

Anyone here had a lucid dream before, or even managed to control his dreams?

I'm very interested in this topic

Zan - September 6, 2023, 8:47 pm

No. I have not. What's it like?

Truth - September 6, 2023, 9:13 pm

I have, seems there is quite the interest in this, any reason why you got the interest?

Thoris - September 6, 2023, 9:59 pm

I have a lot of experience in it. Practiced a lot of astral projections and lucid Dreaming techniques which gave me great results. Try yoga nidra

Syndicate - September 6, 2023, 10:06 pm

(Sep 6, 2023 04:05 PM)Holygrail Wrote: [\[CITE\]](#) Anyone here had a lucid dream before, or even managed to control his dreams?

I'm very interested in this topic

Actually yes! I am able to fully pause, rewind and Fastforward all of my dreams that I have. I don't know how I did this though. One day I was just able to do it.

Holygrail - September 9, 2023, 5:19 pm

(Sep 6, 2023 08:47 PM)Zan Wrote: [\[CITE\]](#) No. I have not. What's it like?

the ability to control your dreams and be aware 100% of it, you'll feel like if you are irl, doing stuff like flying and summoning stuff and shit..

(Sep 6, 2023 09:13 PM)Truth Wrote: [\[CITE\]](#) I have, seems there is quite the interest in this, any reason why you got the interest?

Just watched inception and I was wondering if that shit is real, found out that you can actually control your dreams and do whatever u like in them

Zan - September 10, 2023, 2:23 am

(Sep 9, 2023 05:19 PM)Holygrail Wrote: [\[CITE\]](#) the ability to control your dreams and be aware 100% of it, you'll feel like if you are irl, doing stuff like flying and summoning stuff and shit..

Sounds stupid. Why would I want to escape reality into my dreams?