

Forum:[Hack Forums](#)

Thread: [Do you ever wake up with one clogged ear?](#)

Eran - October 16, 2023, 12:08 am

It's one of those mornings again. Wake up to ONE clogged ear. It's mostly my right ear and to make things more absurd I don't even sleep on my right side. It's so annoying I know I'll struggle to hear my friends and coworkers all day ?

Alien8ed - October 16, 2023, 12:36 am

(Oct 16, 2023 12:08 AM)Eran Wrote: [\[CITE\]](#) It's one of those mornings again. Wake up to ONE clogged ear. It's mostly my right ear and to make things more absurd I don't even sleep on my right side. It's so annoying I know I'll struggle to hear my friends and coworkers all day ?
Went to see my doctor about a blocked ear.

He asked me to describe the symptoms. I said "homer is a fat bloke and marge has blue hair".

Now seriously, go see a doctor bro.????

Eran - October 16, 2023, 12:38 am

(Oct 16, 2023 12:36 AM)Alien8ed Wrote: [\[CITE\]](#) Went to see my doctor about a blocked ear.

He asked me to describe the symptoms. I said "homer is a fat bloke and marge has blue hair".

Now seriously, go see a doctor bro.????

I guess the reason I never went to the doctor since I wake up fine the next day.

Yin Yang - October 16, 2023, 12:38 am

Just grab some ear wax removal OTC drops, that should do the trick. I use that in the morning and then with a q-tip. This is assuming that the wax is the issue here.

Eran - October 16, 2023, 12:39 am

(Oct 16, 2023 12:38 AM)Yin Yang Wrote: [\[CITE\]](#) Just grab some ear wax removal OTC drops, that should do the trick. I use that in the morning and then with a q-tip. This is assuming that the wax is the issue here.

I have them, a couple of brands. It used to help instantly before, but nowadays it's not that effective as before

Deany - October 16, 2023, 12:40 am

Nope, only clogged when I'm sick or something

Night Storm - October 16, 2023, 12:43 am

(Oct 16, 2023 12:08 AM)Eran Wrote: [\[CITE\]](#) It's one of those mornings again. Wake up to ONE clogged ear. It's mostly my right ear and to make things more absurd I don't even sleep on my right side. It's so annoying I know I'll struggle to hear my friends and coworkers all day ?
Never happened to me.

But,

I get clogged ear while showering. So, I would just tilt my head in the direction of clogged year and

give it a good thumb to get those water out. ?

WebArt - October 16, 2023, 12:44 am

I can totally understand your feeling!

Clogged ears can be quite annoying. It's often due to a temporary issue like congestion or earwax.

oRequiem - October 16, 2023, 12:46 am

Dude, this has been happening to my left ear for months now. I just wake up basically half deaf and not sure what to do either.

Eran - October 16, 2023, 12:46 am

(Oct 16, 2023 12:43 AM)Night Storm Wrote: [\[CITE\]](#) Never happened to me.

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I get clogged ear while showering. So, I would just tilt my head in the direction of clogged year and give it a good thumb to get those water out. ?

That's different, I get those as well, just get the water out and you're good!

(Oct 16, 2023 12:44 AM)WebArt Wrote: [\[CITE\]](#) I can totally understand your feeling!

Clogged ears can be quite annoying. It's often due to a temporary issue like congestion or earwax. It's more annoying when it's just 1 ear!!

(Oct 16, 2023 12:46 AM)oRequiem Wrote: [\[CITE\]](#) Dude, this has been happening to my left ear for months now. I just wake up basically half deaf and not sure what to do either.

Guess we both have to hit the doctors

oRequiem - October 16, 2023, 12:48 am

(Oct 16, 2023 12:46 AM)Eran Wrote: [\[CITE\]](#) That's different, I get those as well, just get the water out and you're good!

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It's most likely just pushed in ear wax deeeep literally at the ear drum. I mess with my ear every morning until it unclogs.

That's all I can think of. I do notice whenever I'm cleaning my left ear, it goes deaf when I go further in the ear to clean it.

That's what I'm thinking it is.

Eran - October 16, 2023, 12:49 am

(Oct 16, 2023 12:48 AM)oRequiem Wrote: [\[CITE\]](#) It's most likely just pushed in ear wax deeeep literally at the ear drum. I mess with my ear every morning until it unclogs.

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That's what I'm thinking it is.

Probably but it annoys me that I didn't even sleep on my right side and I wake up deaf on my right ear ?

Night Storm - October 16, 2023, 12:49 am

(Oct 16, 2023 12:46 AM)Eran Wrote: [\[CITE\]](#) That's different, I get those as well, just get the water out

and you're good!

It's more annoying when it's just 1 ear!!

Guess we both have to hit the doctors
Have taken any appointment of ENT Doctor?

If this is frequent, you should get them checked.

oRequiem - October 16, 2023, 12:49 am

(Oct 16, 2023 12:49 AM)Eran Wrote: [\[CITE\]](#) Probably but it annoys me that I didn't even sleep on my right side and I wake up deaf on my right ear ?

Yeah, I've been dealing with it on and off for 5-6 months now I think.

I don't know what to do either.

EDIT: I was thinking about just pouring a lot of water in there to and maybe it'll do something? I just don't know. Thought I was the only one in the world with this issue.

DashPHP - October 16, 2023, 12:50 am

Can't say I've ever had this issue lool

Night Storm - October 16, 2023, 12:50 am

(Oct 16, 2023 12:49 AM)oRequiem Wrote: [\[CITE\]](#) Yeah, I've been dealing with it on and off for 5-6 months now I think.

I don't know what to do either.

Get an appointment of ENT Doctor. Ear, Eyes and Nose issues should be taken seriously.

oRequiem - October 16, 2023, 12:50 am

(Oct 16, 2023 12:50 AM)Night Storm Wrote: [\[CITE\]](#) Get an appointment of ENT Doctor. Ear, Eyes and Nose issues should be taken seriously.

What would it be? I have 0 pain, I did some research on it and I don't think it's some infection or anything.

Hungry4Knowledge - October 16, 2023, 12:53 am

Luckily never had this issue.

Night Storm - October 16, 2023, 12:53 am

(Oct 16, 2023 12:50 AM)oRequiem Wrote: [\[CITE\]](#) What would it be? I have 0 pain, I did some research on it and I don't think it's some infection or anything.

They don't always give painkillers or antibiotics.

If all is good, they will just take those waxes out of your ear. Even that is satisfying and good for future you.

oRequiem - October 16, 2023, 12:54 am

(Oct 16, 2023 12:53 AM)Night Storm Wrote: [\[CITE\]](#) They don't always give painkillers or antibiotics.

If all is good, they will just take those waxes out of your ear. Even that is satisfying and good for future you.

I mean I'll see. It's been pretty much the same for 5-6 months now. On and off. I know it's not a disease or anything, I have no hearing loss.

Eran - October 16, 2023, 12:55 am

(Oct 16, 2023 12:53 AM)Hungry4Knowledge Wrote: [\[CITE\]](#) Luckily never had this issue. Definitely lucky, it's so annoying.. at least it gets better throughout the day

Night Storm - October 16, 2023, 12:56 am

(Oct 16, 2023 12:54 AM)oRequiem Wrote: [\[CITE\]](#) I mean I'll see. It's been pretty much the same for 5-6 months now. On and off. I know it's not a disease or anything, I have no hearing loss. I get it. The thing is, if you have ear wax, they will cause no pain or hearing loss (at least for some quantity). Getting them out of your ear is the only way to find out if you are able to feel differently.

Personally, I like to visit ENT Doctors to take those waxes out - only ONCE a Year.

It's a good thing to do.

Cyam - October 16, 2023, 12:56 am

Did you try using hydrogen peroxide?

Eran - October 16, 2023, 12:57 am

(Oct 16, 2023 12:56 AM)Cyam Wrote: [\[CITE\]](#) Did you try using hydrogen peroxide? Nope I don't think so. I did read about it. Maybe one of the drops I have is based on it

Cyam - October 16, 2023, 12:58 am

(Oct 16, 2023 12:57 AM)Eran Wrote: [\[CITE\]](#) Nope I don't think so. I did read about it. Maybe one of the drops I have is based on it
It's for ear wax though, if you have an infection it won't help

Yanix - October 16, 2023, 1:11 am

(Oct 16, 2023 12:08 AM)Eran Wrote: [\[CITE\]](#) It's one of those mornings again. Wake up to ONE clogged ear. It's mostly my right ear and to make things more absurd I don't even sleep on my right side. It's so annoying I know I'll struggle to hear my friends and coworkers all day ?
I can relate to that brotha, I remember when I was on my 2nd college years I experienced that and clogged ear are quite frustrating. Hopefully, it clears up soon, and your day goes smoothly despite the inconvenience. See a Doctor bro so he can give you a prescribed medication.

Pancake Boat - October 16, 2023, 2:04 am

I don't recall waking up with a clogged ear, but sometimes my hand is asleep since I sleep on it the whole night.

Endorphins - October 16, 2023, 2:48 am

I've experienced clogged nose but clogged ear? How's your day went by and how did you treat it?

Charlie Sheen - October 16, 2023, 3:40 am

Insane. I woke up with my right ear blocked this morning. Immediately grabbed a q tip and did my best job trying to unclog it. Have you been having a runny nose or a lot of congestion lately?

Alpha Geek - October 16, 2023, 4:09 am

If I have it doesn't happen often enough for me to think about it. That sounds like quite the inconvenience though. I usually just wake up so stuffy I can't properly breathe through my nose until I take my allergy meds.

Koyote - October 16, 2023, 4:14 am

I've never had that happen, but I get it with my sinuses and used to get it massively before my

surgery. One of those health quirks I guess!

Tor - October 17, 2023, 3:11 am

(Oct 16, 2023 12:08 AM)Eran Wrote: [\[CITE\]](#) It's one of those mornings again. Wake up to ONE clogged ear. It's mostly my right ear and to make things more absurd I don't even sleep on my right side. It's so annoying I know I'll struggle to hear my friends and coworkers all day ?

Hate when that crap happens. Like you're underwater all damn day. Try some of those home unclogging tricks, or maybe it's time to hit up a doc.

Eran - October 17, 2023, 4:23 am

(Oct 17, 2023 03:11 AM)Tor Wrote: [\[CITE\]](#) Hate when that crap happens. Like you're underwater all damn day. Try some of those home unclogging tricks, or maybe it's time to hit up a doc.

Definitely contemplating on hitting up a doc at this moment

Tor - October 17, 2023, 4:25 am

(Oct 17, 2023 04:23 AM)Eran Wrote: [\[CITE\]](#) Definitely contemplating on hitting up a doc at this moment

If you still have the problem dude you should definitely check that out quick.

SexyK - October 17, 2023, 7:15 am

I know the feeling it sucks

??CU?I?? TM - October 17, 2023, 7:17 am

(Oct 17, 2023 07:15 AM)SexyK Wrote: [\[CITE\]](#) I know the feeling it sucks

I never want to have problems related to E-N-T. They are more irritating than other health issues.

Money- - October 17, 2023, 8:01 am

Rarely but once but it doesn't permanently clogged for entire day , maybe just 20 mins that's it.

V?rt - October 17, 2023, 8:09 am

I can't say that I ever have. The only time I've ever gotten a clogged ear is wehn I've been swimming.

Night Storm - October 17, 2023, 10:34 am

(Oct 17, 2023 08:09 AM)V?rt Wrote: [\[CITE\]](#) I can't say that I ever have. The only time I've ever gotten a clogged ear is wehn I've been swimming.

I forgot to mention exactly this.

Every time I go for swimming, it does happen a lot. Sometimes my ear stays in clogged state for hours.

Jinu - October 17, 2023, 10:38 am

I have experienced only when I bath in the swimming pool. Did you do any diving? If it's water, it can be easily get out from the ear by pouring small amount of water in the same ear. If not better check with the physician.

shipperd - October 17, 2023, 10:40 am

its my right side too really annoying when trying to sleep on my left side

Sky - October 17, 2023, 10:42 am

[Komodo](#) come tell this guy what he's dying from.

Komodo - October 17, 2023, 10:44 am

(Oct 17, 2023 10:42 AM)Sky Wrote: [\[CITE\]](#) [Komodo](#) come tell this guy what he's dying from.
How long has it been going on?
Have you been swimming recently?
Do you use Q-tips?
Does it hurt at all or just muffled?
Recently sick?

Justline67 - January 13, 2024, 4:45 pm

(Oct 16, 2023 12:36 AM)Alien8ed Wrote: [\[CITE\]](#) Went to see my doctor about a blocked ear.

He asked me to describe the symptoms. I said "homer is a fat bloke and marge has blue hair".

Now seriously, go see a doctor bro.????

I'm so sorry you are waking up with that, sounds just as worse as waking up with a clogged nose

CAVEman - January 13, 2024, 7:34 pm

Do you sleep with your mouth open by chance?

Grim - January 13, 2024, 8:41 pm

sometimes its happened to me but usually only when im sick

Jake Johnson - January 13, 2024, 9:27 pm

Ugh, I absolutely hate when this happens! I actually have been told by doctors that I have small ear canals. This makes it harder for wax to naturally come out. I have had lots of clogged ears over the years. Luckily, I did find a spray bottle thing on amazon that works very well to unclog the ear when it does happen. It usually occurs more often to me when I use over-the-ear headsets. I can't stand the feeling of the ear being clogged and trying to hear other people talking.

Monero-chan - January 13, 2024, 10:07 pm

I've never had this issue and hopefully I never will.

?nxy - January 13, 2024, 10:56 pm

depends if I go inside the ocean

spacemedi auk - January 13, 2024, 11:05 pm

Nope but sometimes i wake up with a Tinnitus

Jamika - January 14, 2024, 6:30 am

It happens alot to me specially when iam at summer and swimming alot, annoy me alot