

Forum:[Hack Forums](#)

Thread: [Why does nic make you have to poop](#)

CrypticHatter - January 22, 2024, 5:18 pm

Alright y'all akward question but whatever

So ever sense I started smoking I'm talking first time sense I was a wee little lad

I've always wondered why does nicotine or vapes make you have to poop

Now I haven't been smoking any vapes besides THC ones and ?

Monero-chan - January 22, 2024, 5:36 pm

You could've just looked it up and got your answer in less the time it took you to make this thread.

Biggs - January 22, 2024, 5:54 pm

While smoking may not directly make you have to poop, it can have a range of impacts on your digestive system. It is unclear whether smoking has a laxative effect or not. Smoking may worsen diarrhea and increase the risk of Crohn's disease because of its inflammatory effect on the bowel.

Source: Google.

Komodo - January 22, 2024, 6:11 pm

Smoking or dipping has nicotine, which is a stimulant just like caffeine from drinking coffee.

You smoke it, nicotine is absorbed super quickly in the body straight to your CNS (Central Nervous System) which in turn stimulates nerves that are connected to it which is all of them.

You have nerves that run through your digestive system. When they get stimulated from things like nicotine they start to contract and move the shit faster towards the poop shoot.

Taking something that makes you shit is called a laxative. Taking something that fucks with your CNS or nerves is called a Stimulant.

Combine both together and you have a Laxative Stimulant, which is the exact process going on here.

Boom.

Jamika - January 23, 2024, 12:01 am

Never seen this, it usually make constipation, or that what usually smokeing them do