

Forum:[Hack Forums](#)

Thread: [Should coffee be without sugar or with sugar?](#)

Jamika - March 2, 2024, 1:48 am

Hello every one

So how do u prefer ur coffee?

Some say u cant put sugar in coffee as the real coffee must be sugar free

For me, i put two usually, cant withstand its bitter taste without sugar

How about u

Aeowulf - March 2, 2024, 4:51 am

Both. I drink black coffee daily. Sugaring that bad boy up and make a fru-fru coffee... absolutely fantastic as well.

Euaggelistes - March 2, 2024, 5:09 am

(Mar 2, 2024 02:48 AM)Jamika Wrote: [\[CITE\]](#) Hello every one

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How about u

It should be however you like it.

If you want it black, drink it black.

If you want it sweet...sweet'n that puppy up.

Eran - March 2, 2024, 5:34 am

To each their own, I prefer it with no sugar.

DashPHP - March 2, 2024, 5:59 am

A little bit of sugar isn't that bad. ;p

V?rt - March 2, 2024, 6:44 am

It shouldn't be one way or another. That's the beauty of things is you can live life how you want. On that note, I prefer sugar in my coffee. :)

sinistrous - March 2, 2024, 9:51 am

Without sugar, I can't taste the difference tho

Yin Yang - March 2, 2024, 10:02 am

I like mine with some sugar and cream.

Popular - March 2, 2024, 10:17 am

(Mar 2, 2024 11:02 AM)Yin Yang Wrote: [\[CITE\]](#) I like mine with some sugar and cream.

Yes. This ^

DNA - March 2, 2024, 10:39 am

Depends on the coffee.

Instant shit needs sugar since it's foul

Brewed stuff needs no sugar and if I recall correctly, the 11th commandment was "Thou shall not put sugar in thy brew"

diablospartan - March 2, 2024, 12:21 pm

Well its exactly like a diet .A diet it not taste good but its very healthy and in the other case eating what you want its not healthy but it feels so good .So its your choice if you want to consume cofee with or without sugar

illuminati? - March 2, 2024, 12:27 pm

I don't really drink coffee ever so, don't matter to me.

But normal people take sugar.

anoncrab - March 2, 2024, 3:38 pm

I add milk to my coffee, and sugar. But I rarely drink coffee anymore.

SIM-5457022 - March 2, 2024, 9:53 pm

(Mar 2, 2024 02:48 AM)Jamika Wrote: [\[CITE\]](#) Hello every one

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How about u

I put 2 to 3 spoons of sugar but only drink coffee once a day. Or when I am coding and need a break.

(Mar 2, 2024 04:38 PM)anoncrab Wrote: [\[CITE\]](#) I add milk to my coffee, and sugar. But I rarely drink coffee anymore.

same here. Normally I drink 2 cans of energy drinks. One monster original, and a red bull.

I would drink this while coding. Later in the day if I need break or a boost I would take a break. Then drink some coffee but this is like rare. I don't do it everyday. Normally the 2 energy drinks works.

However, currently drinking one monster a day and I am trying to get rid of energy drinks.

I am trying to drink just gateraid or water.

Anyone know good water filters? I know there's one where you fill the container full of water. Then you put it in the fridge to cool down.

Then when you pour the water it goes thru a strong filter. I forgot the brand. The water tasted good.

I need a good ass filter for my water. The water from my fridge which again uses a filter doesn't do a good job.

It makes me sick after drinking like 2 glasses of it.

Euaggelistes - March 3, 2024, 5:13 am

(Mar 2, 2024 06:34 AM)Eran Wrote: [\[CITE\]](#) To each their own, I prefer it with no sugar.

^^^ amen to that.

Jam1e - March 3, 2024, 9:47 am

I only drink black coffee, and without any sugar in, that's just nasty, dirty water haha.
I prefer iced coffee though, and in which case I don't think that needs too much sugar, if at all.

Grim - March 3, 2024, 5:42 pm

(Mar 2, 2024 02:48 AM)Jamika Wrote: [\[CITE\]](#) Hello every one
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How about u
2 sugars and a little cream these days simple

sYndroM - March 3, 2024, 5:50 pm

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How about u
For me, no sugar since it already has a small amount of it.

\$nax - March 3, 2024, 5:54 pm

(Mar 2, 2024 02:48 AM)Jamika Wrote: [\[CITE\]](#) Hello every one
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How about u
Although a little sugar or creamer can't hurt I see the whole point of coffee is for the caffeine to
awake you up not the sugar or high fructose corn syrup in most coffee creamers

630 - March 3, 2024, 6:41 pm

Well those people are stupid. Drink it how you like it. I prefer my coffee black with 1 splenda.

Kelbo - March 3, 2024, 6:51 pm

HAS to have sugar and or creamer ontop. Not sure how people can just drink that shit straight, Just
blows my mind

Yanix - March 3, 2024, 8:18 pm

A little of sugar would not be bad I guess.

Syndicate - March 3, 2024, 8:21 pm

Everyone likes it differently to be honest. I like mine with creamer and sweetener. I can't drink black
coffee tho

Mald0r0r - March 4, 2024, 3:31 am

Since i started drinking coffee without sugar i really can't stand the alternative

Imm0rt4l - March 4, 2024, 7:57 am

Black, no sugar - just as nature intended

The best coffee in the world is the one you like, served just the way you like it. Screw anyone that says its 'wrong'.

gwiz - March 4, 2024, 5:35 pm

You'd be starting the morning with a blood sugar / insulin spike.

I prefer natural black Columbian roast, but I don't drink coffee every morning even though I need it for energy. Had half a cup today and it gave me enough focus to stay on track.

?LEEP - March 4, 2024, 5:46 pm

I drink Death Wish Dark Roast with nothing in it. I like the bitterness of coffee. It reminds me what I'm drinking and the purpose of it.

8mperor - March 4, 2024, 9:19 pm

just slowly reduce it over time

Kj202491 - March 4, 2024, 10:23 pm

Only real coffe is one without anything, everything else is just a cocktail