

Forum:[Hack Forums](#)

Thread: [What's the best lesson you've learned from a difficult situation?](#)

Eran - August 8, 2024, 7:32 am

That it's not as bad as it seems. Most of the situations were not that bad, but I couldn't see clearly because I was stressed.

Wbu?

Slumerican ? - August 8, 2024, 7:59 am

The best lesson I've learned from a difficult situation is the importance of perseverance and self-care. During a particularly challenging time in my life, I realized that I was putting others' needs before my own and neglecting my own well-being. This led to burnout and exhaustion.

The lesson I learned is that taking care of myself is not selfish, but essential to overcoming adversity. By prioritizing my own needs, I gained the strength and resilience to tackle difficult situations head-on. I also learned that asking for help and support from loved ones is a sign of strength, not weakness.

This lesson has stuck with me and continues to guide me in navigating life's challenges. It's a valuable reminder that self-care and perseverance are essential tools for overcoming difficult situations and achieving success.

The Watcher - August 8, 2024, 8:15 am

(Aug 8, 2024 07:59 AM)Slumerican ? Wrote: [\[CITE\]](#) The best lesson I've learned from a difficult situation is the importance of perseverance and self-care. During a particularly challenging time in my life, I realized that I was putting others' needs before my own and neglecting my own well-being. This led to burnout and exhaustion.

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Yes I've been like that my whole life, but it's because I've been on my PC since like 10, and everyday all day! I never established normality in this life, to what my actual standard WAS. But I escaped on my computer and that's why I am a schiz. XD

Astonished - August 8, 2024, 8:31 am

If she tells you not to worry, he's just a friend... you most certainly SHOULD worry!

Slumerican ? - August 8, 2024, 8:36 am

(Aug 8, 2024 08:31 AM)Astonished Wrote: [\[CITE\]](#) If she tells you not to worry, he's just a friend... you most certainly SHOULD worry!

[Video: <https://youtu.be/DoyswnouuD8?si=FS548RemR4gFtlgA>]

Purgatory - August 9, 2024, 12:25 am

I spent a year away in a Juvenile Detention Center after some Terroristic Threat charges I had attained. I felt like my life ended there, at that detention center. I was already a very depressed kid, and I struggled with the unbearable effects of loneliness tremendously. I learned that perseverance and patience helped me an astonishing amount. Moreover, understanding that circumstances don't just change on their own, change needs to be manifested, actualized, and expressed.

diablospartan - August 11, 2024, 1:41 am

Well if it doesnt kill you it makes you stronger .Even if it can be so painful it will pass

bevc - August 11, 2024, 11:32 am

Don't eat yellow snow.