Forum:Hack Forums

Thread: Meal Prep or Food DeliveryWhich One Wins in 2024?

Yanix - *October 2, 2024, 5:47 am*
Who doesn't love the convenience of getting your favorite meal with just a tap?

Nowadays, food delivery apps have become way too tempting.

No dishes, no mess, just your favorite meal delivered to your door in 30 minutes. But, is it worth the extra cost?

On the other hand, planning and cooking our own meals can save us time and money. But let’s be honest, the motivation doesn’t always there especially when we have a lot on our minds.

So what do you choose Meal Prep or Food Delivery?

Epic - *October 2, 2024, 5:59 am*
I've only done food delivery a handful of times, its just simply not worth the cost for me where I live. I can drive somewhere and pickup a call-in/online order in just a few minutes if I need. I domeal prep occasionally. I have been tempted to try something like the factor meals, just to save time cooking or picking up food. I love to eat, but I hate having to devote time to cooking, lol.

Nostre - *October 2, 2024, 6:05 am*
Nowadays, I don't cook personally unless it's something small. However, I can tell you that if you're trying to save money and, more importantly, time, meal prepping is key. It may not taste the best since it's usually stored and reheated, but it's worth it if you're on a budget.

Yanix - *October 2, 2024, 6:07 am*
(Oct 2, 2024 05:59 AM)Epic Wrote: *[CITE]* I've only done food delivery a handful of times, its just simply not worth the cost for me where I live. I can drive somewhere and pickup a call-in/online order in just a few minutes if I need. I domeal prep occasionally. I have been tempted to try something like the factor meals, just to save time cooking or picking up food. I love to eat, but I hate having to devote time to cooking, lol.
I totally get that brother, but I wonder if you are living alone?

It’s really nice to have convenient options for when you want to skip the hassle but still enjoy good food.

Epic - *October 2, 2024, 6:09 am*
(Oct 2, 2024 06:07 AM)Yanix Wrote: *[CITE]* I totally get that brother, but I wonder if you are living alone?

It’s really nice to have convenient options for when you want to skip the hassle but still enjoy good food.
Yup, it's tough sometimes to cook for one, but it is the life I chose, for now, lol.

plops - *October 2, 2024, 6:13 am*
Ha 30 minutes....
I wish that were the case. In my experience, I wait over an hour. The food will never be warm. 60%

of the time im driving back to the restraunt beacuse i got the wrong order and its like pulling teeth because ultimately its the 'couriers fault'. Then I need to tip the guy who fell for the trap where they barely pay a 'contractor' whose whole job is to grab food, match the name with an address and drop it off.
Plus the extra fees.
Forget that dude, ill order online and go pick it up myself.

Yanix - *October 2, 2024, 6:16 am*
(Oct 2, 2024 06:05 AM)Nostre Wrote: [CITE] Nowadays, I don't cook personally unless it's something small. However, I can tell you that if you're trying to save money and, more importantly, time, meal prepping is key. It may not taste the best since it's usually stored and reheated, but it's worth it if you're on a budget.
I completely agree! For us, with kids, it's especially tough to plan meals every day. Meal prepping may not always taste as fresh but it definitely helps save time and energy during busy days. Plus, it can take the stress out of deciding what to cook daily!

Purgatory - *October 2, 2024, 6:18 am*
(Oct 2, 2024 05:47 AM)Yanix Wrote: [CITE] Who doesn't love the convenience of getting your favorite meal with just a tap?

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On the other hand, planning and cooking our own meals can save us time and money. But let’s be honest, the motivation doesn’t always there especially when we have a lot on our minds.

So what do you choose Meal Prep or Food Delivery?
Don’t get me wrong. The convenience of doordash and uber are comfortable and dependent. However, you spend more money on that shit as opposed to making things yourself. Homecooked meals all the way

Yanix - *October 2, 2024, 6:19 am*
(Oct 2, 2024 06:13 AM)Robert Walker Wrote: [CITE] Ha 30 minutes....
I wish that were the case. In my experience, I wait over an hour. The food will never be warm. 60% of the time im driving back to the restraunt beacuse i got the wrong order and its like pulling teeth because ultimately its the 'couriers fault'. Then I need to tip the guy who fell for the trap where they barely pay a 'contractor' whose whole job is to grab food, match the name with an address and drop it off.
Plus the extra fees.
Forget that dude, ill order online and go pick it up myself.
I hear you! It’s frustrating when the convenience just isn’t worth the hassle, especially with long waits, wrong orders and all the extra fees.

Picking up the food yourself saves you the headache, plus you know it's fresh when you get it!

Epic - *October 2, 2024, 6:22 am*
(Oct 2, 2024 06:13 AM)Robert Walker Wrote: [CITE] Ha 30 minutes....
I wish that were the case. In my experience, I wait over an hour. The food will never be warm. 60% of the time im driving back to the restraunt beacuse i got the wrong order and its like pulling teeth because ultimately its the 'couriers fault'. Then I need to tip the guy who fell for the trap where they barely pay a 'contractor' whose whole job is to grab food, match the name with an address and drop

it off.
Plus the extra fees.
Forget that dude, ill order online and go pick it up myself.
I agree with you for sure. One of the good things to come out the covid pandemic, was the increase in restaurants/services that let you order online. I can order from my favorite place, wait a few minutes, drive for a few minutes to pick it up. All on my own time, with no delivery fee!

Charlie Sheen - *October 2, 2024, 6:27 am*
I've done everything I can to prevent myself from using DoorDash or any of those apps anymore. It's just so expensive. They charge more per item, then the fees, then delivery tip. I just keep telling myself there's no reason I shouldn't run up and grab the food myself.

Yanix - *October 2, 2024, 7:25 am*
(Oct 2, 2024 06:27 AM)Charlie Sheen Wrote: [CITE] I've done everything I can to prevent myself from using DoorDash or any of those apps anymore. It's just so expensive. They charge more per item, then the fees, then delivery tip. I just keep telling myself there's no reason I shouldn't run up and grab the food myself.
Glad that the tipping is not a common practice here on us but sometimes we do give some tip but not a usual thing.

Charlie Sheen - *October 2, 2024, 7:27 am*
(Oct 2, 2024 07:25 AM)Yanix Wrote: [CITE] Glad that the tipping is not a common practice here on us but sometimes we do give some tip but not a usual thing.
Here it's how the drivers make their money. They get like $1 - $3 from the application and then 100% of whatever you tip. If you don't tip you have a chance of waiting longer for your order since people are less likely to accept it.

Yanix - *October 2, 2024, 7:35 am*
(Oct 2, 2024 07:27 AM)Charlie Sheen Wrote: [CITE] Here it's how the drivers make their money. They get like $1 - $3 from the application and then 100% of whatever you tip. If you don't tip you have a chance of waiting longer for your order since people are less likely to accept it.
Oh you're already giving out tip and paying your food via online apps. Here, we have the option to pay cash on delivery, although we can also pay online in advance if we choose, without leaving a tip.

Charlie Sheen - *October 2, 2024, 7:37 am*
(Oct 2, 2024 07:35 AM)Yanix Wrote: [CITE] Oh you're already giving out tip and paying your food via online apps. Here, we have the option to pay cash on delivery, although we can also pay online in advance if we choose, without leaving a tip.
We can pay cash if we like but I prefer to pay with my card. It's frowned on here to not tip. Sometimes you'll see videos where dashers call out the customer for not tipping.

Yanix - *October 2, 2024, 7:40 am*
(Oct 2, 2024 07:37 AM)Charlie Sheen Wrote: [CITE] We can pay cash if we like but I prefer to pay with my card. It's frowned on here to not tip. Sometimes you'll see videos where dashers call out the customer for not tipping.
Yeah, I’ve heard about it from my cousin who lives in Maryland, as well as from my wife's family in San Diego.

Mr_Kh4os - *October 2, 2024, 9:29 am*
Doordash with good delivery drivers all the wayyyyyyyy I have one guy who does it on the side for me sometimes who just takes $5-6 tips haha win win for both of us.

Yanix - *October 2, 2024, 5:55 pm*

(Oct 2, 2024 09:29 AM)Mr_Kh4os Wrote: [CITE] Doordash with good delivery drivers all the wayyyyyyyy I have one guy who does it on the side for me sometimes who just takes $5-6 tips haha win win for both of us.

That sounds great for you buddy! Having a reliable service for reasonable tips makes all the difference. Definitely a win-win!

SuseGD - *October 2, 2024, 5:57 pm*

I usually just make my own food at home. Food delivery costs for me are usually pretty high, and quite a bit of the options aren't very healthy for you either. I'd rather just prep my own food.

Yanix - *October 2, 2024, 6:01 pm*

(Oct 2, 2024 05:57 PM)SuseGD Wrote: [CITE] I usually just make my own food at home. Food delivery costs for me are usually pretty high, and quite a bit of the options aren't very healthy for you either. I'd rather just prep my own food.

Are you living on your own? Sometimes it gets much more expensive to prepare our own meals specially like us who have kids with us, they usually crave for more and ask for something else lol

Jake Johnson - *October 21, 2024, 1:24 pm*

I don't do the meal delivery services myself because I can always get it cheaper just going and picking up the food myself. Plus I have heard of Doordash and ubereats drivers messing with people's food before and that kind of makes me nervous lol. Granted quite a few restaurants started using tamper-evident stickers on the bags now.

sharn - *October 26, 2024, 10:42 am*

I prefer meal prep because it is healthier and more budget-friendly. I enjoy knowing exactly what is in my food, plus it saves money over the week.

Casp?r - *October 26, 2024, 10:45 am*

I'm a chef I love cooking I do get lazy and order a delivery sometimes, but it's so expensive nowadays.

Fish - *October 26, 2024, 12:08 pm*

I think the fuck it approach wins over both of those options

Game - *October 27, 2024, 9:41 am*

Door delivery for ease, as long I can afford to live that way. Meal prep if I have the space and time and can afford to live that way.

I just home cook everything anyway so not a concern for me.