

Forum:[Hack Forums](#)

Thread: [have you ever been depressed because of someone?](#)

edgyseptic - October 3, 2024, 4:30 pm

did you ever become depressed because of a loss, growing apart, a breakup, or just someone did something? and who was it?

depression is extremely hard, but definitely varies per person. one person may be down for a day, while others for years, depending on what happened or how it effected them.

TooBurnt - October 3, 2024, 4:31 pm

No, I'm a gangsta bro.

Purgatory - October 3, 2024, 4:31 pm

Yes, yes I have lol many people

Charlie Sheen - October 3, 2024, 4:51 pm

All of the above man.

Miss my friends and family that have passed away. I miss friends that I grew apart from. I've gone through some bad depression after breakups. It's hard man. Just gotta find a way to keep pushing.

jcole - October 3, 2024, 4:52 pm

(Oct 3, 2024 04:30 PM)edgyseptic Wrote: [\[CITE\]](#) did you ever become depressed because of a loss, growing apart, a breakup, or just someone did something? and who was it?

depression is extremely hard, but definitely varies per person. one person may be down for a day, while others for years, depending on what happened or how it effected them.

Depression hurts.. I was depressed after a relationship for years. It's hard to get over depression, but you learn to live with it and move on. It's healthy to be sad over certain things, and it's life. You learn to cope with the past, and move forward with the future.

edgyseptic - October 3, 2024, 5:16 pm

(Oct 3, 2024 04:52 PM)jcole Wrote: [\[CITE\]](#) Depression hurts.. I was depressed after a relationship for years. It's hard to get over depression, but you learn to live with it and move on. It's healthy to be sad over certain things, and it's life. You learn to cope with the past, and move forward with the future.

absolutely, its natural and healthy to face those emotions head on and face the music. even if you think you'll be in that darkness, you will get out eventually. every tunnel of darkness has a light at the end of it.

N - October 3, 2024, 5:17 pm

Yeah fuck, all of pink gang knows how depressed I was when Taylor broke my heart.

cc: [grainy Zero Lavish Living Businessman Trust DashPHP](#)

jcole - October 3, 2024, 5:18 pm

(Oct 3, 2024 05:16 PM)edgyseptic Wrote: [\[CITE\]](#) absolutely, its natural and healthy to face those emotions head on and face the music. even if you think you'll be in that darkness, you will get out

eventually. every tunnel of darkness has a light at the end of it.

It took a long time, but it's important to surround yourself with good people and good things. Dark days do go away, but it takes time. It can be longer for some than others, but in the end positivity breeds positivity.

Deany - October 3, 2024, 9:19 pm

Not because of someone , maybe because of something or event sure

V?rt - October 3, 2024, 9:45 pm

Yeah absolutely. I had some pretty bad depression with my past breakup and it took a while to get over it. But I have pretty constant depression over just people being in and out of my life and losing friends in general.

Mooooookie - October 4, 2024, 3:00 am

I fell into a little depression when my girlfriend of over 10 years, we split. It took me a longggggg time to be able to accept it. There's nothing like that first love.. so hard to get over. But as with anything, time eventually passed and I got over it.

DashPHP - October 4, 2024, 3:04 am

(Oct 3, 2024 05:17 PM)N Wrote: [\[CITE\]](#) Yeah fuck, all of pink gang knows how depressed I was when Taylor broke my heart.

cc: [grainy Zero Lavish Living Businessman Trust DashPHP](#)
Lool on god I remember

But yes OP. Sometimes it can get pretty bad, but we have to keep pushing forward.

edgyseptic - October 4, 2024, 8:52 am

(Oct 3, 2024 09:45 PM)V?rt Wrote: [\[CITE\]](#) Yeah absolutely. I had some pretty bad depression with my past breakup and it took a while to get over it. But I have pretty constant depression over just people being in and out of my life and losing friends in general.

i don't blame you, i struggle with the same thing; people act like they care about you, lead you on, then just cut you off for no reason. it makes me happy knowing people deal with the same thing.

Tyr - October 4, 2024, 8:53 am

I think that any normal natural human being would be?

sharn - October 4, 2024, 2:12 pm

Yes, unfortunately. Someone I trusted let me down, and it affected me deeply.

Jamika - October 4, 2024, 5:23 pm

(Oct 3, 2024 04:30 PM)edgyseptic Wrote: [\[CITE\]](#) did you ever become depressed because of a loss, growing apart, a breakup, or just someone did something? and who was it?

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Yes alot, I remember when I broke up with my first fiancée, I was so frustrated that I developed a stomach ulcer, but everything changes and passes eventually.

Confound - October 4, 2024, 5:55 pm

Most if not all of my depression I've experienced in life has been a direct result of circumstances in my own life, job, health, etc. Less about the people in my life. They're definitely connected but not a

singular correlation.

edgyseptic - October 4, 2024, 7:24 pm

(Oct 4, 2024 02:12 PM)sharn Wrote: [\[CITE\]](#) Yes, unfortunately. Someone I trusted let me down, and it affected me deeply.

it's alright, we all go through something at some point. a lot of people are just rude nowadays.

(Oct 4, 2024 05:23 PM)Jamika Wrote: [\[CITE\]](#) Yes alot, I remember when I broke up with my first fiancée, I was so frustrated that I developed a stomach ulcer, but everything changes and passes eventually.

i agree, we all overcome obstacles in our road of life and everyone has a different way of dealing with it.

a stomach ulcer? interesting. because of the stressed it caused you?