

Forum:[Hack Forums](#)

Thread: [Early bird or night owl?](#)

sharn - October 6, 2024, 1:28 am

Honestly, I am a bit of both. It depends on the day and what is going on.

I can easily wake up early, but I have no problem burning the midnight to focus on a project.

Money- - October 6, 2024, 2:10 am

Its situational for me. I work good at night too but not too late obviously. I sleep early or at least 12-1 am I don't drag too deep into the night.

Cooligan - October 6, 2024, 2:11 am

I'm a bit of both.

I can go to sleep very late but still wake up very early for work if need be.

More of a night owl though, even though I still wakeup around 8am at the latest. Usually between 6:30am & 7:30am.

Deany - October 6, 2024, 2:18 am

Night owl because I need to be up in Japan timezone

Pentatonix - October 6, 2024, 3:29 am

Lately, I've been living as both #TeamNoSleep

Yin Yang - October 6, 2024, 4:41 am

I'd have to agree that I'm a little bit of both too

Death - October 6, 2024, 5:28 am

Night owl myself. I was up playing Cod till 6am this morning haha!

Aurelius - October 6, 2024, 5:41 am

waking up early is always better staying late at night especialy if your revising for a test or working on a project you won't be focused 100% and when u go to sleep you will wake up tired feeling like a zombie you get that feeling of you just wanna get back home and sleep while if you wake up early you might feel a bit sleepy but after like 30min you be alright and you feel like you have so much time and the day is long af so you can finish what your working on and go entertain yourself

SuseGD - October 6, 2024, 3:17 pm

I'm more of a night owl. I try to go to bed at a reasonable time to wake up early in the morning, but I still feel extremely tired when I do wake up.

Confound - October 6, 2024, 3:33 pm

How about neither? haha. Used to be a night owl and not a morning person, now I go to bed earlier, and am still grumpy in the morning.

Epic - October 6, 2024, 6:35 pm

I'd say for me it depends on the occasion, but I definitely lean towards being a morning person. I don't like to get up super early though, and if I stay up too late it throws me off the next day. And I like to take care of my priorities early in the day also.

Trust - October 6, 2024, 6:48 pm

I'm a night owl that desperately wishes he was an early bird.

Cap - October 6, 2024, 6:58 pm

I'm a little of both too. I love staying up late, but also enjoy getting up somewhat early so I don't waste my day in bed.

Chrome - October 6, 2024, 7:21 pm

If I am taking my car to a track day I am an early bird....outside of that, I will stay up all night.

Jinu - October 6, 2024, 7:54 pm

(Oct 6, 2024 01:28 AM)sharn Wrote: [\[CITE\]](#) Honestly, I am a bit of both. It depends on the day and what is going on.

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I'm a bit of both as well. I can wake up early when needed, but I also have no problem staying up late to get things done, especially when I'm focused on a project.

Foxy Proxies Ltd - October 6, 2024, 9:42 pm

(Oct 6, 2024 01:28 AM)sharn Wrote: [\[CITE\]](#) Honestly, I am a bit of both. It depends on the day and what is going on.

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Combination of both here too. Some weeks on days, other weeks on nights.

Syndicate - October 6, 2024, 9:44 pm

I am typically a night owl, but for work when I have to do the opening shift I wake up at 8am. I actually hate it though. I am so exhausted and drained in the morning time even though I get plenty of sleep. (7+ hours of sleep)

Jamika - October 6, 2024, 11:48 pm

(Oct 6, 2024 01:28 AM)sharn Wrote: [\[CITE\]](#) Honestly, I am a bit of both. It depends on the day and what is going on.

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I wake up somewhat early in morning and sleep lately, so i choose early bird

Mooooookie - October 7, 2024, 9:17 am

Well.. I'm up for both, but I would consider myself a night owl more then anything, as I'm awake during the hours when most people are sleeping where I live. I've always enjoyed the night time, and I also find it the best time to get work done as there are less distractions at night time as most others are sleeping.

SIM-2362145 - October 7, 2024, 1:10 pm

(Oct 6, 2024 01:28 AM)sharn Wrote: [\[CITE\]](#) Honestly, I am a bit of both. It depends on the day and what is going on.

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Both.

Laughing Man - October 7, 2024, 1:18 pm

I'm early due to work, but used to be able to sleep in day and work at night. I prefer night because it's cooler and quieter.

Regulus - October 7, 2024, 1:20 pm

I am more of a night owl.

I hate mornings but sometimes it's so comfortable to wake up in the morning, take a piss or a shit,

then head over to bed again.

Jake Johnson - *October 19, 2024, 1:43 pm*

I can be both. I tend to wake up early around 5-6 am every day. Then I also sometimes stay up until around 1 am if I am watching something good before going to bed. However, I normally go to sleep around 11 pm most nights.