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Thread: [Relaxing music really affect u?](#)

Jamika - October 7, 2024, 3:26 pm

Hello everyone

So does really relaxing music over youtube relax you or its waste of time? Because i dont really feel affected by it

What do u think

Biggy_Asian - October 7, 2024, 3:27 pm

It helps me and it matters the most if I can get a kind of dreamy beat song when blazed asf. best feeling.

padrino - October 7, 2024, 4:05 pm

i use the lofi girl channel whist I work. It doesn't relax me really, just gives me something to listen to without getting distracted.

V?rt - October 7, 2024, 7:03 pm

oh absolutely. I find starting my day off with some good calm music always affects my moon and helps me through the rest of the day.

Chrome - October 8, 2024, 4:15 am

Yes it does, I use it while I have anxiety issues. I also listen to it whele I drink in the patio.

Casp?r - October 17, 2024, 7:17 am

(Oct 7, 2024 03:26 PM)Jamika Wrote: [\[CITE\]](#) Hello everyone

So does really relaxing music over youtube relax you or its waste of time? Because i dont really feel affected by it

What do u thinkYes music, is very powerful and can make you feel all sorts of emotions. I couldn't imagine a life without music.

Jamika - October 17, 2024, 7:18 am

(Oct 17, 2024 07:17 AM)Casp?r Wrote: [\[CITE\]](#) Yes music, is very powerful and can make you feel all sorts of emotions. I couldn't imagine a life without music.

Totally agree, Life without music feels incomplete; it enriches our experiences and emotions

Jake Johnson - October 17, 2024, 9:21 am

I like to listen to lofi beats while I work on my college classwork to help me focus. When I am working on client design work I will listen to a wide variety of music to help inspire me and boost my creativity. When coding and doing any dev work I tend to listen to more lofi type of music again to help me not get distracted and stay focused.