

Forum:[Hack Forums](#)

Thread: [Ever felt your brain freezing?](#)

Jamika - October 12, 2024, 1:36 am

Hello everyone

So have u ever felt sever pain when having ice cream as if ur brain is freezing for second?

I felt this many times and was wondering if any one had same feeling

How about you?

Chrome - October 12, 2024, 1:40 am

I am confident everyone has experienced this in their life.

Jamika - October 12, 2024, 1:41 am

(Oct 12, 2024 01:40 AM)Chromeproducts Wrote: [\[CITE\]](#) I am confident everyone has experienced this in their life.

This makes me feel like my eyes is going out, very annoying indeed

The Pact - October 12, 2024, 4:04 am

Yes I have but thankfully it has been rare in terms of how often in my life I have had ice cream.

sharn - October 12, 2024, 10:43 am

Oh yeah, a brain freeze.

It is like my brain is telling me: Too cold! Too fast!

But my taste buds are like, Keep going!

Laughing Man - October 12, 2024, 10:46 am

Brain freeze from cold? Yes.

ADHD Brain Lock (BSOD/Freeze)? Yes.

Sensory Lock? Yes

Coding/Gaming Lock? Yes.

I also randomly will have my eyes fix on a specific point and I can't break my eyes off it until my processor (Brain) reboots. So I randomly stare off into space sometimes at people until they say something which is hitting a key while my brain is in disassociation/hibernate.

Jamika - October 12, 2024, 11:13 am

(Oct 12, 2024 10:46 AM)Laughing Man Wrote: [\[CITE\]](#) Brain freeze from cold? Yes.

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This hangout happen to me also, but was talking about freeze one

Laughing Man - October 12, 2024, 11:14 am

(Oct 12, 2024 11:13 AM)Jamika Wrote: [\[CITE\]](#) This hangout happen to me also, but was talking about freeze one

I mean they all are forms of your brain freezing lol. Most people can experience brain freeze because the base of the brain is the roof of your mouth.

Epic - October 12, 2024, 1:27 pm

Yup. Typically when I have a nice cold milkshake and start drinking it a little too fast. I believe it can actually be somewhat avoided, if you don't let the cold food or drink touch the roof of your mouth too much.

Jamika - October 12, 2024, 1:40 pm

(Oct 12, 2024 01:27 PM)Epic Wrote: [\[CITE\]](#) Yup. Typically when I have a nice cold milkshake and start drinking it a little too fast. I believe it can actually be somewhat avoided, if you don't let the cold food or drink touch the roof of your mouth too much.

This was the first time i know that when cold touch up of ur mouth this cause that feeling

Strange indeed

Mooooookie - October 12, 2024, 1:51 pm

Yes, brain freeze comes when you've eaten something that is extremely cold, way too fast. Not a very nice feeling.

Eran - October 12, 2024, 2:45 pm

Nah not quite, but my brain does freeze when I NEED to be productive -.-

Jamika - October 12, 2024, 2:47 pm

(Oct 12, 2024 02:45 PM)Eran Wrote: [\[CITE\]](#) Nah not quite, but my brain does freeze when I NEED to be productive -.-

Dont think so bro, ur brain is good, we all know that

Eran - October 12, 2024, 2:48 pm

(Oct 12, 2024 02:47 PM)Jamika Wrote: [\[CITE\]](#) Dont think so bro, ur brain is good, we all know that Nah bro, trust me, I struggle a lot irl. :/

totalcontrol123 - October 12, 2024, 3:10 pm

one thing ive never experienced. i used to get tooth pain with cold stuff but never brain freeze

Yin Yang - October 12, 2024, 4:51 pm

Only with slurpies. As kids we'd do it and try to race ?

Lifer999 - October 12, 2024, 7:25 pm

back when i used to huff duster

Cap - October 12, 2024, 7:50 pm

I get migraines frequently and if I eat or drink something extremely cold, I get the "brain freeze" and it leads typically to a migraine. I hate it.

Mooooookie - October 12, 2024, 11:01 pm

(Oct 12, 2024 03:10 PM)totalcontrol123 Wrote: [\[CITE\]](#) one thing ive never experienced. i used to get tooth pain with cold stuff but never brain freeze

When you slurp down a really cold drink, it doesn't have any negative effect on you? That's awesome, I catch a major brain freeze if I do that.

Jamika - October 13, 2024, 12:31 am

(Oct 12, 2024 07:50 PM)Cap Wrote: [\[CITE\]](#) I get migraines frequently and if I eat or drink something extremely cold, I get the "brain freeze" and it leads typically to a migraine. I hate it.

Damn this is bad, my dad used to have migraine but not due to cold stuff ofc, feel this pain

Deany - October 13, 2024, 3:39 am

Ya I have and hate when it happens!

Cap - October 13, 2024, 6:12 am

(Oct 13, 2024 12:31 AM)Jamika Wrote: [\[CITE\]](#) Damn this is bad, my dad used to have migraine but not due to cold stuff ofc, feel this pain

I just get them all the time really no matter what. Anything can trigger it on me.

Jake Johnson - October 18, 2024, 4:13 pm

Brain freeze from drinking or eating something cold? Yes, I have definitely gotten a brain freeze before and I am not a fan of that feeling at all.

Pimping - October 18, 2024, 11:26 pm

Yes i think everyone has experienced this at least once lol

Jinu - October 18, 2024, 11:28 pm

Oh yeah, I've definitely experienced that 'brain freeze' sensation before! It's like an intense, sudden headache that hits right when you're enjoying something cold. It usually only lasts a few seconds, but it can be pretty uncomfortable. I've heard that pressing your tongue to the roof of your mouth can help make it go away faster. Have you tried that, or do you just wait it out?