

Forum:[Hack Forums](#)

Thread: [Do you shower everyday?](#)

Pimping - October 21, 2024, 11:12 pm

Personally i shower every 2 days which is fine imo
unless i work out or am doing things where i sweat a lot ill take one after that but i dont think a shower is needed every single day

Deany - October 21, 2024, 11:13 pm

Yup , one in day , one in the night before sleep.

Pimping - October 21, 2024, 11:14 pm

(Oct 21, 2024 11:13 PM)Deany Wrote: [\[CITE\]](#) Yup , one in day , one in the night before sleep.
I feel like it would waste a lot of water/hot water that is also why i only have one every 2 days
how long does your showers take?

Deany - October 21, 2024, 11:16 pm

(Oct 21, 2024 11:14 PM)Pimping Wrote: [\[CITE\]](#) I feel like it would waste a lot of water/hot water that is also why i only have one every 2 days
how long does your showers take?
10 mins. I like showers a lot

Pimping - October 21, 2024, 11:19 pm

(Oct 21, 2024 11:16 PM)Deany Wrote: [\[CITE\]](#) 10 mins. I like showers a lot
Well that is not bad
I take like 25-30 mins in the shower hahaha

Morphh - October 22, 2024, 2:23 am

(Oct 21, 2024 11:12 PM)Pimping Wrote: [\[CITE\]](#) Personally i shower every 2 days which is fine imo
unless i work out or am doing things where i sweat a lot ill take one after that but i dont think a shower is needed every single day
I'm sorry but wtf? Every day is the norm and should always be apart of your everyday routine.

Pimping - October 22, 2024, 2:28 am

(Oct 22, 2024 02:23 AM)Morphh Wrote: [\[CITE\]](#) I'm sorry but wtf? Every day is the norm and should always be apart of your everyday routine.
I don't see how big of a difference it is if you do it everyday or every other day
depends if you are sweating a lot, working in dirty conditions etc. yes then I understand showering daily.... but you are not gonna get dirty if you do not shower for a day

Morphh - October 22, 2024, 2:33 am

(Oct 22, 2024 02:28 AM)Pimping Wrote: [\[CITE\]](#) I don't see how big of a difference it is if you do it everyday or every other day
depends if you are sweating a lot, working in dirty conditions etc. yes then I understand showering daily.... but you are not gonna get dirty if you do not shower for a day
You most certainly get dirty every day. You should be sweating a little every day, you sweat in your sleep, and you take at least one shit a day. I don't see how showering every two days is not dirty. I always imagine this scenario: you have a girlfriend or wife, and they haven't showered in two days — their shower is pending. You can imagine they wouldn't smell good right?

DashPHP - October 22, 2024, 2:42 am

Every morning. I sweat easily so I'd hate to stink of bio

diablospartan - October 22, 2024, 2:52 am

Well at least once everyday and sometimes 2 times : morning and night .Shower not only cleans my body but it also cleans my energetic field by negativity etc

Koyote - October 22, 2024, 3:13 am

I do every day, but I do a lot of work outside the house after my day job so I've gotta, otherwise my wife is gonna have something to say about it.

Chrome - October 22, 2024, 6:03 am

I try to shower every day, always in the morning and if I have had a big day or played sport I will have another shower in the evening.

Eran - October 22, 2024, 6:10 am

Yeah at least once a day, more times if it's in the summer heat. Gotta refresh.

Chrome - October 22, 2024, 7:18 am

(Oct 21, 2024 11:12 PM)Pimping Wrote: [\[CITE\]](#) Personally i shower every 2 days which is fine imo unless i work out or am doing things where i sweat a lot ill take one after that but i dont think a shower is needed every single day

Water isnt that expensive? I cant do showers every second day.

Yin Yang - October 22, 2024, 7:24 am

Same frequency for me. Depending on if I workout that day or not though

Chrome - October 22, 2024, 7:52 am

I know a guy that would only shower once per week, that made me want to vomit.

Epic - October 22, 2024, 8:16 am

Yep, every morning. My hair gets kinda oily and it needs a wash before I got to work. Also feels good to feel all fresh.

Chrome - October 22, 2024, 8:27 am

(Oct 22, 2024 08:16 AM)Epic Wrote: [\[CITE\]](#) Yep, every morning. My hair gets kinda oily and it needs a wash before I got to work. Also feels good to feel all fresh.

That's another thing, how many times a week does everyone wash their hair? I wash my hair only twice a week but rinse it daily.

Epic - October 22, 2024, 8:38 am

(Oct 22, 2024 08:27 AM)Chromeproducts Wrote: [\[CITE\]](#) That's another thing, how many times a week does everyone wash their hair? I wash my hair only twice a week but rinse it daily.

If my hair is short, I can usually go two days without washing it. But if it's long I gotta wash it daily otherwise it just looks awful IMO.

2xTheTap115 - October 22, 2024, 1:37 pm

I myself take two showers, in the morning and in the evening.

Pimping - October 22, 2024, 4:39 pm

(Oct 22, 2024 07:24 AM)Yin Yang Wrote: [\[CITE\]](#) Same frequency for me. Depending on if I workout that day or not though

Finally im not crazy lol

same if i workout ill 100% take a shower after that even if i showered the same day

account_ - October 22, 2024, 4:43 pm

Shower everyday because [Pimping](#) ain't easy.

Pimping - October 22, 2024, 4:45 pm

(Oct 22, 2024 04:43 PM)account_ Wrote: [\[CITE\]](#) Shower everyday because [Pimping](#) ain't easy.
True that ?

onlyhope122 - October 22, 2024, 4:59 pm

Yes i shower once a day, sometimes twice.
Usually in the morning so I smell fresh and clean.

sharn - October 23, 2024, 5:10 am

I find that showering daily helps me feel refreshed and clean.
It is a regular part of my daily routine.

D707 - October 23, 2024, 5:26 am

Yes. 1 times daily, but sometimes need to taking twice when having a workout at the night.

Casp?r - October 23, 2024, 8:39 am

I sweat a lot, so once a day before bed can't be getting into bed all dirty.

Fish - October 23, 2024, 9:55 am

Generally aim for every day I workout, if I don't work out and don't leave the house I would do every other day max.

Pimping - October 23, 2024, 6:34 pm

(Oct 23, 2024 09:55 AM)Fish Wrote: [\[CITE\]](#) Generally aim for every day I workout, if I don't work out and don't leave the house I would do every other day max.
Man of culture