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Thread: [Suicidal patients here?](#)

Nemo5 - October 23, 2024, 7:08 am

Hello to everyone,

are there any suicidal patients here? I would like to talk to them. I also feel sad ?. I have found a solution.

Regards and thanks

Sick4n - November 19, 2024, 2:19 pm

the thought comes and goes, like a quick solutions in life.

but I havent.

I have just got used to it, that the thought it's gonna be there.

Perfect - November 20, 2024, 8:08 am

If you're feeling sad, please reach out to a trusted friend, family member, or mental health professional... please

RangoWorld - November 21, 2024, 1:12 am

Buddy the best way to get our is to reach out to someone you trust.

When you feel suicidal your brain gets stuck in a logical loop or flaw. Your brain tries to logically justify to you that suicide is the best option. When it is not! But you can't see it because of the logic loop you're stuck in.

That's where a psychologist can help you and show you the logical flaw your brain has and when you realize it and find out. You will switch and you will learn to keep yourself in check logically. Slowly then the thoughts will go away.

DashPHP - November 21, 2024, 1:27 am

Hope you're well Nemo ??