

# Forum:[Hack Forums](#)

Thread: [Does anyone here have a phobia?](#)

**Game** - October 27, 2024, 11:26 am

I don't know that I have any phobias for certain, but I feel like claustrophobia and Thalassophobia (deep or large bodies of water) are high possibilities for me.

I get hot and flustered fast in tight spaces and have to rush out to cool down and breathe properly again.

When it comes to the water, I can swim in the sea etc but at the same time, it scares me and I hate getting wet.

**Deany** - October 27, 2024, 1:21 pm

I don't like tight spaces like caves and stuff.

**Game** - October 27, 2024, 2:02 pm

(Oct 27, 2024 01:21 PM)Deany Wrote: [\[CITE\]](#) I don't like tight spaces like caves and stuff. Yeah, I enjoy watching cave exploration videos but I could never do that shit aha.

**rehab1234** - October 28, 2024, 12:42 pm

I don't like tight spaces like caves and stuff.

**Mr\_Kh4os** - October 28, 2024, 1:52 pm

Ditto on tight spaces/caves it always has given me instant fear.

**Game** - October 28, 2024, 2:29 pm

(Oct 28, 2024 01:52 PM)Mr\_Kh4os Wrote: [\[CITE\]](#) Ditto on tight spaces/caves it always has given me instant fear.

The only thing I like tight is my women.

**Mercury** - October 28, 2024, 3:34 pm

This is going to sound absurd but I have a serious issue with styrofoam. I cannot touch it. Something about the way it feels and the squeaky noise it makes just gets under my skin.

**Mr\_Kh4os** - October 28, 2024, 4:20 pm

(Oct 28, 2024 03:34 PM)Mercury Wrote: [\[CITE\]](#) This is going to sound absurd but I have a serious issue with styrofoam. I cannot touch it. Something about the way it feels and the squeaky noise it makes just gets under my skin.

Nah this makes perfect sense there are a lot of people with textures that drive them nuts.

**Chrome** - October 28, 2024, 4:27 pm

I have severe needlephobia. It's very embarrassing getting needles.

**LeetSpeed** - October 28, 2024, 4:49 pm

(Oct 28, 2024 04:27 PM)Chromeproducts Wrote: [\[CITE\]](#) I have severe needlephobia. It's very embarrassing getting needles.

Same here. I hate needles.

**blackrose\_x0x0** - October 28, 2024, 5:33 pm

I can't stand snakes. Had a phobia since the first one I saw as a kid. Just can't do it with them. I've tried to get past the phobia but can't do it.

**sharn** - October 29, 2024, 6:51 am

(Oct 28, 2024 05:33 PM)Bloodbyte Wrote: [\[CITE\]](#) I can't stand snakes. Had a phobia since the first one I saw as a kid. Just can't do it with them. I've tried to get past the phobia but can't do it.

You are not alone, snakes make a lot of people feel uncomfortable.

Do you find that both small and big snakes bother you equally or is it worse with the larger ones?

**Jinu** - October 29, 2024, 10:15 am

Those are definitely common phobias, and it makes sense to feel uneasy in those situations.

Claustrophobia can be really tough to manage, especially when you're in tight spaces. As for thalassophobia, it's interesting how many people love the ocean but still have that underlying fear of the unknown. Do you have any strategies for coping with those feelings when they arise?

**Prawnster** - October 29, 2024, 12:07 pm

Use to be heights when I was very young but overcame it by climbing up a real high tree and then falling the fuck outta that tree and not dying so I was like ehh heights aint that bad then huh.