

Forum:[Hack Forums](#)

Thread: [What Stresses You Out This Christmas?](#)

Yanix - December 1, 2024, 4:27 am

Hey everyone!

As much as Christmas is a joyful time, it can also bring its fair share of stress. Whether it's last-minute shopping, financial worries, family drama or even just trying to find time to relax, the holiday season can feel overwhelming.

What are the things that stress you out the most during this time of year? And how do you usually deal with it?

Let's share tips and support each other to make this season a little less stressful and a lot more magical! ?

Eran - December 1, 2024, 4:28 am

Financial worries are always present, so I'll go with the situation at my workplace atm. One coworker got laid off, while 2 others went on long-term sick leave. Me and my manager are the only ones left to work at our department and it's busy as fuck. I am dreading every minute there. Already sent out a handful of job applications and can't wait to get out of this place.

Skittles- - December 1, 2024, 4:34 am

work during holiday stresses me out. we are open to support customers which what our team is preparing for this upcoming christmas.

and also financial aspect of course. we cant celebrate without involving moneeeeh

Deany - December 1, 2024, 11:23 am

Probably the shipping times increasing due to so many packages being sent / received

Regulus - December 1, 2024, 11:49 am

What worries me most is definitively financial stuff that's for sure.

Miles Teller - December 1, 2024, 11:59 am

Usually I get stressed out around christmas over gifts. I never know what to get someone and I always want it to be a memorable present.

Yanix - December 1, 2024, 5:01 pm

(Dec 1, 2024 12:59 PM)Miles Teller Wrote: [\[CITE\]](#) Usually I get stressed out around christmas over gifts. I never know what to get someone and I always want it to be a memorable present.

I feel the same way! Figuring out the perfect gift can be so stressful, especially when you want it to be meaningful. On top of that, financial matters add to the pressure as it's tough balancing everything during the holidays.

DemoTester - December 1, 2024, 6:37 pm

Gifts and the higher amount of traffic. I buy most of the gifts earlier and the traffic i have no real control over

Yanix - December 1, 2024, 7:02 pm

(Dec 1, 2024 07:37 PM)DemoTester Wrote: [\[CITE\]](#) Gifts and the higher amount of traffic. I buy most of the gifts earlier and the traffic i have no real control over

Oh yeah, the traffic gets crazy, especially starting the 20th. It's everywhere and it's so exhausting!

SIM-2362145 - December 2, 2024, 5:11 am

That i am all alone this christmas, oh and depressed as well dear.

Yanix - December 2, 2024, 5:20 am

(Dec 2, 2024 06:11 AM)SIM-2362145 Wrote: [\[CITE\]](#) That i am all alone this christmas, oh and depressed as well dear.

Oh I'm so sorry you're feeling this way brother.?

Christmas can be tough when you're feeling alone or down.

If you want to talk, I'm here to listen. Sometimes sharing even a little can help ease the weight. ?

blackrose_x0x0 - December 2, 2024, 10:08 am

Getting gifts on time. I always wait till last minute and it causes alot of stress. I'm planning to knock out all my Christmas shopping this upcoming weekend. This year I finally put Xmas shopping into my budget and savings so I don't need to worry about the added expenses. Still though, I'd like to just get the shopping and wrapping done haha

Omniscient - December 2, 2024, 11:21 am

I get worried about finding a 20lb Turkey for Xmas. Then all the presents I have to buy for the gazillions family members I have. Never really sure what to get the wife either.

Fish - December 2, 2024, 1:35 pm

Everything stresses me out

Syndicate - December 2, 2024, 2:40 pm

(Dec 1, 2024 05:27 AM)Yanix Wrote: [\[CITE\]](#) Hey everyone!

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Christmas itself as a whole ?

Imagine8 - December 2, 2024, 2:59 pm

Presents mate, I never know what to buy anyone or what to ask for when people ask me, everything I want or need I get myself throughout the year. The missus and I have made it much easier by doing secret Santas with our families now, only have to worry about 2 presents then.

Perfect - December 2, 2024, 3:40 pm

(Dec 1, 2024 05:27 AM)Yanix Wrote: [\[CITE\]](#) Hey everyone!

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last-minute shopping, financial worries, family drama or even just trying to find time to relax, the holiday season can feel overwhelming.

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Living on a fixed income is killing me :/

diablospartan - December 3, 2024, 6:15 am

Well just the fact that i am single this christmas as i broke up from my girlfriend

Yanix - December 3, 2024, 6:26 am

(Dec 3, 2024 07:15 AM)diablospartan Wrote: [\[CITE\]](#) Well just the fact that i am single this christmas as i broke up from my girlfriend

Oh I am so sad to hear that. Breakups can be tough, especially around the holidays. ?

Hope you find some comfort and joy this season ?

7 - December 3, 2024, 6:27 am

not having work to do and my plans of payments and competitions

Yanix - December 3, 2024, 6:38 am

(Dec 3, 2024 07:27 AM)7 Wrote: [\[CITE\]](#) not having work to do and my plans of payments and competitions

Financial matters are often the biggest source of stress for many of us. ?

Moookie - December 3, 2024, 7:07 am

The last minute Christmas shopping is usually what gets to me, because I tend to do that every year.. wait to the last minute to get all my shopping done. Thankfully, we can a lot of our shopping online nowadays, rather than having to scour thru the malls and deal with all that traffic and mayhem.

Yanix - December 3, 2024, 5:54 pm

(Dec 3, 2024 08:07 AM)Moookie Wrote: [\[CITE\]](#) The last minute Christmas shopping is usually what gets to me, because I tend to do that every year.. wait to the last minute to get all my shopping done. Thankfully, we can a lot of our shopping online nowadays, rather than having to scour thru the malls and deal with all that traffic and mayhem.

I am one of those last minute shoppers ? Even though I try my best to get it on earlier time I am still ended up buying something more specially for my special love ones.