

# Forum:[Hack Forums](#)

Thread: [Flu Season Surge is Coming](#)

**Yanix** - December 23, 2024, 5:21 am

It looks like flu cases are starting to spike and health experts are warning about a surge in the coming weeks. It's that time of year again when it feels like everyone around you is coughing or sniffing.

How are you guys preparing for it? Are you loading up on vitamins, getting flu shots or just hoping to dodge it completely?

A little prevention now might save us all from feeling miserable later! Keep safe guys and God bless.

**Omniscient** - December 23, 2024, 1:51 pm

I got sick 2 weeks ago for about 5 days. Just happy to get it over with. Right now feeling great. I was unprepared this year since it happened so early. Get your vitamins and be sure to dress appropriately for the weather.

**Yanix** - December 23, 2024, 6:15 pm

(Dec 23, 2024 02:51 PM)Omniscient Wrote: [\[CITE\]](#) I got sick 2 weeks ago for about 5 days. Just happy to get it over with. Right now feeling great. I was unprepared this year since it happened so early. Get your vitamins and be sure to dress appropriately for the weather.

Glad to hear you're feeling better now! It's wild how early the bugs are hitting this year. Thanks for the reminder – staying on top of vitamins and layering up is key. Here's to a healthy rest of the season! Keep safe and God bless!

**illuminati?** - December 23, 2024, 6:38 pm

Its just the normal flu season.

Happens every year

**Omniscient** - December 25, 2024, 12:51 pm

Wife has been pretending she's winning against the sickness going around. Today she's finally being real that she is sick. Christmas day too.

Oh well, like almost everyone I know has been sick in the past 3-4 weeks or is sick right now. I can't think of a single friend or even family who isn't sick.

Xmas dinner attendees this year is cut in half because of it. I usually do 25 people, only 13 coming.

**Yanix** - December 25, 2024, 6:11 pm

This Christmas hasn't been the best for me. I came down with the flu on the night of the 24th and I've been feeling unwell ever since.

My throat is still really sore and it's making it difficult for me to eat. It's tough to enjoy the holiday season when I'm not feeling my best.

I'm hoping to recover soon and get back to normal. God bless everyone and enjoy your holidays.

**Flan.** - *January 19, 2025, 1:31 pm*

I always make sure to get my flu shot and load up on vitamin C during flu season. Stay healthy everyone!