

Forum:[Hack Forums](#)

Thread: [For better mental health](#)

Rsynced - May 8, 2025, 3:45 pm

Repeat the following 10 times looking at a mirror immediately after awakening:

---Begin---

I am so cool!

I am better than everyone else

Everyone wants to be like me

Everyone can't wait to see me

Everyone needs me

I am a God

---End---

Thank you and have a great day!

Astonished - May 8, 2025, 3:51 pm

Are you drunk by any chance?

"Everyone insult everyone"

Now this. Give me a bottle of whatever you got!

DramaKing - May 8, 2025, 4:15 pm

Sounds like an exercise on developing a superiority complex.

Rsynced - May 8, 2025, 5:04 pm

(May 8, 2025 03:51 PM)Astonished Wrote: [\[CITE\]](#) Are you drunk by any chance?

"Everyone insult everyone"

Now this. Give me a bottle of whatever you got!

No bored. Just trying to troll... Seemed kinda dead on here.

(May 8, 2025 04:15 PM)DramaKing Wrote: [\[CITE\]](#) Sounds like an exercise on developing a superiority complex.

Yes, it is... ?

Lefty - May 8, 2025, 8:35 pm

I do this before I brush my teeth every morning. It works haha

Lyralei - May 8, 2025, 10:17 pm

Woah. I think that mirror needs a bit of cleaning first though.

Rsynced - May 9, 2025, 6:50 am

(May 8, 2025 08:35 PM)Lefty Wrote: [\[CITE\]](#) I do this before I brush my teeth every morning. It works haha

It really does!!!

No thank you mate, I'm good.