

Forum:[Hack Forums](#)

Thread: [Instagram Disabled Account](#)

Mr.Peanut II - May 29, 2025, 5:04 am

I'm not sure why this isn't talked more or acknowledged by the meta team or Instagram, but it seems like a lot of peoples Instagram accounts have been disabled, including myself. I don't see Facebook/ Meta post anything about this and neither have I seen Instagram post any information regarding this issue. Not only that, but there is virtually zero way to "live chat"/ contact their support team. This seems very off.... if you look at reddit, Instagrams App Store reviews, everyone is saying their account has been getting banned...

Walter - May 29, 2025, 5:15 am

I can get them unbanned in no time if you can afford to pay.

DramaKing - May 29, 2025, 5:22 am

Follow the ToS, and you won't get banned. Maybe it's the people that you hang out with.

Crystal Lord - May 29, 2025, 5:25 am

Perhaps it might be an attempt to hack your account so either instagram disabled it for security reasons. But if you said disabled not banned? That ability even users have to disable their own account.

Mr.Peanut II - May 29, 2025, 7:30 am

(May 29, 2025 05:22 AM)DramaKing Wrote: [\[CITE\]](#) Follow the ToS, and you won't get banned. Maybe it's the people that you hang out with.

Aggressive take, only post I have is my mom and I.

(May 29, 2025 05:25 AM)Crystal Lord Wrote: [\[CITE\]](#) Perhaps it might be an attempt to hack your account so either instagram disabled it for security reasons. But if you said disabled not banned? That ability even users have to disable their own account.

I would usually get an email, why would someone try to hack a small account with 1 photo?

DramaKing - May 29, 2025, 8:18 am

(May 29, 2025 07:30 AM)Mr.Peanut II Wrote: [\[CITE\]](#) Aggressive take, only post I have is my mom and I.

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I got banned from Facebook and Instagram before even completing Instagram signup. They have a review process.

Mr.Peanut II - May 29, 2025, 9:11 am

(May 29, 2025 08:18 AM)DramaKing Wrote: [\[CITE\]](#) I got banned from Facebook and Instagram before even completing Instagram signup. They have a review process.
that's rough, I just made a new acc, I can login from my desktop, but not phone.

Joel - May 29, 2025, 10:53 am

Google disabled my Gmail account recently for 'Abuse of Services' and what they meant by that is nothing. No one tried to hack it, it was linked to one of my ecommerce stores, over 15+ months of legit activity, never once sent an email. Didn't use any of the other Google services either so they can't even say I abused Google Drive or some other stupid shit. Account had a phone number

verified on it, also had recovery email and address set up lol.

I don't think AI is helping with moderation, it's actively making things worse. Thank god they let me re-activate it again.

toast e - May 29, 2025, 11:43 am

I Had an account i like memes and funny videos on. It said something like 'messaging and sharing limited to protect the community especially our younger users'. I Was confused, the only time i communicate with people are arguing sometimes in comment section. Anyway i found they reported a comment of mine from 2 years ago calling someone a bitch. 2 Weeks later all restrictions were lifted and status is good for my account. Weird.

People mentioned that liking certain comments or videos can flag your account by the AI they've implemented.

Mr.Peanut II - June 2, 2025, 8:14 am

(May 29, 2025 11:43 AM)toast e Wrote: [\[CITE\]](#) I Had an account i like memes and funny videos on. It said something like 'messaging and sharing limited to protect the community especially our younger users'. I Was confused, the only time i communicate with people are arguing sometimes in comment section. Anyway i found they reported a comment of mine from 2 years ago calling someone a bitch. 2 Weeks later all restrictions were lifted and status is good for my account. Weird.

People mentioned that liking certain comments or videos can flag your account by the AI they've implemented.

no way to contact support on meta or IG, I can't even login, but it is what it is lol

toast e - June 2, 2025, 5:04 pm

(Jun 2, 2025 08:14 AM)Mr.Peanut II Wrote: [\[CITE\]](#) no way to contact support on meta or IG, I can't even login, but it is what it is lol

Can i ask have they gave you an option to appeal? Maybe others here have methods to help you. Hope you get it sorted soon. It's a pain in the ass and Facebook / IG knows we're at their mercy.

Mr.Peanut II - June 3, 2025, 8:04 am

(Jun 2, 2025 05:04 PM)toast e Wrote: [\[CITE\]](#) Can i ask have they gave you an option to appeal? Maybe others here have methods to help you. Hope you get it sorted soon. It's a pain in the ass and Facebook / IG knows we're at their mercy.

Yea I appealed and Ig their AI system instantly denied and banned me in 1 minute of me submitting it.

Mooooookie - June 3, 2025, 8:13 am

(Jun 3, 2025 08:04 AM)Mr.Peanut II Wrote: [\[CITE\]](#) Yea I appealed and Ig their AI system instantly denied and banned me in 1 minute of me submitting it.

Instagram Appeals are mostly handled automatically with their AI.. and is why in most cases, the appeals are denied. Depending on the reason why the account was disabled, determines whether the appeal will be handled by their AI, or whether a human will review the account.. and a majority of their Ban Reasons are handled by their AI.

(May 29, 2025 09:11 AM)Mr.Peanut II Wrote: [\[CITE\]](#) that's rough, I just made a new acc, I can login from my desktop, but not phone.

That's because your device is device banned. Depending on the reason why your account was disabled, the more severe the Ban Reason, they will device ban you. Login with a clean mobile device, that has never had an Instagram Account attached to it, and you will be able to login on

mobile. Alternatively, I can give you a clone version of the Instagram App, which you will be able to use to login on your current device.. as it will make Instagram think you're using a different device then you're currently on.

ohsamiono - June 10, 2025, 2:35 am

Did you use a temporary number to activate the account?

Baphomet42 - June 17, 2025, 2:11 am

Oui je peux t'aider vient en prive

Rsynced - June 17, 2025, 5:42 pm

(Jun 3, 2025 08:13 AM)Mooooookie Wrote: [\[CITE\]](#) Instagram Appeals are mostly handled automatically with their AI.. and is why in most cases, the appeals are denied. Depending on the reason why the account was disabled, determines whether the appeal will be handled by their AI, or whether a human will review the account.. and a majority of their Ban Reasons are handled by their AI.

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I thought you can unban accounts [Mooooookie](#) ?

Mooooookie - June 17, 2025, 6:23 pm

(Jun 17, 2025 05:42 PM)Rsynced Wrote: [\[CITE\]](#) I thought you can unban accounts [Mooooookie](#) ? You though correctly, I can unban both Instagram and Facebooks, and typically within a 24 hour period depending on the time of the day the account was submitted. If someone doesn't reach out to me, then I can only assume they're not interested in my assistance.. or may not be willing to pay to get their account back, which is understandable. If the account wasn't an old account, or if it wasn't earning them money.. then I can see why one may not be willing to pay to get it back. Different strokes, for different folks I suppose.

In regards to the many accounts getting disabled under false pretenses.. this has always been a problem with Meta, but in recent weeks.. many users have reported that their main accounts/old accounts have been disabled for no reason. Both on Facebook & Instagram. And depending on the reason for the ban, Meta is also disabling any other Meta account that is connected to the device.

This is why I would suggest users to not connect their accounts, and don't attach multiple accounts to the same Instagram App, nor device. Keep everything separate.. as this leads to all the accounts being disable at once, if the Ban Reason is suitable. It's possible to run multiple Instagram Accounts from the same device safely, using cloning software, which will make Instagram detect each Instagram App as a new device. This is how you keep your accounts separated, so that if one gets disabled.. it doesn't risk getting the other accounts disabled. The cloning software available in the Playstore/AppStore, is not what you want.. as it's not capable of doing this, it doesn't change the correct parameters. You need custom cloning software for this.

Meta is aware of the accounts being disabled under false pretenses, but chooses to not acknowledge the problem. The problem has gotten so bad, that someone has created a petition in hopes of catching Meta's attention.. if you're account has been disabled under false pretenses, then you might consider signing it yourself.

Petition can be found here:

<https://www.change.org/p/meta-wrongfully-disabling-accounts-with-no-human-customer-support/>

Rsynced - June 17, 2025, 7:09 pm

(Jun 17, 2025 06:23 PM)Mooooookie Wrote: [\[CITE\]](#) You though correctly, I can unban both Instagram and Facebooks, and typically within a 24 hour period depending on the time of the day the account was submitted. If someone doesn't reach out to me, then I can only assume they're not interested in my assistance.. or may not be willing to pay to get their account back, which is understandable. If the account wasn't an old account, or if it wasn't earning them money.. then I can see why one may not be willing to pay to get it back. Different strokes, for different folks I suppose.

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Ok, thanks for all the information. I figured it was like that, I remember when ebay used paypal., you had to have multiple accounts on different devices to prevent paypal from limiting all your accounts at once. This happened once to me and I had over \$4000 in the main paypal account held for 180 days. Thank God they gave it back after 180 days.

Lefty - June 17, 2025, 10:53 pm

Wow. I haven't heard of this but I am a bit worried now ahah

SIM-5615252 - June 20, 2025, 6:23 pm

i'm sure someone on the forum can help you recover!

Mr.Peanut II - June 22, 2025, 11:14 am

(Jun 17, 2025 10:53 PM)Lefty Wrote: [\[CITE\]](#) Wow. I haven't heard of this but I am a bit worried now ahah

yea reddit pages and instagram reviews are blowing up

Mooooookie - June 22, 2025, 7:03 pm

(Jun 22, 2025 11:14 AM)Mr.Peanut II Wrote: [\[CITE\]](#) yea reddit pages and instagram reviews are blowing up

Multiple Tech Blogs, and Tech Websites have started covering the issue. Blame is being put on Meta transitioning to AI to handle all their appeals.. although a good percentage of their appeals

have always been handled thru AI.. but whatever changes they've made recently, has caused tens of thousands of accounts to be disabled under false pretenses.

I don't expect that they'll ever admit responsibility for the screw up, that's not in their nature. They'll eventually fix it, and carry on like nothing happened.

Tech Crunch Article Addressing The Issue:

<https://techcrunch.com/2025/06/16/instagram-users-complain-of-mass-bans-pointing-finger-at-ai/>

Digital Information World Addresses the Issue:

<https://www.digitalinformationworld.com/2025/06/users-locked-out-as-instagram-bans-and-facebook-verification-spark-uproar.html>

The Petition Has Reached 8,500+ Signatures And Climbing:

<https://www.change.org/p/meta-wrongfully-disabling-accounts-with-no-human-customer-support>