

Forum:[Hack Forums](#)

Thread: [Mental Health is REAL...](#)

Mooooookie - June 3, 2025, 6:25 am

Have you ever witnessed someone make a fool of themselves repeatedly.. everyone can see it, except for that person? What comes as common sense to the average person, doesn't come across as common sense to his person?

I don't claim to be the smartest person in the world, may not even be the smartest person in the room.. but I know I have common sense, and can clearly see when someone isn't fully there mentally. How do you deal with a subject like this? Do you continue to feed into their mental health madness? Or do you just do your best to try and ignore them, and continue doing your thing? What if you can't avoid them, as they're just as annoying as they are constantly putting themselves around you? Do you just continue to go about your life, or do you actually push the issue and do something about it?

Keep in mind, I had a girlfriend for at least 10 years that suffered from Bi-Polar, Anxiety, Borderline-Personality Disorder.. so dealing with a person with mental health issues is not something I'm unfamiliar with.. but the difference here is, I was dating that person. The subject I'm referring to in this thread, I have no relationship/friendship with.. I really don't even know them, or even want to know them for that matter.. but they continue to put their annoying self around me, while making a complete fool of themselves. How best to deal with a person like this?

Blockonome - June 3, 2025, 6:42 am

The fact that you allow yourself to be surrounded by people who are like that, should also be a great sign to yourself, that you might not have common sense.

Mooooookie - June 3, 2025, 6:52 am

(Jun 3, 2025 06:42 AM)Blockonome Wrote: [\[CITE\]](#) The fact that you allow yourself to be surrounded by people who are like that, should also be a great sign to yourself, that you might not have common sense.

I allow myself to be surrounded? Or did I say that the person puts themselves around me? Reading comprehension can take you far in life..

Rsyncd - June 3, 2025, 7:00 am

Just tell them to stop bothering you. If that doesn't work. Tell them you are going to call the cops if they don't stop bothering you. If that doesn't work, call the cops.

IS IT ANYTHING LIKE THIS?

[Video: <https://www.youtube.com/watch?v=0gfFTwivL1M>]

Mooooookie - June 3, 2025, 7:24 am

(Jun 3, 2025 07:00 AM)Rsyncd Wrote: [\[CITE\]](#) Just tell them to stop bothering you. If that doesn't work. Tell them you are going to call the cops if they don't stop bothering you. If that doesn't work, call the cops.

IS IT ANYTHING LIKE THIS?

This isn't even the type of scenario whereas the cops would be effective, it's not something they

would even look into as they haven't broken the law.. they're just super annoying, and are obsessed with trying to follow in my footsteps.. when that's clearly something that will never happen. I really wish they would get a life, and be themselves.. or find someone else to haggle.

I did find the video you attached to be pretty funny, so thanks for the amusement. You're always good for lightening the mood, or making someone laugh.. kudos to you.

Blockonome - June 3, 2025, 7:27 am

(Jun 3, 2025 06:52 AM)Mooooookie Wrote: [\[CITE\]](#) I allow myself to be surrounded? Or did I say that the person puts themselves around me? Reading comprehension can take you far in life..
If they in any way can affect your life, like how you describe it, then you allow it.

Mooooookie - June 3, 2025, 7:35 am

(Jun 3, 2025 07:27 AM)Blockonome Wrote: [\[CITE\]](#) If they in any way can affect your life, like how you describe it, then you allow it.
Right.

Like I said, I don't put myself around them.. they put myself around me. It's common knowledge that as humans, we can't control what others do.. so if a person is going out there way to provoke someone else, or continually putting themselves around said person when that person try's to avoid them at all costs... then there isn't anything said person can do to prevent them from "affecting their life" ... so while you entered the thread trying to be a smart ass, thinking you we're being funny.. when you clearly didn't comprehend what I said, none of what you're saying is aiding in giving a solution to my question. I'm not here to go back and forth with you, over your lack of comprehension to what I've said. Do us both a favor, and kindly find somewhere else to troll.

Rsynced - June 3, 2025, 7:49 am

(Jun 3, 2025 07:35 AM)Mooooookie Wrote: [\[CITE\]](#) Right.

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I am guessing it's not a woman right? Cause if that was the case you just need to tap dat ass like mr robots co-worker likes things like that...

Phantom_NiNja - June 3, 2025, 2:52 pm

(Jun 3, 2025 06:25 AM)Mooooookie Wrote: [\[CITE\]](#) Have you ever witnessed someone make a fool of themselves repeatedly.. everyone can see it, except for that person? What comes as common sense to the average person, doesn't come across as common sense to his person?

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Why would she do that and what do you mean follow in your footsteps? Just tell her off that you don't want her near you and that she is mental and weird. No one thinks she's cool and needs to leave you alone. If she cannot understand this. Tell her she's not welcome to your house.

You cannot control her. If she is at a cafe or at a friend's house and you're invited just ignore her. Even though he's annoying.

Just ignore her and only get the police involved if she keeps going to where you live. This is considered stalking.

Other than that there's nothing much that you can do about it. You will have to just ignore her at all cost.

It sounds like someone that loves to waste your time. Maybe jealous of your success and wants to waste your time so you can lose any progress in your life.

SIM-5457022 - June 6, 2025, 1:05 pm

(Jun 3, 2025 06:25 AM)Mooooookie Wrote: [\[CITE\]](#) Have you ever witnessed someone make a fool of themselves repeatedly.. everyone can see it, except for that person? What comes as common sense to the average person, doesn't come across as common sense to his person?

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What do you mean that she puts herself near you in every situation? What does she do that's annoying you too much?

toast e - June 6, 2025, 5:33 pm

Can you give a little more context? Is it a friend of someone inside your friend group or a co worker? It really depends on the situation, I would need to know a little bit more like an example of what happened that really upset you. Some mentally ill people have different ways of communicating or very poor ways of communication and some you wouldn't even know had mental problems. I find some of them don't realize or don't mean to annoy people, they are just really unaware maybe more in social settings. It could also just be someone who is really socially awkward. I have social anxiety and I say a lot of dumb shit.

Rsynced - June 7, 2025, 11:00 am

Just get the mind state that they are special or even think they are a retard. That's what I do... Seems like you are over focusing on this person, maybe you have a problem with obsession and over-analyzing things.

Just think when you first see the person, 'oh there is that retard, wonder what she will do next' laugh it off.

Jahad - June 7, 2025, 12:02 pm

You should be straight up about how you feel if it is that unbearable to be around them. If the person wants to follow in your footsteps, doesn't that mean they look up to you though? I agree people need to be themselves, but there's nothing wrong from wanting to learn from someone!

Mooooookie - June 7, 2025, 2:57 pm

(Jun 3, 2025 02:52 PM)Phantom_NiNja Wrote: [\[CITE\]](#) Why would she do that and what do you mean follow in your footsteps? Just tell her off that you don't want her near you and that she is mental and weird. No one think's she's cool and needs to leave you alone. If she cannot understand this. Tell here she's not welcome to you house.

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Other than that there's nothing much that you can do about it. You will have to just ignore her at all cost.

It sounds like someone that loves to waste your time. Maybe jealous of your success and wants to waste your time so you can lose any progress in your life.

It's not a she... I gave an example of a she that I dealt with in the past, who has multiple mental health issues... to point out the fact, I don't have a problem with people with mental health issues.. I don't single them, or look at them a specific way. I truly believe no one is perfect, and that everyone has their own mental health issues.. whether minor and insignificant, or whether they're on medication and seeing a doctor.. everyone has their own level mental health struggles. My point was that this person clearly has some unworked on mental health issues, the way they're behaving.

But yes, I agree with you... ignore them at all costs. That's already what I'm doing, I don't speak to them.. and I certainly don't put myself around them.. I was just seeing if anyone had been a similar situation, and had any solid advice that would be beneficial in dealing with the situation. They're not stopping anything that I'm doing, or anything like that.. they're just annoying. Appreciate your input.

(Jun 6, 2025 01:05 PM)SIM-5457022 Wrote: [\[CITE\]](#) What do you mean that she puts herself near you in every situation? What does she do that's annoying you too much?

It's not a she. But what I meant, is exactly what was said, that the person constantly puts themselves around me.. trying to be like me. I guess one could see it as flattering, but I don't. I see it as annoying. Be yourself. Don't try to be someone you're not. That's whats annoying me so much, the constant trying to mimic my movements. They're not even slick with what they're doing, they're blatantly going out their way to mimic what they see me do.. even when it doesn't bring them the results they're seeking.

(Jun 6, 2025 05:33 PM)toast e Wrote: [\[CITE\]](#) Can you give a little more context? Is it a friend of someone inside your friend group or a co worker? It really depends on the situation, i would need to know a little bit more like an example of what happened that really upset you. Some mentally ill people have different ways of communicating or very poor ways of communication and some you wouldn't even know had mental problems. I Find some of them don't realize or don't mean to annoy

people, they are just really unaware maybe more in social settings. It could also just be someone who is really socially awkward. I Have social anxiety and i say a lot of dumb shit.

Yes, you're right.. some people don't realize what they're doing, or that what they're doing is annoying... and is why I haven't done anything about it. But I'm pretty confident they know what they're doing.

No, they're not in my friend group, or friends with anyone that I'm friends with.. they're not a co-worker, I work for myself.. they're just someone that I guess may be lost in their own life, and looking for someone to mimic? I couldn't tell you whats up with them, as I don't speak to them. The whole trying to follow in my footsteps, there isn't much I can do about that.. as one doesn't have control over what the next person chooses to do. But let's be realistic, if they weren't trying so hard to follow in my footsteps, then they wouldn't be putting themselves around me in the first place... and we wouldn't be in the situation.

People need to be themselves, and not try so hard to be like someone else. God created us all unique for a reason.. so we could be ourselves. There is nothing wrong with seeing someone doing something, and wanting to do something similar. It's when you go out your way to copy everything you see that person doing, in an attempt to be just like them.. that it becomes a problem. And that's where we're at now.

(Jun 7, 2025 11:00 AM)Rsynced Wrote: [\[CITE\]](#) Just get the mind state that they are special or even think they are a retard. That's what I do... Seems like you are over focusing on this person, maybe you have a problem with obsession and over-analyzing things.

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If anything that person if overly focused on me, trying to follow in my footsteps, and trying to constantly put themselves around me. This is the first time I've ever spoken about this person, is in this thread. If I was overly focused on the person, I would be asking any and everyone I know, how should I deal with them... I would of seeked out advice from a professional.. or even went out of my way to make life hard for them.... I haven't done any of that. This is a forum for open discussion, and so I wanted the advice others who have been in the same position, and maybe had a solution to dealing with them.. without having to actually do something to them. I could never see this person again in life, and I wouldn't lose a second of sleep. I don't know if you just chose the wrong words, but I'm hardly focused on them.. what I want is for them to stop focusing on me. :)

(Jun 7, 2025 12:02 PM)Jahad Wrote: [\[CITE\]](#) You should be straight up about how you feel if it is that unbearable to be around them. If the person wants to follow in your footsteps, doesn't that mean they look up to you though? I agree people need to be themselves, but there's nothing wrong from wanting to learn from someone!

The person knows I don't like them.. it's no secret. That doesn't stop them from trying to put themselves around me, and trying to follow in my footsteps and copy the things they see I'm doing. And yes, you could say that someone following in your footsteps "looks up to you" ... or it also could mean that they're jealous of your position, and will do any and everything in their power, to try and mimic what they see you doing, despite if the end results have proven to not net the same results. People need to be themselves, and stop trying so hard to be like something they're not. It's nothing wrong with paying homage to someone, or getting an idea from someone and adding your own twist to it and see if it works for yourself.. but when the person is damn near trying to be a clone of you,

that's a problem. One they need to work with themselves.

Rsynced - June 7, 2025, 3:44 pm

(Jun 7, 2025 02:57 PM)Mooooookie Wrote: [\[CITE\]](#) It's not a she... I gave an example of a she that I dealt with in the past, who has multiple mental health issues... to point out the fact, I don't have a problem with people with mental health issues.. I don't single them, or look at them a specific way. I truly believe no one is perfect, and that everyone has their own mental health issues.. whether minor and insignificant, or whether they're on medication and seeing a doctor.. everyone has their own level mental health struggles. My point was that this person clearly has some unworked on mental health issues, the way they're behaving.

But yes, I agree with you... ignore them at all costs. That's already what I'm doing, I don't speak to them.. and I certainly don't put myself around them.. I was just seeing if anyone had been a similar situation, and had any solid advice that would be beneficial in dealing with the situation. They're not stopping anything that I'm doing, or anything like that.. they're just annoying. Appreciate your input.

It's not a she. But what I meant, is exactly what was said, that the person constantly puts themselves around me.. trying to be like me. I guess one could see it as flattering, but I don't. I see it as annoying. Be yourself. Don't try to be someone you're not. That's what's annoying me so much, the constant trying to mimic my movements. They're not even slick with what they're doing, they're blatantly going out their way to mimic what they see me do.. even when it doesn't bring them the results they're seeking.

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Why are they focusing on you so much anyways? Do they act like they want something from you?

Cryptify - June 7, 2025, 10:43 pm

is probably for the best to ignore this kind of people, ignoring will make them lose interest and eventually leave you alone

Mooooookie - June 8, 2025, 5:51 am

(Jun 7, 2025 10:43 PM)Cryptify Wrote: [\[CITE\]](#) is probably for the best to ignore this kind of people, ignoring will make them lose interest and eventually leave you alone

You're right.. and as much as this person is annoying, it's kind of entertaining watching them make a fool of themselves trying to be something they're not.

I'm typically not into watching people fail.. and will actually try and help someone, if I'm in the position to do so.. but when you're an annoying dick, be my guest.. and continue to fail until you can't fail anymore.

Whatisthepoll - June 8, 2025, 7:52 am

Maybe the person is trying something related to dark psychology?

Think about it and guess the persons goals/objectives with their approach.

Rsynced - June 8, 2025, 11:02 am

(Jun 8, 2025 07:52 AM)Whatisthepoll Wrote: [\[CITE\]](#) Maybe the person is trying something related to dark psychology?

Think about it and guess the persons goals/objectives with their approach.

Yes, maybe they are a real CREEPER!

Mooooookie - June 8, 2025, 11:28 am

(Jun 8, 2025 07:52 AM)Whatisthepoll Wrote: [\[CITE\]](#) Maybe the person is trying something related to dark psychology?

Think about it and guess the persons goals/objectives with their approach.

Tell me more. :) ..I'm not familiar with the subject. This person doesn't come across as someone that is that intelligent, not by the actions I've witnessed from them. I don't see them being into any

type of psychology. Maybe in their head they are, but what's going on in your head, and what's going on in reality are 2 different things.

(Jun 8, 2025 11:02 AM)Rsynced Wrote: [\[CITE\]](#) Yes, maybe they are a real CREEPER! While they don't give me creeper vibes.. they certainly give me weirdo vibes. It's hard to think that people behave like this on a daily basis. If they were actually making progress with what they were doing, then I could understand behaving as such. But it's more like 5 steps forward, 12 steps backwards.

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Do they ever do this?

Phantom_NiNja - June 8, 2025, 8:48 pm

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I don't get it what are they doing exactly? What do you mean like she wants to follow your footsteps? Like education wise? or like money wise?

What do you mean she isn't very smart?

(Jun 7, 2025 02:57 PM)Mooooookie Wrote: [\[CITE\]](#) It's not a she... I gave an example of a she that I dealt with in the past, who has multiple mental health issues... to point out the fact, I don't have a problem with people with mental health issues.. I don't single them, or look at them a specific way. I truly believe no one is perfect, and that everyone has their own mental health issues.. whether minor and insignificant, or whether they're on medication and seeing a doctor.. everyone has their own level mental health struggles. My point was that this person clearly has some unworked on mental health issues, the way they're behaving.

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Maybe they still love you and want to rekindle what you guys had.

Isn't this about your ex? What do you mean by mimic ? like trying to copy you on what education you have ?

You kept saying she's not smart enough to follow your footsteps. Why not be honest about it with her.

Just be like bro... you're dumb and will never get to my level of education and success and stop following you.

Whatisthepoll - June 17, 2025, 5:33 am

Youtube tutorials.

Don't need to be smart.

Mooooookie - June 17, 2025, 9:03 am

(Jun 8, 2025 08:48 PM)Phantom_NiNja Wrote: [\[CITE\]](#) I don't get it what are they doing exactly? What do you mean like she wants to follow your footsteps? Like education wise? or like money wise?

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Just be like bro... you're dumb and will never get to my level of education and success and stop following you.

I think you probably misread the OP, and the responses following it.. this has nothing to do with an ex, and it has nothing to do with a female. Lol. It has to do with a MALE.. that seems to not be all there in the head, that tries to mimic almost everything he see's me doing.. in hopes that he will achieve some of the same success as me, but rather then get the same results.. he's losing money, and I know this as a fact. And rather then take this as a hint, to just do his own thing.. and that you won't achieve the same results as someone by just copying what they're doing.. he continues to try anyway.

So yes, this is annoying.. nobody wants to deal with someone trying overly hard to mimic them. Be yourself.. do your own thing. The only enjoyment I'm getting out of it, is seeing them lose money trying. But it doesn't change anything, people need to learn to be themselves. I can understand if we were in grade school, and they didn't know any better.. but we're not. We're adults, with actual bushiness. If putting ones self in the negative just to want to be like someone else is what you call success.. then that person truly has mental health issues, that they need to work on.

Phantom_NiNja - June 17, 2025, 9:59 pm

(Jun 17, 2025 09:03 AM)Mooooookie Wrote: [\[CITE\]](#) I think you probably misread the OP, and the responses following it.. this has nothing to do with an ex, and it has nothing to do with a female. Lol. It has to do with a MALE.. that seems to not be all there in the head, that tries to mimic almost everything he see's me doing.. in hopes that he will achieve some of the same success as me, but rather then get the same results.. he's losing money, and I know this as a fact. And rather then take this as a hint, to just do his own thing.. and that you won't achieve the same results as someone by just copying what they're doing.. he continues to try anyway.

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I understand it now.

You posted this:

"Have you ever witnessed someone make a fool of themselves repeatedly.. everyone can see it, except for that person? What comes as common sense to the average person, doesn't come across as common sense to his person?

I don't claim to be the smartest person in the world, may not even be the smartest person in the room.. but I know I have common sense, and can clearly see when someone isn't fully there mentally. How do you deal with a subject like this? Do you continue to feed into their mental health madness? Or do you just do your best to try and ignore them, and continue doing your thing? What if you can't avoid them, as they're just as annoying as they are constantly putting themselves around you? Do you just continue to go about your life, or do you actually push the issue and do something about it?

Keep in mind, I had a girlfriend for at least 10 years that suffered from Bi-Polar, Anxiety, Borderline-Personality Disorder.. so dealing with a person with mental health issues is not something I'm unfamiliar with.. but the difference here is, I was dating that person. The subject I'm referring to in this thread, I have no relationship/friendship with.. I really don't even know them, or even want to know them for that matter.. but they continue to put their annoying self around me, while making a complete fool of themselves. How best to deal with a person like this?"

This is the part that needs to be redone " keep in mind, I had a girlfriend for at least 10 years that suffered from Bi-Polar, Anxiety, Borderline-Personality Disorder.. so dealing with a person with mental health issues is not something I'm unfamiliar with.. but the difference here is, I was dating that person. The subject I'm referring to in this thread, I have no relationship/friendship with.. I really don't even know them, or even want to know them for that matter.. but they continue to put their annoying self around me, while making a complete fool of themselves. How best to deal with a person like this?"

You make it sound like it was your ex girlfriends. You need to say that you have had experience with mental people in the past and then say that as an example. That part the way you wrote it makes it sound like this is the person you're talking about.

In that case the best thing to do is ignore them. If they're losing money let them lose money. You cannot fix stupid.

Either let them be or if you're like me. I would just tell them off and be like do your own thing. Tell them you can't get to where you're at right now.

So, they should find something else to do.

Lefty - June 17, 2025, 10:52 pm

I am glad that we are taking it more seriously. I know so many people that need serious help, the resources just haven't caught up yet

SIM-5615252 - June 19, 2025, 4:43 pm

It sounds incredibly frustrating to deal with someone who consistently lacks self-awareness and

disrupts your peace... remember, you can't control their actions, but you can control your reactions and how much you let their behavior affect you! focus on setting boundaries and protecting your peace...

Mooooookie - June 19, 2025, 10:12 pm

(Jun 19, 2025 04:43 PM)SIM-5615252 Wrote: [\[CITE\]](#) It sounds incredibly frustrating to deal with someone who consistently lacks self-awareness and disrupts your peace... remember, you can't control their actions, but you can control your reactions and how much you let their behavior affect you! focus on setting boundaries and protecting your peace...

Frustrating is an understatement.. but refreshing when I see others understand what I'm dealing with. You're 100% right in stating we have no control over the next persons actions.. I try and make their actions, have as little impact on my own daily life as possible. It's the whole "putting themselves around me" that can be a bit irritating. I personally don't care what they do to a certain extent. As long as it doesn't have any impact on what I do, then I'm good. As I told the other user, the only enjoyment I get out of the whole scenario is watching them lose money each week trying to keep up.

I've had others tell me they notice it themselves, so I'm not alone in my feelings of that their behavior is extremely strange, and not one of a normal level headed individual.. but what can one do? Other then sit back and watch the shit show. It's like having child, that you didn't know you had. Haha.

(Jun 17, 2025 09:59 PM)Phantom_NiNja Wrote: [\[CITE\]](#) - SNIP -

You make it sound like it was your ex girlfriends. You need to say that you have had experience with mental people in the past and then say that as an example. That part the way you wrote it makes it sound like this is the person you're talking about.

In that case the best thing to do is ignore them. If they're losing money let them lose money. You cannot fix stupid.

Either let them be or if you're like me. I would just tell them off and be like do your own thing. Tell them you can't get to where you're at right now.

So, they should find something else to do.

But I made it very clear in the follow up posts, that it was NOT a female.. and that it was NOT an ex. I can see how reading the OP, you might get confused.. but if you follow the conversation, you would see I have stated more then once that it's not a female, nor my ex.. and that it's a male.

But yes, you're right.. you said it as perfectly as it can be said... you cannot fix stupid.

If this was back in the day, then yes I would of told them off. But I've since grown out of that mentality.. I try and avoid arguments, and unnecessary confrontations when I can.. as I'm normally willing to take it to the next level, if they push me far enough.. and the outcome from that isn't what I want. I've been in an out of trouble for a good portion of my life when I was in my 20s.. I try and avoid that type of stuff whenever possible nowadays... and try and just focus on business moves.

The Pact - June 20, 2025, 12:29 am

I try to be kind but if they are annoying me I will try to be kindly but distant.

Mooooookie - June 23, 2025, 5:55 am

(Jun 20, 2025 12:29 AM)The Pact Wrote: [\[CITE\]](#) I try to be kind but if they are annoying me I will try to be kindly but distant.

You can only be so kind to someone.. I rarely have problems with people, as I don't go around causing issues with people.. that's just not something I do. Now whether a person has a problem with me for their own reasons.. that's their own problem, but it won't be for me going out my way to

bother them or cause harm to them. My life isn't that bad, that I need to go around trying to make other people feel bad, for my own satisfaction.

But as I said, you can only be so kind to someone. If a person just can't get right on their own end, why would it be on me to go out of my way to be kind to them? I'm not the person who had a problem in the first place, and I'm no one's counselor! And just to be clear, I did reach out to the person when I first noticed they were attempting to clone me.. in an attempt to figure out what was up with them, I was even willing to help them out.. and they just continued on with their mimicking and being annoying. The more time that passes, the more I see how desperate they are to want to be accepted and fit in. That seems more like an insecurity issue, then a problem with me.

Imagine putting yourself in the negative, over and over again.. just to try and make it seem like you're in the same boat as someone else. Does that not sound like a personal problem? Would you do that? You seem like a pretty level headed person, I'm pretty sure you wouldn't. If something isn't working, you don't just keep repeating the same mistake over and over again, expecting to get a different result. That's literally the definition of insanity.

The Pact - June 23, 2025, 6:28 am

(Jun 23, 2025 05:55 AM)Mooooookie Wrote: [\[CITE\]](#) You can only be so kind to someone.. I rarely have problems with people, as I don't go around causing issues with people.. that's just not something I do. Now whether a person has a problem with me for their own reasons.. that's their own problem, but it won't be for me going out my way to bother them or cause harm to them. My life isn't that bad, that I need to go around trying to make other people feel bad, for my own satisfaction.

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So, they are following you around and coping you at work? Or in some type of school?

Phantom_NiNja - June 23, 2025, 10:34 pm

(Jun 23, 2025 05:55 AM)Mooooookie Wrote: [\[CITE\]](#) You can only be so kind to someone.. I rarely have problems with people, as I don't go around causing issues with people.. that's just not something I do. Now whether a person has a problem with me for their own reasons.. that's their own problem, but it won't be for me going out my way to bother them or cause harm to them. My life isn't that bad, that I need to go around trying to make other people feel bad, for my own satisfaction.

But as I said, you can only be so kind to someone. If a person just can't get right on their own end, why would it be on me to go out of my way to be kind to them? I'm not the person who had a problem in the first place, and I'm no one's counselor! And just to be clear, I did reach out to the person when I first noticed they were attempting to clone me.. in an attempt to figure out what was up with them, I was even willing to help them out.. and they just continued on with their mimicking and being annoying. The more time that passes, the more I see how desperate they are to want to be accepted and fit in. That seems more like an insecurity issue, then a problem with me.

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What do you mean they're tryin to mimic you? Like try and get the same education and job as you? What did others say about the person? Just curious. I don't understand how the person is annoying?

Sakupen - June 24, 2025, 12:30 pm

mental health is infact very real

Infinity. - June 24, 2025, 2:40 pm

Is not really accepted in the community

plops - June 24, 2025, 5:42 pm

(Jun 3, 2025 06:25 AM)Mooooookie Wrote: [\[CITE\]](#) I don't claim to be the smartest person in the world, may not even be the smartest person in the room.. but I know I have common sense, and can clearly see when someone isn't fully there mentally. How do you deal with a subject like this? Do you continue to feed into their mental health madness? Or do you just do your best to try and ignore them, and continue doing your thing? What if you can't avoid them, as they're just as annoying as they are constantly putting themselves around you? Do you just continue to go about your life, or do you actually push the issue and do something about it?

You are creating a world that anyone you don't like has a mental illness. That alone, might as well be a retardation.

What we face is fake to the next person. When the panic hits, those deep breaths are hard to measure for the weak.

Mooooookie - June 25, 2025, 5:12 am

(Jun 23, 2025 06:28 AM)The Pact Wrote: [\[CITE\]](#) So, they are following you around and coping you at work? Or in some type of school?

I answered this already earlier in the thread.

(Jun 23, 2025 10:34 PM)Phantom_NiNja Wrote: [\[CITE\]](#) What do you mean they're tryin to mimic you? Like try and get the same education and job as you? What did others say about the person? Just curious. I don't understand how the person is annoying?

I answered this earlier in the thread. What have other said? They said that they thought it was strange behavior, and that I should just try and ignore the person. It's not something that I've gone around asking a bunch of people, as it's not that serious. I wrote this thread, because this is a forum for discussion. Nothing more.

(Jun 24, 2025 12:30 PM)Sakupen Wrote: [\[CITE\]](#) mental health is infact very real
It indeed is. How we deal with our mental health struggles is what really counts.

(Jun 24, 2025 02:40 PM)Infinity. Wrote: [\[CITE\]](#) Is not really accepted in the community
What's not really accepted? I don't think people have a choice whether they accept it or not, as we don't have any control over the next person and how they deal with their own issues. I know a guy that I grew up with, completely unrelated to this situation.. who has BiPolar disorder... and despite knowing that when he takes his medication, that his life is more manageable and easier to deal with.. he still doesn't like to take his medication. His reason being, he said he doesn't like to feel dependent on medication.. which is understandable. Despite his struggles.. me and this person have talked with each other everyday since we were in high school.

But in the same light, I feel if you're going to avoid taking medication that you know is going to aid in making your life a little easier to manage.. then you should find an alternative way to deal with said problem.. i.e. counseling, group therapy, one on one therapy sessions, etc.

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It sounds more like you might have a problem with reading comprehension. According to you.. "You are creating a world that anyone you don't like has a mental illness." ..if you gathered that from what you read in this thread, then you obviously didn't comprehend anything that you read.

Nowhere in this thread did I say anything along the lines of "I ran into multiple people, who are overly annoying me.. and I think they all have all have a serious mental health problem" ... nowhere in this thread did I mention having a problem with multiple people, period.. so for you to come to the conclusion that "that anyone you don't like" wouldn't even match any of the statements I've said.

I mentioned specifically having an issue with ONE PERSON... so where would you get that it implied to "anyone that you don't like" ...? This is why reading comprehension can take you far in life. If you can't comprehend something, then simply ask.. but don't just start making things up, to fit your own narrative. There are plenty of people that I don't necessarily like, and guess what? We don't have an issue with each other.. you know why? Because we don't deal with each other. Just because you don't like someone, that doesn't mean you have to hate the person. Now if the person is going out there way to try and intervene with your life, then it's only natural that it would cause an issue after a while. This should all be common sense, and not even sure why I would need to explain this.

On top of this, I gave multiple examples of things the person was doing.. that are out of the norm, which obviously multiple agreed aren't normal. Maybe you thought the things I mentioned that they were doing were normal to you, and are things you would do yourself.. who knows, but either way.. your statements, and what was stated in the thread don't align.

Infinity. - June 25, 2025, 6:29 am

(Jun 25, 2025 05:12 AM)Mooooookie Wrote: [\[CITE\]](#) What's not really accepted? I don't think people have a choice whether they accept it or not, as we don't have any control over the next person and how they deal with their own issues. I know a guy that I grew up with, completely unrelated to this situation.. who has BiPolar disorder... and despite knowing that when he takes his medication, that his life is more manageable and easier to deal with.. he still doesn't like to take his medication. His reason being, he said he doesn't like to feel dependent on medication.. which is understandable. Despite his struggles.. me and this person have talked with each other everyday since we were in high school.

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Sorry, I wasn't clear with my first reply.

You are right, mental health is real.

I'm not sure where you're from, but in many non-Tier 1 countries, mental health is still heavily stigmatized. Social communities often fail to acknowledge it as a legitimate concern and instead treat those struggling with it as outcasts.

For example, if you tell your neighbors or community that you've been in an accident and injured your hand or leg, or that you've caught the flu, people will likely show concern. They might visit your home, offer support, and express sympathy to you and your family.

But the moment you say you're struggling mentally or need help with your mental health, the reaction changes. People often begin to see you differently—sometimes with discomfort, judgment, or even avoidance. It's a clear reflection of how far we still have to go in normalizing mental health conversations in many parts of the world.

The Pact - June 25, 2025, 6:35 am

(Jun 3, 2025 06:25 AM)Mooooookie Wrote: [\[CITE\]](#) Mental Health is REAL..

You should stop using the phrase "mental health" when you actually mean mental illness. Mental health is good. When people talk like this it actually sounds really stupid. Sorry.

Riot - June 26, 2025, 2:05 am

Oh wow, my wife is bipolar and borderline personality as well.. I just signed a restraining order.

Phantom_NiNja - June 26, 2025, 1:25 pm

(Jun 25, 2025 05:12 AM)Mooooookie Wrote: [\[CITE\]](#) I answered this already earlier in the thread.

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It indeed is. How we deal with our mental health struggles is what really counts.

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On top of this, I gave multiple examples of things the person was doing.. that are out of the norm, which obviously multiple agreed aren't normal. Maybe you thought the things I mentioned that they were doing were normal to you, and are things you would do yourself.. who knows, but either way.. your statements, and what was stated in the thread don't align.

No, you didn't answer it. All you been saying is that some guy that you know isn't right in the head and has mental illness and you know this because you had an ex girl that you knew that had it. Then you said they annoy you because they mimick you and put themselves around you even though you tried to avoid the person.

You don't ever talk about details as to what do you mean mimick you? You just say whatever you do he does. That doesn't answer the question.

Do you mean going to college the person follow what major you're doing so they do it and what job you have they apply to the same job?

this is what I am asking how are they mimicking you in an annoying way?

I know you said they put themselves around you in public situations. Or is it like you go to Mcdonalds and they are like I am going too and drive to the location just to spy on your or something?

In the thread you only say they mimick you in an annoying way and follow you and put themselves around you when you tried to avoid them.

This doesn't give contacts as to what they're doing to mimic you and why it annoys you. Other than you said they act like you.

Is it like that going to the same college to get the same degree to get the same job? Or is it like they watch you go buy a car at a dealership so they go and do the same buy the same car with the same color and from the same dealership with the same deal?

Or do you mean mimic as in they see you walking around the block and they would the same path and imitate the same walking style as as you and if you stopped and danced at an intersection they would do the same?

Like mimick as in physically ask the same way as you or mimick like any financial decisions like going to school or doing things that make money like starting a business.

If it's the latter one then it's just a person that's cheating or a known cheater.

TKMiln3357 - July 1, 2025, 4:55 pm

Agree 100000% too many people don't understand that

Secrets - July 1, 2025, 5:36 pm

Seems like you're deeply invested by the looks of this thread. Putting a stop to it doesn't seem out of reach.

Get a harassments complaint. If it's at work, there's laws and rules to protect your safe space. I get this is a discussion forums, but 9/10 I can tell you, your resolutions is outside HF.

The Pact - July 1, 2025, 5:40 pm

The title of this thread is fucking stupid as fuck, and so it is annoying as fuck I'm sorry. Were you trying to say that mental illness is real, or a real problem? The title of this thread is so annoying.

Mooooookie - July 13, 2025, 7:37 am

(Jun 26, 2025 02:05 AM)Riot Wrote: [\[CITE\]](#) Oh wow, my wife is bipolar and borderline personality as well.. I just signed a restraining order.

Ahh, so you know exactly what it's like to deal with a person suffering from that. Can be the greatest of times, and can also be the worst of times.. depending on which mood they're in that day. Sorry that things had to get to the point of a restraining order. Hope they work themselves out in the long run.

(Jun 26, 2025 01:25 PM)Phantom_NiNja Wrote: [\[CITE\]](#) No, you didn't answer it.

-snip-

I did answer your question, and I also mentioned that I wasn't going to go further into detail about it. I shared the parts that I felt were necessary to share, enough for someone to get a feel of the situation.. and I've gotten great feedback from multiple people in regards to it.. so I think that would indicate enough information was shared. I've dropped numerous hints to what I'm talking about, without speaking about it directly, you just have to be able to read between the lines. If you're unable to grasp what I'm implying, that's totally understandable.. but that's as much detail as I'll be going into. I'm leaving out specific details for a reason.

(Jun 25, 2025 06:35 AM)The Pact Wrote: [\[CITE\]](#) You should stop using the phrase "mental health" when you actually mean mental illness. Mental health is good. When people talk like this it actually sounds really stupid. Sorry.

I said Mental Health Problems.. Mental Illness is a problem that stems from someone's mental health.. hence Mental Health Problem, I'm well aware of what I typed. You being overly concerned about the title of the thread/how I summarized something, could be seen as "really stupid" .. but you don't hear me crying about it.

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Deeply invested? Not sure how much of the thread you've read, but I've already mentioned this is the only place I've ever discussed this. This is a public discussion forum, where people share their thoughts and opinions on subjects.. this is the lounge, a place open for a variety of topics.. so what better place to share it?

I brought it up on here to see if anyone else has been in a similar situation, and for them to share their opinion on what they would do if they was in the same situation. If it was something deeply concerning, I wouldn't be writing a thread about it, and I would have long done something about it.

I won't be filing any complaints, or anything along them lines.. as I mentioned, it doesn't have any impact on anything I'm doing, other than it being overly annoying. Watching someone go out their way to try and mimic the things I'm doing, and them ending up in the negative, is enough gratification for me.. and I mean that.

If you've ever had someone go out their way to copy things you were doing.. whether it be at work, school, online, at a job, wherever.. at some point it would start to become annoying. Especially if you know they're doing it purposely in attempt to irritate you. But as I've said, in the long run of things.. they're failing, so karma is taking care of itself.

(Jul 1, 2025 05:40 PM)The Pact Wrote: [\[CITE\]](#) The title of this thread is fucking stupid as fuck, and so it is annoying as fuck I'm sorry. Were you trying to say that mental illness is real, or a real problem? The title of this thread is so annoying.

You keep saying things like "sound really stupid" .. "is annoying" .. then saying "I'm sorry".. what are you saying sorry for? If that's how you feel, that's how you feel. Your opinion doesn't mean enough, to make me care if you're trying to take a shot at me.. at the end of the day, we're on the internet.

If you're annoyed by something simple as a thread title, then it's probably best if you just stay away from that thread all together. Thread wasn't meant for you, or anyone to get overly emotional over.. it's not that serious. Multiple people have read, and responded with their opinion.. with out getting bothered, so no clue why you're bent out of shape over it. But as I said, if it bothers you that much.. best thing you could do is stay away from it.

We're on the internet, you shouldn't allow things this minute get under your skin.

The Pact - July 13, 2025, 10:59 am

(Jul 13, 2025 07:37 AM)Mooooookie Wrote: [\[CITE\]](#) Ahh, so you know exactly what it's like to deal with a person suffering from that. Can be the greatest of times, and can also be the worst of times.. depending on which mood they're in that day. Sorry that things had to get to the point of a restraining order. Hope they work themselves out in the long run.

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I said Mental Health Problems.. Mental Illness is a problem that stems from someone's mental health.. hence Mental Health Problem, I'm well aware of what I typed. You being overly concerned about the title of the thread/how I summarized something, could be seen as "really stupid" .. but you don't hear me crying about it.

Deeply invested? Not sure how much of the thread you've read, but I've already mentioned this is the only place I've ever discussed this. This is a public discussion forum, where people share their thoughts and opinions on subjects.. this is the lounge, a place open for a variety of topics.. so what better place to share it?

I brought it up on here to see if anyone else has been in a similar situation, and for them to share their opinion on what they would do if they was in the same situation. If it was something deeply concerning, I wouldn't be writing a thread about it, and I would have long done something about it.

I won't be filing any complaints, or anything along them lines.. as I mentioned, it doesn't have any impact on anything I'm doing, other than it being overly annoying. Watching someone go out their way to try and mimic the things I'm doing, and them ending up in the negative, is enough gratification for me.. and I mean that.

If you've ever had someone go out their way to copy things you were doing.. whether it be at work, school, online, at a job, wherever.. at some point it would start to become annoying. Especially if you know they're doing it purposely in attempt to irritate you. But as I've said, in the long run of things.. they're failing, so karma is taking care of itself.

You keep saying things like "sound really stupid" .. "is annoying" .. then saying "I'm sorry".. what are you saying sorry for? If that's how you feel, that's how you feel. Your opinion doesn't mean enough, to make me care if you're trying to take a shot at me.. at the end of the day, we're on the internet.

If you're annoyed by something simple as a thread title, then it's probably best if you just stay away from that thread all together. Thread wasn't meant for you, or anyone to get overly emotional over.. it's not that serious. Multiple people have read, and responded with their opinion.. with out getting bothered, so no clue why you're bent out of shape over it. But as I said, if it bothers you that much.. best thing you could do is stay away from it.

We're on the internet, you shouldn't allow things this minute get under your skin. Because I did NOT want to take a shot at you. I just don't get this "Mental Health is Real," thing. What the fuck is it supposed to mean? I have seen other people randomly post that sentence as well. ???

SIM-5022267 - July 13, 2025, 6:06 pm

Can be more specific please? This is an online anonymous forum, just say what exactly is happening, is this a coworker, classmate, what's going on?

The guy sounds like he's clustered B personalities, they mimick and copy people a lot, stalk people, and fixate on people.

Popular - July 13, 2025, 7:11 pm

Have you tried being a mean dick head to them? Make it miserable to be around you, they should disappear :P

RemoteAccessTrojanSaarPls - August 13, 2025, 12:34 pm

(Jul 13, 2025 06:06 PM)SIM-5022267 Wrote: [\[CITE\]](#) Can be more specific please? This is an online anonymous forum, just say what exactly is happening, is this a coworker, classmate, what's going on?

The guy sounds like he's clustered B personalities, they mimick and copy people a lot, stalk people, and fixate on people.

Ask the fixater that will she suck on your cock. Chances are good, although it doesn't worth it if she's not attractive. Not worth to just put inside those.

aerozprit - August 20, 2025, 5:09 pm

Are mental health problems even real? OR ARE THEY JUST A WAY TO CATEGORY PEOPLE? Everyones brains are different, and the way how your brains are build is 100% related to your childhood. If you kicking the dog to head when it's puppy probably it's going to bite when it's adult. So actually people are the ones who create people that is threat to others or threat to the SOCIETY.

There is a plenty of people that wants just to see the world burning because it's normal TO THEM. They may have common sense but their COMMON SENSE is just different than yours... like psychopaths or sociopaths are just humans that are very smart and made by the environment. They say that psychopaths don't feel at all... The question is do still feel and they just don't understand the feelings because the growth environment? It's also related to the environment where the mother lived when the baby was in belly. EVERYTHING IS CONNECTED. There are patterns FOR FUCKING EVERYTHING. Everybody is just humans and even if they are stupid they are smart BUT can they figure it out just by them selfs? So when you are thinking how I would deal with person like how you described is that I'm trying to understand them because not all of us is going to have good life. You spoke about your ex girlfriend was she made by an environment? 100% yes because humans are the mirror of their own environment. If you put narky for a year to the room where is only millionares the narcotics is going to be one of them. BUT if you put a millionaire to the full room of narcs it's going to be one of them. Life is actually very black and white. People who have "mental issues" are just people with bad environment and they are going to make decisions with the way that their environment would do. After all everyones mind works at the same way, it just depends how deep you are in the rabbit hole. If I was alice I would chase the cat because cat symbolizes self-confidence. That's why psychopath kill the cats first because they are unsecure about how they feel. I dunno what the fuck was the question, just woke up drunk as hell but hopefully u get something from my text. My girlfriend and I got a fight about childrens in the beginning of the year. We don't even have babies and we before that conversation we had talk last time 5 years ago. So are we mental ill cause we had fight from things that not are even real, probably. Or do we just care about each other still? Maybe. I dunno but we can't be together even if both would love each others because we both see the world from so different levels. IS IT A COMMON SENSE TO NOT TO GO TOGETHER, probably yes OR NOT. There is no common sense there is just fucking stupid bald monkeys with communication skills. Are humans are stupid because we still don't know WHAT THE FUCK everything around is, or are we smart animals because we know and have the knowledge to make this kind of society where the bald monkeys fucking pay taxes. Maybe we are fucking stupid one monkeys because the real monkeys don't even pay the taxes. Or what if they pay the taxes with bananas to the monkey government. So the think is that everyone have mental fucking issues if they think money is natural think :D Was the money even founded 15 000 years ago?

The Pact - October 19, 2025, 3:51 am

(Jun 24, 2025 12:30 PM)Sakupen Wrote: [CITE](#) mental health is infact very real

No, it is not real at all. I hate the thread title and when people say this. It's so damn stupid.