

Forum:[Hack Forums](#)

Thread: [Grandma died - But now she rest in peace](#)

skull - July 10, 2025, 12:39 am

My grandmother died this Saturday.

And I'm on my way to the funeral.
Is it normal to not be sad for her death?

Like I feel it's good for her, she deserved to finally die, at an age of 95 with active cancer, she had a long and good life.

But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.
Is this normal to feel such way?

Of cause I could be sad for ME, that I lost my grandma, but it's really only about her.

P??sonl?af - July 10, 2025, 12:41 am

My condolences [skull](#)

I would not say it's normal not to feel sad but more on you should feel how you feel.
I remember when my grandma died I didn't feel sad either. A bit of a similar situation.
She had a long good life, just the last years were not that great for her.

The Pact - July 10, 2025, 2:00 am

(Jul 10, 2025 12:39 AM)skull Wrote: [\[CITE\]](#) My grandmother died this Saturday.

And I'm on my way to the funeral.
Is it normal to not be sad for her death?

Like I feel it's good for her, she deserved to finally die, at an age of 95 with active cancer, she had a long and good life.

But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.
Is this normal to feel such way?

Of cause I could be sad for ME, that I lost my grandma, but it's really only about her.

I'm glad I opened this thread after all. What you are saying is loving and caring I think. My mother got this weird, rare form of Alzheimer's you get when you're quite young.

I was glad when my mother died after 8 years rapid deterioration because the Alzheimer's was all so humiliating for someone who had a PhD and had been so intelligent, it was like a horror show. I felt exultant and glad she was free. Apparently she died from cancer too although no one even knew she had cancer before she died because she didn't talk any more the last three years so she couldn't tell her symptoms to anyone, so they were only discovered after death.

?inimalist - July 10, 2025, 2:04 am

I'm sorry for your loss mate!

My grandpa died 2 years ago and he was 85 years old. I was sad like same day but I was thinking many times, okay he lived his life in maximum, with own kids, grandkids and he died happy and peace.

So why to be sad ? Okay we lost loved person but one day we gonna die hope probably same age.

skull - July 10, 2025, 2:08 am

(Jul 10, 2025 02:00 AM)The Pact Wrote: [\[CITE\]](#) I'm glad I opened this thread after all. What you are saying is loving and caring I think. My mother got this weird, rare form of Alzheimer's you get when you're quite young.

I was glad when my mother died after 8 years rapid deterioration because the Alzheimer's was all so humiliating for someone who had a PhD and had been so intelligent, it was like a horror show. I felt exultant and glad she was free. Apparently she died from cancer too although no one even knew she had cancer before she died because she didn't talk any more the last three years so she couldn't tell her symptoms to anyone, so they were only discovered after death.

Sorry for your loss. But sometimes it's better for them to pass on. Even though it can be hard for the ones they leave behind. But you are right to be happy for them, sometimes it's better that way. Sorry for your loss

HOMODIN - July 10, 2025, 2:18 am

First of all, I'm sorry for your loss.

If she wasn't well and in constant pain (or under heavy medication) then her going was the best thing for her indeed and it's something to be "happy" about, I see that as normal indeed. One can be both sad and happy at the same time, sad due to the loss and happy because the suffering is over.

junooo - July 10, 2025, 2:40 am

I'm sorry for your loss <3

Everyone grieves differently, and there's really no "right" way to feel. Try not to worry about what other people think you should feel. I've had losses where I didn't react much at first, but it hit me later in my own way. Just let it be whatever it is for you. <3

TWIXX - July 10, 2025, 3:13 am

Who knows, maybe death is a good thing

Joel - July 10, 2025, 4:48 am

(Jul 10, 2025 12:39 AM)skull Wrote: [\[CITE\]](#) My grandmother died this Saturday.

And I'm on my way to the funeral.

Is it normal to not be sad for her death?

Like I feel it's good for her, she deserved to finally die, at an age of 95 with active cancer, she had a long and good life.

But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.

Is this normal to feel such way?

Of cause I could be sad for ME, that I lost my grandma, but it's really only about her.

My Granda just died on Monday and grief doesn't always hit immediately, even if you don't feel sad now you will later. And you're allowed to be sad and happy for different reasons.

I haven't cried or really felt anything yet either but this isn't my first rodeo, it's my 3rd this year alone,

the pain/sadness always comes eventually and crying is a completely natural response to being pent-up, even a small cry can do you a world of good. Instant catharsis.

And when my Granny died in 2017 it was a similar situation to yours, she had throat cancer and it was slowly eating away at her, the cancer lead to her developing early on-set alzheimers making the last 6 months of her life absolutely horrific for her, she was always scared saying complete nonsense and when she finally died it was someone I didn't recognise, it wasn't my Granny anymore, it took me 5 weeks before I cried or mourned her and I didn't even get the active choice, my body woke me up in the middle of the night and I had already been crying in my sleep.

For anyone reading this my Granda was completely fine 1 week ago and now he is dead, call any of the family members you haven't seen in ages because all it takes is a few days for that person to be completely gone forever.

Mech - July 10, 2025, 6:32 am

I'm sorry for the loss of your grandmother however, it's completely normal to feel the way you do. Everyone grieves in their own unique way, and your feelings are valid. Given her long, fulfilling life and the pain she endured in her final years, it's understandable and even compassionate to feel relief or happiness that she's no longer suffering.

Rahul007rhp - July 10, 2025, 7:56 am

So sorry for your loss of your late grandmother.
More strength to you amd your family

Cap - July 10, 2025, 8:28 am

I'm sorry to hear her passing. If she's been fighting and struggling with cancer, then I understand why you feel relief and happy that she's moved on. The pain is gone now and she is no longer struggling. Yes, it sucks when you lose a loved one, but it's also a breath of fresh air if they've been in pain for so long and now they are free. Totally a normal feeling.

jcole - July 10, 2025, 8:49 am

I'm sorry for your loss [skull](#) I'm sending you my condolences, and praying for you. I don't think it's abnormal to not feel sad. This is why after people pass away there is a Celebration of Life to celebrate the life they have lived.

Err0rX - July 10, 2025, 7:17 pm

(Jul 10, 2025 12:39 AM)skull Wrote: [CITE](#) My grandmother died this Saturday.

And I'm on my way to the funeral.
Is it normal to not be sad for her death?

Like I feel it's good for her, she deserved to finally die, at an age of 95 with active cancer, she had a long and good life.

But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.
Is this normal to feel such way?

Of cause I could be sad for ME, that I lost my grandma, but it's really only about her.
I understand you. When my closest friend passed away, I didn't feel much at first, but after about a week, I started to feel more.

Everyone processes loss in their own way, and it's okay to feel whatever you feel.

(Jul 10, 2025 12:39 AM)skull Wrote: [\[CITE\]](#) My grandmother died this Saturday.

And I'm on my way to the funeral.
Is it normal to not be sad for her death?

Like I feel it's good for her, she deserved to finally die, at an age of 95 with active cancer, she had a long and good life.

But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.
Is this normal to feel such way?

Of cause I could be sad for ME, that I lost my grandma, but it's really only about her.
I think it's perspective. Most including me would think like you if a person reaches the age of 90 and above. It's a happy moment because we are told we can live up to 100 years if we are healthy. We are told at a young age.

That everything has a lifespan and humans are up to 100. However, I was told before mosses and his arch.

I was told humans never eaten meat or animals before that. They started eating meat at those dates.

Before that time people used to last up to 1,500 years old the most but after eating meat that age span decreased.

To now where it's just 100 if you're lucky.

However, for me just going funerals and seeing people die makes me weird and sad. I know my parents will die one day.

However, when I attend funerals I always think about that and feel like I won't be able to handle it. I then get confused as to why

these people that lost their loved one don't just stop functioning. For me I mean most of my life so far is always talking to my parents.

I used to ha some friends but over the years greed turned them away from me. Their parents started businesses and then once it grew to a point they moved away from me and those that I knew stopped communicating with me. I still am friends with them on facebook. They never reached out and I have called them many times and have given them my phone number. This included my best friend. I eventually found out by other kids I knew that my best friend was talking to others and was talkin crap about me about how I am poor and don't have as much as his family so they won't associate with me because there's a class difference now. I even caught his uncle talking to him before they moved telling him to not talk to me and to make new friends that you can use to climb the corporate ladder.

Anyways, the reason brining that up is that I currently have zero friends. I mean I have a ton of Internal Medicine Residency program at UH Geauga Medical Education.. I know a lot of people from my highschool and college but never hung out. Knowing this makes me fear for the future where when my parents are one I will be alone. I mean I make effort on trying to be friends with people but the people that live in my area have been greedy and are stuck up. They would keep my convo's short and I can read the body language that they judge me and don't want to talk to me because they're in their head better than me in the sense that their family makes more money, their better educated etc... long list of stuff. So, no one really gave me a chance.

So, it's not like I don't talk. I am friendly and do talk to people but people seemed annoyed when I

start talking them and always try to kill the conversation and make it short. These people aren't really rich or smart but their attitude shows that they think so about themselves. I see this all over the place.

So, for me just talking about funerals and going to them triggers such thoughts. This includes like what happens when we die and do you feel pain before you go. Also which religious is correct or if all religions are wrong? I just personally think when you're dead you no longer can see out of your eyes but your soul comes out of your body and you hover over your body. I feel that your soul lingers around on earth and maybe the possibility of reincarnation. Even though I am not a Buddhist. I feel that is the most logical explanation. Our souls would come back as a new human but we will forget our past lives.

I am just saying that what you feel is normal but talkin about death or going to a funeral isn't going to be a norm. I mean everyone deals with death differently. I know when my grandma died. I was sad but my mom and sisters cried. I didn't cry and that was because I haven't really got close to her compared to my sisters. I was too young. However, I do have pictures of her holding me as a baby. So, it just hurts that she is no longer here to talk to.

So, I just think there's no such thing as a normal way to react to someone you know that died. I feel everyone has their own way to react to it. I feel the purpose of funerals is to pay their lest respects to the person and also make sure the people that are the closes to that person are looked after to make sure they don't go into a depression.

Like most people deal with it but there's some that don't know how to deal with it are end up getting lost which could result them either dying or their health going down hill. I feel that's the point of a funeral is that the community knows who died and the public try to help the family that lost a loved one et thru it. I feel it really effects the ones that are closer to that person that passed away then people that didn't know them that long.

Sam - July 10, 2025, 10:37 pm

People deal with grief in different ways. I feel like I'm similar in that I don't immediately get upset, but over time, reality sinks in, and sadness eventually catches up.

For a person like me it's more difficult to deal with because my family all practically hates each other.

Oh_Well - July 11, 2025, 12:59 am

My condolences [skull](#).

To lose someone is not always that hard, depens on the situtation. When I lost my grandmother I was extremely sad, I had a very strong relationship with her and she was fine so it came out of nowhere. But when I lost my grandfather who was in a bed (and in a very bad shape) for his last 5 months, I actually smiled knowing that it's time for him to finally rest.

I'm also really sad when people die in car crashes etc, it's just unnatural.

(Jul 10, 2025 10:07 PM)Phantom_NiNja Wrote: [\[CITE\]](#) I feel it really effects the ones that are closer to that person that passed away then people that didn't know them that long.

That was a strong reply Phantom, thanks for sharing.

Cap - July 11, 2025, 7:12 am

(Jul 11, 2025 01:08 AM)Whehsh Heueu3 Wrote: [\[CITE\]](#) ????? ?????? ???

??? ?????? ??? ????? ??? ?????? [warn]

All text must be in English.

toast e - July 11, 2025, 12:06 pm

Everyone deals with grief different. Nothing is wrong with you, man. I Felt the same way with my loved ones sometimes. Sorry for your loss, homie.

Tor - July 12, 2025, 5:13 am

(Jul 10, 2025 12:39 AM)skull Wrote: [\[CITE\]](#) My grandmother died this Saturday.

And I'm on my way to the funeral.
Is it normal to not be sad for her death?

Like I feel it's good for her, she deserved to finally die, at an age of 95 with active cancer, she had a long and good life.

But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.
Is this normal to feel such way?

Of cause I could be sad for ME, that I lost my grandma, but it's really only about her.
My condolences [skull](#) .

I was in same situation actually 2 month ago. Mine was in pain too last period of her life. Is good she isn't in pain anymore, but I wish I could have done more for her.

Rsynced - July 12, 2025, 5:56 am

Yes, IT IS NORMAL AND GOOD NOT TO BE SAD YET!

I felt the same way, mine was 92YO

I am more angry she was so damn stubborn and did not move closer to us before we had to set her up in a room here at out house. We did not put her in a nursing home and took care of her for 3 years. She was ready to go.

GOD BLESS YOU AND YOUR FAMILY!

LOUTTON - July 12, 2025, 7:01 am

So sorry for your loss, skull. But for sure, rest in peace for your grandmother.

Pentatonix - July 13, 2025, 10:28 am

You shouldn't feel sad for her finally achieving peace for eternity. She lived a long life; that's something to celebrate.

Jamika - July 13, 2025, 11:00 am

I hope she rest in peace, i feel thats good that she rested from her pain finally

itcorp - July 13, 2025, 4:13 pm

Condolences to you buddy.

You're allowed to feel exactly how you feel. There's no "right" way to grieve. Just your way....that's something I speak from experience.

cloverblanket - July 14, 2025, 6:50 pm

I'm sorry for your loss. Like other people have been saying, there is no one way to grieve, and it sounds like she is in a better place now - she is no longer suffering.

SilentTrace - July 15, 2025, 3:57 am

(Jul 10, 2025 12:39 AM)skull Wrote: [\[CITE\]](#) My grandmother died this Saturday.

And I'm on my way to the funeral.
Is it normal to not be sad for her death?

Like I feel it's good for her, she deserved to finally die, at an age of 95 with active cancer, she had a long and good life.
But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.
Is this normal to feel such way?

Of cause I could be sad for ME, that I lost my grandma, but it's really only about her.
Hey Skull, I'm really sorry to hear about your grandmother. May she rest in peace. ?

And yes — what you're feeling is completely normal. Not everyone processes loss the same way. Sometimes, when someone we love has been suffering for a long time, the main feeling isn't deep sadness but more of a sense of peace — not because they're gone, but because they're finally free from pain.

The way you're thinking about it shows that you truly cared about her well-being. It's okay not to feel devastated. It's okay to feel relieved for her. And if at any point sadness hits you because she's no longer around, that's okay too.

Sending you strength. If you ever need to talk more, I'm here.

bot1044net - July 16, 2025, 2:11 am
my condolences to you

Avalanche - July 16, 2025, 2:19 am
I'm really sorry to hear about your grandma. That's a big thing, even if it feels like it was her time.

What you're feeling is totally valid and normal. Wanting peace for someone you care about, especially after watching them suffer for so long, is a really loving way to feel. There's nothing weird or wrong about being relieved or even a bit glad that her pain is finally over.

Grief is different for everyone. You're just processing it in your own way, and that's okay.
Be gentle with yourself, yeah? You might feel different things as time passes, and whatever comes up is valid. Stay strong. You got this!

The Joker - July 17, 2025, 6:14 am
(Jul 10, 2025 12:39 AM)skull Wrote: [\[CITE\]](#) But the last like 5 years have been full of pain and suffering for her.

This actually makes me happy for her death, cause atleast the pain is now gone.
Is this normal to feel such way?
I never was lucky to have a grandma. It actually did hurt me in school when my friends said they spent their holidays with their grandparents and my siblings and I had nowhere to go. I'm sorry for your loss mate!

But I think it's completely alright to be happy for her especially if you loved her and wanted her to get out of her suffering.

K4RM4 - August 17, 2025, 6:03 pm

Oh no! I'm so sorry for your loss

Rsynced - September 4, 2025, 5:33 am

Sorry to hear, mine made it to 92, it doesn't feel so bad when someone die very old compared to a baby or even a kitten or puppy. I hope she having fun in heaven! ?

EDIT: Yes, it normal to feel good. This is healthy and mean your Grandma had full life. Doctor tell me this too!

Lefty - September 4, 2025, 5:51 am

I am so sorry for your loss. I know what it feels like to loose someone so close. My thoughts brother

SIM-5690428 - September 4, 2025, 8:24 pm

When my gma died I was sad for over a year