

Forum:[Hack Forums](#)

Thread: [Are you a morning person or a night owl?](#)

RangoWorld - August 11, 2025, 2:55 pm

They say the early you rise. The better the chance you have to make progress, as everyone else is still asleep.

Do you believe that still to be true in this day and age and modern era?

Do you work. Where it requires you to stay awake at night? Do you find your morning time more productive or evening?

I'd like to hear your thoughts.

Deany - August 11, 2025, 3:48 pm

I think more of a night person

plops - August 11, 2025, 4:15 pm

Morning person by nature. i just prefer it. I feel guilty for sleeping past 7am. Even if I do not do anything productive until 10am.

My most productive work time (on my own projects) are evenings into nights. I stop at 9pm-10pm So I can be up by 5.

K4RM4 - August 11, 2025, 6:17 pm

I'm definitely a night person. Me and mornings don't do well together lol.

SethDontPlay - August 11, 2025, 10:52 pm

Night owl to the fullest never really been a morning person

RangoWorld - August 12, 2025, 1:01 am

(Aug 11, 2025 04:15 PM)plops Wrote: [\[CITE\]](#) Morning person by nature. i just prefer it. I feel guilty for sleeping past 7am. Even if I do not do anything productive until 10am.

My most productive work time (on my own projects) are evenings into nights. I stop at 9pm-10pm So I can be up by 5.

When do you sleep?

You're the only one thus far who has said confidently they're a morning person. I did not expected that.

Oh_Well - August 12, 2025, 1:26 am

I like waking up early to feel like I have time to do anything, but I think I'm most productive at night.

So I often sleep 3-4 hours to be able to do both. What does that make me? xD

RangoWorld - August 12, 2025, 1:33 am

(Aug 12, 2025 01:26 AM)Oh_Well Wrote: [\[CITE\]](#) I like waking up early to feel like I have time to do anything, but I think I'm most productive at night.

So I often sleep 3-4 hours to be able to do both. What does that make me? xD

That makes you a Morning Owl.

I also feel this way. I want to wake up early but I also feel good doing work in the evening.

Though right now I have had to wake up late cause of other reasons.

Oh_Well - August 12, 2025, 1:48 am

(Aug 12, 2025 01:33 AM)RangoWorld Wrote: [\[CITE\]](#) That makes you a Morning Owl.

I also feel this way. I want to wake up early but I also feel good doing work in the evening.

Though right now I have had to wake up late cause of other reasons.

I see, a Morning Owl it is then! xD

bevc - August 12, 2025, 2:00 am

Everything is better early in the mornings.

I set my alarm for 3:50am, not because I'm chasing the hustle or whatever, just because I much prefer that time of day, it's so peaceful. I feel like such a slug if I sleep in past 6-7am. If it weren't for job and partner, I'd be aiming to wake up around 2am (which I sometimes do).

?inimalist - August 12, 2025, 2:12 am

I can't wake up in the morning no matter what. I worked for 5 years as a night manager because I was more productive at night than during the morning shift.

Oh_Well - August 12, 2025, 2:37 am

(Aug 12, 2025 02:12 AM)MMDesigns Wrote: [\[CITE\]](#) I can't wake up in the morning no matter what. I worked for 5 years as a night manager because I was more productive at night than during the morning shift.

Nice! Working your favorite hours while getting some extra cash from the night shift, right?

?inimalist - August 12, 2025, 2:52 am

(Aug 12, 2025 02:37 AM)Oh_Well Wrote: [\[CITE\]](#) Nice! Working your favorite hours while getting some extra cash from the night shift, right?

Of course the salary is better. I think 15-20% more than morning shift.

plops - August 12, 2025, 3:25 am

(Aug 12, 2025 01:01 AM)RangoWorld Wrote: [\[CITE\]](#) When do you sleep?

You're the only one thus far who has said confidently they're a morning person. I did not expected that.

I have myself in bed by 10-1015 90% of the nights. So i get 7+/- hours to sleep.

Panagiota - August 12, 2025, 3:39 am

For some reason I'm both depending on my days...

W1NK1LL3RX - August 12, 2025, 5:48 am

When I was younger, I would stay up until the early morning hours on my PC and sleep until noon. Now, I consider myself a morning person. If I sleep past 9 AM, I feel like I've wasted the day, lol.

Oh_Well - August 12, 2025, 12:32 pm

I know the feeling. When I wake up around 7am and stark working at 10, I think I've done so much before the day has even begun

RangoWorld - August 12, 2025, 12:35 pm

(Aug 12, 2025 03:25 AM)plops Wrote: [\[CITE\]](#) I have myself in bed by 10-1015 90% of the nights. So i get 7+/- hours to sleep.

That's good. Sounds like a perfect schedule.

I hope to align my schedule sometime next year when I'm done with my current job.

Radi - August 12, 2025, 1:06 pm

Well I would like to be a night owl but the thing is I wake up super early and stay awake till like 1am so I guess I'm part morning person and night owl.

Oh_Well - August 12, 2025, 1:09 pm

(Aug 12, 2025 01:06 PM)Radi Wrote: [\[CITE\]](#) Well I would like to be a night owl but the thing is I wake up super early and stay awake till like 1am so I guess I'm part morning person and night owl.

I guess that makes you a morning person. Since you're not sleeping till 1pm