

Forum:[Hack Forums](#)

Thread: [First thing that pops in my Mind when the name 'Kirk' is mentioned...](#)

Rsynced - September 18, 2025, 11:47 am

I have been practicing meditation, anti-rumination of politics techniques and my mind is FREE!

PROOF ?

First thing that pops in my Mind when the name 'Kirk' is mentioned...

[Video: <https://www.youtube.com/watch?v=LIQsrvW6Ji4>]

?

Beardonss - September 18, 2025, 1:01 pm

Yeah it's something to think about

Rsynced - September 18, 2025, 1:03 pm

(Sep 18, 2025 01:01 PM)Beardonss Wrote: [\[CITE\]](#) Yeah it's something to think about

[Video: <https://www.youtube.com/watch?v=LIQsrvW6Ji4>]

Dank - September 18, 2025, 1:04 pm

if only meditation could stop the violence.

RIP Kirk.

Rsynced - September 18, 2025, 2:01 pm

(Sep 18, 2025 01:04 PM)DankGanj Wrote: [\[CITE\]](#) if only meditation could stop the violence.

RIP Kirk.

It can, people just don't do it...?

Hackers - September 18, 2025, 3:23 pm

(Sep 18, 2025 01:04 PM)DankGanj Wrote: [\[CITE\]](#) if only meditation could stop the violence.

RIP Kirk.

- out of respect for rsynced, not gonna debate about CK here -

It would be good if meditation could stop the violence, or rather it would be good if violent people could meditate.

Rsynced - September 18, 2025, 3:25 pm

(Sep 18, 2025 03:23 PM)nodes Wrote: [\[CITE\]](#) Don't you think that kirk & maga are the bigger problem, and the violence is more of an outcome of their own doing?

I think people should mind their own business and start doing yoga... ?

Hackers - September 18, 2025, 3:26 pm

(Sep 18, 2025 03:25 PM)Rsynced Wrote: [\[CITE\]](#) I think people should mind their own business and start doing yoga... ?

True, love me some yoga.

Haven't done any in a while, but yoga nidra was super relaxing once upon a time

Rsynced - September 18, 2025, 3:27 pm

(Sep 18, 2025 03:26 PM)nodes Wrote: [\[CITE\]](#) True, love me some yoga.

Haven't done any in a while, but yoga nidra was super relaxing once upon a time

I do like a few things, really I need some space, maybe I will take a class in the future and meet some cool people.

Hackers - September 18, 2025, 3:28 pm

(Sep 18, 2025 03:27 PM)Rsynced Wrote: [\[CITE\]](#) I do like a few things, really I need some space, maybe I will take a class in the future and meet some cool people.
ever used meetup.com?

I haven't in years but depending on the area it was pretty good

Rsynced - September 18, 2025, 3:36 pm

(Sep 18, 2025 03:28 PM)nodes Wrote: [\[CITE\]](#) ever used meetup.com?

I haven't in years but depending on the area it was pretty good

idk maybe not in my area, plus i so busy, only interested in finding a woman at this age, dont want guy friends really, have enough hehe

Tyr - September 18, 2025, 3:56 pm

aye yoga is actually helpful af, I agree. slept on that for so long but it's a part of my daily routine now

Tyr - September 18, 2025, 8:40 pm

(Sep 18, 2025 03:57 PM)Rsynced Wrote: [\[CITE\]](#) Good job bro! ?

Sorry I left your discord, too toxic for me bro :)
wdym lol

nobody was even in there to even say anything toxic ?

Hackers - September 18, 2025, 8:47 pm

(Sep 18, 2025 08:40 PM)Tyr Wrote: [\[CITE\]](#) wdym lol

nobody was even in there to even say anything toxic ?
wow, that's toxic. lol

Rsynced - September 18, 2025, 9:02 pm

(Sep 18, 2025 08:40 PM)Tyr Wrote: [\[CITE\]](#) wdym lol

nobody was even in there to even say anything toxic ?
Wipe, I thought it was your channel, nvr mind... ?

Tyr - September 19, 2025, 9:45 am

(Sep 18, 2025 09:02 PM)Rsynced Wrote: [\[CITE\]](#) Wipe, I thought it was your channel, nvr mind... ?
...lol ur fine

respectfully i ask that a mod close this. idk why you had to make this thread, regardless of who's discord it was or not. there are better ways of approaching these kind of situations sir

Rsynced - September 19, 2025, 10:08 am

(Sep 19, 2025 09:45 AM)Tyr Wrote: [CITE](#) ...lol ur fine

respectfully i ask that a mod close this. idk why you had to make this thread, regardless of who's discord it was or not. there are better ways of approaching these kind of situations sir

I deleted my post about the discord thing, closing my thread, it has nothing to do with you personally, you just popped in this thread and it was the wrong approach you are right!

Closing now :)