

Forum:[Hack Forums](#)

Thread: [Best Way To Relax](#)

jasonust - September 21, 2025, 9:41 am

What is your best or preferred way to relax after grinding in code or over working the brain?

Deany - September 21, 2025, 10:08 am

Rain and thunder sounds with my eyes closed

BlackMale - September 21, 2025, 10:59 am

Rest and get some food and just chill

blade2049 - September 21, 2025, 1:15 pm

i like to listen to chill music online

DAL-SHA - September 21, 2025, 9:53 pm

hot tub , food , and classical music in the background

Rahul007rhp - September 23, 2025, 4:03 am

A small vacation with my family is my perfect goto for relaxation

diablospartan - September 23, 2025, 5:10 am

Well relaxing with a cofee or a walk outside enjoying nature

I think after coding its not so good idea to use tehnology to relax like watching movies or social media as your braing need a deconnect from electronic devices

BRICK - September 23, 2025, 5:49 am

My go-to way is to smoke a joint and watch some South Park or something

Astaroth - September 23, 2025, 4:25 pm

I enjoy lying down on a bed in a dark room while listening to talk radio. I often fall asleep.

hunter.jo - September 23, 2025, 5:05 pm

I volunteered at a local horse farm.

leste - October 1, 2025, 3:22 pm

smoking a cigarette and listening to some music

P??sonl?af - October 3, 2025, 12:51 am

(Sep 21, 2025 10:08 AM)Deany Wrote: [CITE](#) Rain and thunder sounds with my eyes closed

Oh yes! But why stop at just the sound? I love to sit outside when it rains (under cover ofc) when it thunders and enjoy a nice drink. Perhaps even a blanket and open fire.

oRequiem - October 3, 2025, 12:52 am

Play some "turn off brain" games and listening to music. Sometimes, making music.

sharn - October 26, 2025, 11:50 am

Walking my dog in the park clears my mind.

Fresh air and wagging tails do wonders.

Ieste - *October 26, 2025, 3:52 pm*

listen to Akina Nakamori

Pimping - *October 27, 2025, 12:27 am*

Watching youtube or having a livestream going in the background

Neverminder - *October 27, 2025, 2:42 am*

Eat some food, maybe smoke some medical.