

Forum:[Hack Forums](#)

Thread: [Whats your favorite way to relax after a long day?](#)

Yanix - October 5, 2025, 5:01 am

After a long and tiring day, everyone has their own little rituals to unwind. For me, it's checking Hack Forums and then watching some series with my kids and my wife—it helps me feel relaxed and recharged.

How about you, what's your favorite way to relax when the day finally slows down?

Jamika - October 5, 2025, 5:08 am

I usually drinks cola and have some snacks while watching tv

Yanix - October 5, 2025, 5:10 am

(Oct 5, 2025 05:08 AM)Jamika Wrote: [\[CITE\]](#) I usually drinks cola and have some snacks while watching tv

That sounds relaxing, snacks and cola go perfectly with TV time. It's a nice way to unwind. Everyone needs those little treats.

leste - October 5, 2025, 7:00 am

falling asleep while listening to a podcast on YouTube

Yanix - October 5, 2025, 7:11 am

(Oct 5, 2025 07:00 AM)leste Wrote: [\[CITE\]](#) falling asleep while listening to a podcast on YouTube
That sounds comfortable. Podcasts are great for winding down. Sleep comes naturally that way.

aj33b9009 - October 5, 2025, 7:38 am

To relax, I take two Twix bars and watch YouTube.

Yanix - October 5, 2025, 7:41 am

(Oct 5, 2025 07:38 AM)aj33b9009 Wrote: [\[CITE\]](#) To relax, I take two Twix bars and watch YouTube.
I like that Twix bars and YouTube, it make a nice treat. It's simple but enjoyable. A great way to chill.

Mr. Node.js - October 5, 2025, 8:01 am

(Oct 5, 2025 05:01 AM)Yanix Wrote: [\[CITE\]](#) After a long and tiring day, everyone has their own little rituals to unwind. For me, it's checking Hack Forums and then watching some series with my kids and my wife—it helps me feel relaxed and recharged.

How about you, what's your favorite way to relax when the day finally slows down?

That sounds nice. Personally, I like going for a drive with some music, a cigarette, and a bit of conversation with close friends , nothing fancy, just the kind of moments that help you unwind and reset your mind.

Yanix - October 5, 2025, 8:24 am

(Oct 5, 2025 08:01 AM)Mr. Node.js Wrote: [\[CITE\]](#) That sounds nice. Personally, I like going for a drive with some music, a cigarette, and a bit of conversation with close friends , nothing fancy, just the kind of moments that help you unwind and reset your mind.

Nothing beats a calm drive with good company. It's the simple things that make life enjoyable.

V?rt - October 5, 2025, 3:18 pm

Lately I've been enjoying sitting around and watching Dexter and then just playing some video games.

Yanix - October 5, 2025, 6:37 pm

(Oct 5, 2025 03:18 PM)V?rt Wrote: [\[CITE\]](#) Lately I've been enjoying sitting around and watching Dexter and then just playing some video games.

That's a great way to unwind. Dexter keeps you hooked and games are perfect for fun.

Mech - October 5, 2025, 6:40 pm

(Oct 5, 2025 03:18 PM)V?rt Wrote: [\[CITE\]](#) Lately I've been enjoying sitting around and watching Dexter and then just playing some video games.

I enjoyed watching Dexter too. That was a few years ago. I considered rewatching it just a few days ago actually.

trade m3 - October 5, 2025, 8:13 pm

Gaming. I find myself reading forums (like this) or similar more than actually playing games though lol.

Yanix - October 5, 2025, 8:32 pm

(Oct 5, 2025 08:13 PM)trade m3 Wrote: [\[CITE\]](#) Gaming. I find myself reading forums (like this) or similar more than actually playing games though lol.

Oh yeah, reading discussions and tips can be more interesting than playing sometimes. Forums are full of surprises.

Charlie Sheen - October 5, 2025, 9:57 pm

I like to zone out somewhere comfortable and alone for like 20 - 30 minutes. Just scroll on my phone and unwind.

Yanix - October 5, 2025, 10:17 pm

(Oct 5, 2025 09:57 PM)Charlie Sheen Wrote: [\[CITE\]](#) I like to zone out somewhere comfortable and alone for like 20 - 30 minutes. Just scroll on my phone and unwind.

Nice, that sounds really relaxing. A little alone time is always cool. Just scrolling and unwinding is the perfect way to recharge.

RangoWorld - October 9, 2025, 5:59 am

These days it has been to put up IEMs or headphones and listen to my favorite artist.

Yanix - October 9, 2025, 6:11 am

(Oct 9, 2025 05:59 AM)RangoWorld Wrote: [\[CITE\]](#) These days it has been to put up IEMs or headphones and listen to my favorite artist.

That sounds like a perfect way to unwind. Music really has a way of clearing the mind. Putting on headphones and zoning out hits differently. It's like a mini escape from the world.

sharn - October 11, 2025, 5:58 pm

I like to take a walk outside.

Clears my head and helps me breathe again.

Yin Yang - October 11, 2025, 5:59 pm

Smoke, and get some head my guy

Fish - October 12, 2025, 2:45 am

Plop on the couch and do nothing

Yanix - October 15, 2025, 7:31 am

(Oct 11, 2025 05:59 PM)Yin Yang Wrote: [\[CITE\]](#) Smoke, and get some head my guy
Bro, that's one way to relax for sure! ? You've got your own definition of peace?

Eran - October 15, 2025, 9:40 am

Weed definitely. Ngl living alone for quite some time now has made me increase my weed usage.
Still battling between quitting long term (not forever, I love it too much) or taking a short break, fixing
some stuff in my life I've been procrastinating and then establishing a healthier smoking routine.

DAL-SHA - October 15, 2025, 1:56 pm

some stretching , a couple of push-up reps and a hot shower , eating a small snack and sleeping for
less than 1 hr !!

all this changes my mood ??