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Thread: [How to Become a 10x Engineer in the AI Era](#)

LambHappiness - November 23, 2025, 6:56 pm

This article explores the concept of a “ten-fold engineer,” referring to individuals whose work efficiency far surpasses that of the average engineer. It begins by highlighting the potential of AI tools to improve engineer efficiency, and then uses the author’s personal experience to illustrate how AI helped him increase his efficiency by two to three times when developing milestone projects.

Introduction

The term “10x engineer” refers to individuals whose work efficiency far exceeds that of the average engineer. This concept can be traced back to research in the 1960s, particularly the views expressed by Frederick P. Brooks in his book **The Mythical Man-Month**. Brooks pointed out that in the field of software development, some programmers are significantly more efficient than others, sometimes by as much as ten times. This observation was widely cited and gradually evolved into the “10x engineer” concept we know today.

Today, an increasing number of AI tools claim to improve engineers’ work efficiency by 10 times, including but not limited to well-known AI companies such as Anthropic, Cursor, Trae, and Devin.