

Forum:[Hack Forums](#)

Thread: [Whats the Best Advice You Ever Got and How Did It Change Your Life?](#)

JoseMar - November 30, 2025, 10:21 am

What's the Best Advice You Ever Got and How Did It Change Your Life?

Here is one of the pieces of advice I got and how it changed my life. Sometimes the best advice doesn't come from "important people," books, or moments when you're actually looking for it. This is how I received one of the most important pieces of advice in my life.

It happened in a just normal moment, and honestly it wasn't even deep. Someone just dropped a sentence that hit me harder than I expected:

Whoever talks to you about others will eventually talk to others about you. I had no idea in that moment how true that was.

Wait, let me be clear: I'm not talking about just one simple comment or a normal observation about someone. I'm just talking about people who come to you only to gossip, to spread negativity. And usually, this whole thing happens at the workplace. That's where you see it the most. Colleagues whispering, moving from desk to desk, telling you something "just between us," and then five minutes later telling someone else a story about you. ?

This advice changed my life. After that day, I started choosing my friends and even my work relationships differently.? It helped me keep toxic people out of my space, even if some would say I was exaggerating. For me, it wasn't an exaggeration, it was a filter, a simple but extremely effective one.

And honestly? I think you should pay attention to. If someone (usually at work)comes to you often with stories about others, trust me, there's a 99% chance they will talk about you as well, and soon. Now think about it, It's not philosophy, it's just how some people work.

So now I'm curious:What advice have you received that changed your life?
And do you think this one might help you choose your friends and colleagues more wisely?

sharn - November 30, 2025, 11:12 am

Focus on solutions, not problems.
I prefer colleagues who act, not complain.

RangoWorld - November 30, 2025, 11:26 am

I always share it.

"Never believe in a prediction that doesn't empower you."

That means to not believe in anything that doesn't move you forward in the positive direction. Never settling for worse thing. Never believing the noises.

JoshAllen - November 30, 2025, 11:42 am

Everyone has their own path, follow your own.

Terry A. Davis - November 30, 2025, 11:57 am

Lots of things have been said to me, they never stuck until I was about as old as I am now, but internally I am still that edgy skid teenager who used to come on here, just now I am jaded, old and have a little bit more skill under my belt to know when to act my age, or to just kick back and watch the world burn.

I don't have one specific thing, but after an enlightening adventure on LSD in a hostel I now realize life has a lot of minigames like Subway, and the aim is to just play them the best you can, don't try be something you're not.

"You are who you surround yourself with." - That would be about it I think

Phantom_NiNja - November 30, 2025, 1:18 pm

(Nov 30, 2025 11:21 AM)JoseMar Wrote: [CITE](#) What's the Best Advice You Ever Got and How Did It Change Your Life?

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So now I'm curious:What advice have you received that changed your life?

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I learned that too ..

for me it was find out the real problem first and then apply the solution.

It seems simple but most people don't fully understand the problem and apply a solution that won't work because they don't fully understand the problem and normally jump to conclusions before fully understanding the problem.

This is common in technical jobs. It can also be applied to financial issues and relationship issues.

JoseMar - November 30, 2025, 2:31 pm

(Nov 30, 2025 12:12 PM)sharn Wrote: [\[CITE\]](#) Focus on solutions, not problems.

I prefer colleagues who act, not complain.

From that moment I do this, when I see people who complain too much, I leave ...?

+10 Popularity for this ?

(Nov 30, 2025 12:26 PM)RangoWorld Wrote: [\[CITE\]](#) I always share it.

"Never believe in a prediction that doesn't empower you."

That means to not believe in anything that doesn't move you forward in the positive direction. Never settling for worse thing. Never believing the noises.

Good advice. I didn't know this one, and it definitely helps. Thank you.

+10 Popularity for this ? (Ohh, I gave it to you months ago)

(Nov 30, 2025 12:42 PM)Josh Allen Wrote: [\[CITE\]](#) Everyone has their own path, follow your own.

Yes, another good advice. I know it as: Don't copy others, be yourself.

+10 Pop from me ?

(Nov 30, 2025 12:57 PM)Depressed Wrote: [\[CITE\]](#) Lots of things have been said to me, they never stuck until I was about as old as I am now, but internally I am still that edgy skid teenager who used to come on here, just now I am jaded, old and have a little bit more skill under my belt to know when to act my age, or to just kick back and watch the world burn.

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"You are who you surround yourself with." - That would be about it I think

Yes, I know this advice but in different words:

Tell me who your friends are and I'll tell you who you are.

or When I see who you hang out with, I know what kind of person you are.

Good advice, mate, also +10 popularity for this one?

(Nov 30, 2025 02:18 PM)Phantom_NiNja Wrote: [\[CITE\]](#) I learned that too ..

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It seems simple but most people don't fully understand the problem and apply a solution that won't work because they don't fully understand the problem and normally jump to conclusions before fully understanding the problem.

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Oh yeah, this advice looks very simple, but like you said, many people do not understand it. And as you mentioned, this happens a lot in relationship problems too, which honestly leads to completely useless arguments. Good advice.

Also, +10 popularity for this one ;)

Wilmer - November 30, 2025, 7:52 pm

I also heard that and it's been very useful. Can't even think of all the little tips like that over time I've received. They come to me when I need them. One that sticks out though and had the biggest effect I'd say is this. "If you want more, become more. You can't change the direction of the waves/wind but you can build a better boat so they don't matter." It's true with career, relationships including women and pretty much everything. I've noticed the world is full of a ton of pessimism and people blame outside influence for their station in life. Ignore as much of that as possible and just continually improve yourself in every area that your unsatisfied. Instead of chasing the things you want they'll come to you. "If you'll get better, then everything will get better for you." Both of them were from the late great Jim Rohn. My mentor from beyond the grave.

JoseMar - December 1, 2025, 12:56 am

(Nov 30, 2025 08:52 PM)Wilmer Wrote: [\[CITE\]](#) I also heard that and it's been very useful. Can't even think of all the little tips like that over time I've received. They come to me when I need them. One that sticks out though and had the biggest effect I'd say is this. "If you want more, become more. You can't change the direction of the waves/wind but you can build a better boat so they don't matter." It's true with career, relationships including women and pretty much everything. I've noticed the world is full of a ton of pessimism and people blame outside influence for their station in life. Ignore as much of that as possible and just continually improve yourself in every area that your unsatisfied. Instead of chasing the things you want they'll come to you. "If you'll get better, then everything will get better for you." Both of them were from the late great Jim Rohn. My mentor from beyond the grave.

I didn't know the one with the boat, but it makes sense in many situations. Nice one.
+10 popularity for this one. ?

Hausdorff - December 1, 2025, 3:14 am

Not exactly an advice but "ego kills learning" was a life-changing for me.

JoseMar - December 2, 2025, 1:13 am

(Dec 1, 2025 04:14 AM)Hausdorff Wrote: [\[CITE\]](#) Not exactly an advice but "ego kills learning" was a life-changing for me.

Like you said, it's not really advice. When it comes to ego, there are many.

The one I remember now is:

Put your ego aside and you become more human.

Wilmer - December 2, 2025, 7:32 am

(Dec 2, 2025 02:13 AM)JoseMar Wrote: [\[CITE\]](#) Like you said, it's not really advice. When it comes to ego, there are many.

The one I remember now is:

Put your ego aside and you become more human.

A powerful psychedelic experience can help facilitate that. Not going to a party and tripping but instead doing it with a shaman or spirit guide.

diablospartan - December 2, 2025, 9:01 am

Dont tell your plans to anyone until you do them keep them for yourself

Maybe you say but why because my parents wants my good and they are not envious on me etc

Well lets say you want to became a succesful entrepreneur who travel around the world and your parents invested in you a lot of money in your university

They will believe you are crazy with this online business thing and its the bigges mistake to dont

follow your path by becoming an engineer ,lawyer ,doctor etc

Jamika - December 2, 2025, 10:01 am

The best advice I ever received was: don't get involved in solving a problem you weren't asked to solve.

Indeed, your energy will be wasted one way or another in all cases.

JoseMar - December 4, 2025, 12:04 am

(Dec 2, 2025 08:32 AM)Wilmer Wrote: [\[CITE\]](#) A powerful psychedelic experience can help facilitate that. Not going to a party and tripping but instead doing it with a shaman or spirit guide.

Bro, this is next level, let me grab my coffee so I can even start to process it. ?

JoseMar - December 5, 2025, 3:53 am

(Dec 2, 2025 10:01 AM)diablospartan Wrote: [\[CITE\]](#) Dont tell your plans to anyone until you do them keep them for yourself

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So honestly, I learned this pretty late in life. I don't know why? but mate... that's how it is.? I don't know what it is that stops things from happening when you talk about them or tell someone what you plan to do, but if I tell anyone what I want to do in the future... that's it. It's over. ? I won't do that thing anymore, no matter what.?

Now, many people might say it's just a superstition, but for the past few years since I stopped telling people what I want to do... guess what? I actually manage to get it done.

Well, +10 Popularity for this one mate! ?

(Dec 2, 2025 11:01 AM)Jamika Wrote: [\[CITE\]](#) The best advice I ever received was: don't get involved in solving a problem you weren't asked to solve.

Indeed, your energy will be wasted one way or another in all cases.

Yeah, and this advice is really good too, and honestly I just wanted to help with something and guess what, I ended up looking like the fool... well, it's best to just mind your own business and not get involved in other people's stuff.

Nice advice, I already gave you +10 pop,a long time ago ?

diablospartan - December 5, 2025, 7:42 am

(Dec 5, 2025 04:53 AM)JoseMar Wrote: [\[CITE\]](#) So honestly, I learned this pretty late in life. I don't know why? but mate... that's how it is.? I don't know what it is that stops things from happening when you talk about them or tell someone what you plan to do, but if I tell anyone what I want to do in the future... that's it. It's over. ? I won't do that thing anymore, no matter what.?

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Thanks my man

And yea i know the feeling as soon as you say your plans to someone you make a big mistake

I dont know why but many times it doesnt happen

JoseMar - December 6, 2025, 1:02 am

(Dec 5, 2025 08:42 AM)diablospartan Wrote: [\[CITE\]](#) Thanks my man

And yea i know the feeling as soon as you say your plans to someone you make a big mistake

I dont know why but many times it doesnt happen

Now this may sound strange, but my wife and I have a rule: we don't tell almost anyone (only the people who actually need to know if they're involved) what we want to buy or what we plan to do, and most of the time, 90% of the time we manage to achieve what we set out to do.?

I didn't believe this until a few years ago.?

Mitricutza - December 9, 2025, 4:21 am

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I don't like it when someone rolls their eyes. That annoys me the most. ?

JoseMar - December 11, 2025, 10:52 am

(Dec 9, 2025 05:21 AM)Mitricutza Wrote: [\[CITE\]](#) I don't like it when someone rolls their eyes. That annoys me the most. ?

Well, I understand what you're saying, but this isn't really advice...

RiveR29 - December 11, 2025, 11:01 am

Best advice I ever have gotten came from Uncle Iroh. Like un ironically

Maybe not straight, but I like to use his teachings with a twist to fit them to my life personally.

Like "In the darkest times, hope is something you give yourself. That is the meaning of inner strength."

When I got into bad debt, I started to think that even tho I was fucked in a way at least I was not in jail.

That even tho I got myself deep into a hole, I could climb my way out by doing hard work etc.

Or

"Life happens wherever you are, whether you make it or not."

This made me understand that I am not the center of everyone else's life.

That I am only my own life's main character.

JoseMar - December 14, 2025, 9:26 pm

(Dec 11, 2025 12:01 PM)RiveR29 Wrote: [\[CITE\]](#) Best advice I ever have gotten came from Uncle Iroh. Like un ironically

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That I am only my own life's main character.

Well, your Uncle Iroh is definitely a wise man.? I didn't know that first piece of advice, and honestly, it's really beautiful.

+10 popularity for this one. Thanks.??

Zher0 - December 14, 2025, 9:32 pm

"Everybody, one day will die, and be forgotten. Act and behave in a way that will make life interesting and fun, fuck a mundane predictable life working monday to friday with something you derive no pleasure from; just living life out till you grow old and wither away. Find a passion, form relationships, dont be afraid to get out there and fuck what everyone else thinks, trust me its alot more fun that way.

Dont ever pay people out or put people down. Instead just put yourself up and let the haters do their thing. Id rather be a person thats hated on, than a person that does the hating. A wise man one said..

Haters gonna hate!"

- Zyzz

fantomiuz - December 16, 2025, 1:12 am

As someone thats very perfectionistic, definitely "dont overthink it, just start."