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Thread: [How to Monitor \(and Reduce\) Your Own Digital Footprint](#)

BreachFo - December 8, 2025, 5:39 am

Ethical hackers should practice what they preach. Start by auditing your own exposure:

Google yourself: Use incognito mode and search your name, email, phone number, and usernames.

Set up Google Alerts for your name, email, and aliases.

Check HaveIBeenPwned regularly for new breaches.

Use DNSlytics or ViewDNS.info to see what domains you're associated with.

Search data broker sites: Whitepages, Spokeo, Intelius often list your address, relatives, and phone. Most offer opt-out processes (tedious but worth it).

Audit social media: Lock down privacy settings, remove geotags, and delete old posts.

Reducing your footprint isn't about hiding—it's about controlling your attack surface. If you wouldn't want a threat actor to know it, don't leave it public.