

Forum:[Hack Forums](#)

Thread: [Eat that Frog or Not?](#)

RangoWorld - December 15, 2025, 10:37 pm

Eat that Frog is a book and metaphor for doing your most difficult task first thing in the morning.

What has your approach been like? Do you follow this regiment? Do you have your own way of tackling different tasks?

R5N3T - December 15, 2025, 10:48 pm

I've tried the "Eat That Frog" method and it does help sometimes. Finishing the hardest task early makes the day feel easier.

Deany - December 15, 2025, 11:55 pm

I have quite frankly never heard anyone say that

fantomiuz - December 16, 2025, 1:09 am

I don't think it's so much about the morning, i think the amount of motivation throughout the day is limited so we gotta use it wisely.

RangoWorld - December 16, 2025, 10:22 pm

(Dec 15, 2025 11:48 PM)tuyulperang Wrote: [\[CITE\]](#) I've tried the "Eat That Frog" method and it does help sometimes. Finishing the hardest task early makes the day feel easier.

(Dec 16, 2025 02:09 AM)fantomiuz Wrote: [\[CITE\]](#) I don't think it's so much about the morning, i think the amount of motivation throughout the day is limited so we gotta use it wisely.

I agree. But I also wonder if energy matters more and if everyone has the energy in the morning?

PremiumJoe - December 17, 2025, 12:09 am

I always felt the first daily morning shower was a task that I had to accomplished before anything else. (I always brush my teeth first of course, but that is not a "mission" like showering).

That's my frog.

JoshAllen - December 17, 2025, 9:11 pm

I more do the snowball method which is the complete opposite. Starting with the small and leaving the biggest task to the end.

Eat that frog works for me when I do it, but gaining motivation to do it is hard.

Astaroth - December 17, 2025, 10:51 pm

Today I am forced to clean up before Christmas.

1. Dust-buster.
2. Mopping floor.
3. Put up decorations.

I will try the frog method and see if it helps.

Quack Quack!

???

RangoWorld - December 17, 2025, 11:01 pm

(Dec 17, 2025 11:51 PM)Astaroth Wrote: [\[CITE\]](#) Today I am forced to clean up before Christmas.

1. Dust-buster.
2. Mopping floor.
3. Put up decorations.

I will try the frog method and see if it helps.

Quack Quack!

???

Haha. Well which of the tasks do you think is the Frog?

Btw Frog goes ribit ribit!

Astaroth - December 17, 2025, 11:14 pm

(Dec 18, 2025 12:01 AM)RangoWorld Wrote: [\[CITE\]](#) Haha. Well which of the tasks do you think is the Frog?

Btw Frog goes ribit ribit!

The two first represent the frog.

And where I live the frogs says "Quack Quack", haha.

????

Jwett - December 18, 2025, 9:35 am

Approaching tough tasks early can indeed set a positive tone for the day!