

Forum:[Hack Forums](#)

Thread: [Whats one habit you want to change before the year ends?](#)

R5N3T - December 26, 2025, 4:51 pm

As the year comes to an end, many of us start reflecting on our habits. Some habits slowly hold us back without us realizing it. For me, one habit I want to change before the year ends is procrastination, putting things off even when I know they need to be done.

I want to be more consistent, manage my time better, and focus on finishing tasks instead of delaying them. Small changes done daily can make a big difference over time.

How about you? What's one habit you want to change before this year ends, and why?

Tartan1 - December 26, 2025, 6:58 pm

(Dec 26, 2025 05:51 PM)tuyulperang Wrote: [\[CITE\]](#) As the year comes to an end, many of us start reflecting on our habits. Some habits slowly hold us back without us realizing it. For me, one habit I want to change before the year ends is procrastination, putting things off even when I know they need to be done.

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How about you? What's one habit you want to change before this year ends, and why?

If i can cut my smoking habits out, would be good for me

RangoWorld - December 26, 2025, 11:29 pm

I suppose I want to waste less time on vices. Though I don't think there's enough days left this year to break down or build new habits as they tend to take more time.

If you are open to advice then I'd suggest you to create a routine and a to do list. That will help you with getting over procrastination.

Deany - December 26, 2025, 11:32 pm

To spend less money, but that ain't happening

The Pact - December 26, 2025, 11:41 pm

Spending time on Reddit but that isn't happening. Ugg Reddit! I'm addicted to Reddit. ?

R5N3T - December 27, 2025, 6:15 am

(Dec 26, 2025 07:58 PM)Tartan1 Wrote: [\[CITE\]](#) If i can cut my smoking habits out, would be good for me

Yes, cutting out your smoking habit would definitely be good for you. It can improve your health and make you feel better overall

(Dec 27, 2025 12:29 AM)RangoWorld Wrote: [\[CITE\]](#) I suppose I want to waste less time on vices. Though I don't think there's enough days left this year to break down or build new habits as they tend to take more time.

If you are open to advice then I'd suggest you to create a routine and a to do list. That will help you

with getting over procrastination.

That's a great mindset. Even small steps now can make a difference, and having a routine and to-do list really helps stay focused

(Dec 27, 2025 12:32 AM)Deany Wrote: [\[CITE\]](#) To spend less money, but that ain't happening
That's true, saving money is really hard, haha. Sometimes it feels almost impossible

(Dec 27, 2025 12:41 AM)The Pact Wrote: [\[CITE\]](#) Spending time on Reddit but that isn't happening.
Ugg Reddit! I'm addicted to Reddit. ?

Same here ? It's like I'm addicted to smoking, but being addicted to Reddit is still better than being addicted to cigarettes

diablospartan - December 27, 2025, 9:04 am

Well the same with me its the consistency to work constantly no matter what

Many times i get defeted by confort zone ,procrastination ,comodity etc

So the plan for this new year its to work constantly like a real job

Sam - December 27, 2025, 9:45 am

Smoking, I was suppose to quit 20 years ago but maybe this year I will. ?

R5N3T - December 27, 2025, 4:36 pm

(Dec 27, 2025 10:04 AM)diablospartan Wrote: [\[CITE\]](#) Well the same with me its the consistency to work constantly no matter what

Many times i get defeted by confort zone ,procrastination ,comodity etc

So the plan for this new year its to work constantly like a real job

Keep the spirit up! I'm really happy to hear that. Consistency is hard, but you're on the right path.
You can do it

(Dec 27, 2025 10:45 AM)Sam Wrote: [\[CITE\]](#) Smoking, I was suppose to quit 20 years ago but maybe this year I will. ?

It's never too late to quit. Even deciding to try this year is already a good step. Good luck, you got this ?

Effebi - December 27, 2025, 10:27 pm

(Dec 26, 2025 05:51 PM)tuyulperang Wrote: [\[CITE\]](#) As the year comes to an end, many of us start reflecting on our habits. Some habits slowly hold us back without us realizing it. For me, one habit I want to change before the year ends is procrastination, putting things off even when I know they need to be done.

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How about you? What's one habit you want to change before this year ends, and why?

I would like to quit smoking, but I'm not sure I'll reach this goal ever.... ?