

Forum:[Hack Forums](#)

Thread: [Whats Your Go-To Comfort Activity](#)

R5N3T - December 29, 2025, 1:59 am

Everyone has something that helps them relax.

It could be watching videos, listening to music, sleeping, journaling, or just being alone for a while.

What's your go-to comfort activity when you need a break?

Deany - December 29, 2025, 2:15 am

For me it's definitely gonna be collecting/building model kits

Riggs - December 29, 2025, 2:17 am

Reading vulnerability report write ups or playing an immersive video game. The latter I struggle to find time for anymore, but it's an enjoyable escape when the salient volume of life becomes too much.

Elweth - December 29, 2025, 2:35 am

Honestly just rotting in bed with my headphones on full blast... it's the only way to reset my brain fr after work!

R5N3T - December 29, 2025, 2:39 am

(Dec 29, 2025 03:15 AM)Deany Wrote: [\[CITE\]](#) For me it's definitely gonna be collecting/building model kits

That sounds awesome! Collecting and building model kits is such a cool hobby

(Dec 29, 2025 03:17 AM)Riggs Wrote: [\[CITE\]](#) Reading vulnerability report write ups or playing an immersive video game. The latter I struggle to find time for anymore, but it's an enjoyable escape when the salient volume of life becomes too much.

I get that! There's something really satisfying about finding security vulnerabilities—it's like solving a complex puzzle

PremiumJoe - December 29, 2025, 5:56 am

I actually think weight training helps me relax, at least afterwards. Lifting weights is medicine, metaphorically speaking.

R5N3T - December 29, 2025, 4:55 pm

(Dec 29, 2025 03:35 AM)Elweth Wrote: [\[CITE\]](#) Honestly just rotting in bed with my headphones on full blast... it's the only way to reset my brain fr after work!

You really deserve that kind of reset after a long day at work

(Dec 29, 2025 06:56 AM)PremiumJoe Wrote: [\[CITE\]](#) I actually think weight training helps me relax, at least afterwards. Lifting weights is medicine, metaphorically speaking.

That makes sense. Weight training can be really therapeutic and helps clear your mind after a tough day.

The Pact - December 30, 2025, 11:10 pm

(Dec 29, 2025 03:15 AM)Deany Wrote: [\[CITE\]](#) For me it's definitely gonna be collecting/building model kits

I am getting fond of you. You're such a cute character.

I don't really have something interesting to say in this thread. It was watching True Crime videos for many years but I feel I'm maybe on the edge of getting slightly sick of that. And it's posting on forums and Reddit uggggg. Oh I guess I also like driving at night looking at nature in the night and listening to Hip Hop.

RangoWorld - December 30, 2025, 11:19 pm

I like to listen to music or read a book. That helps me.

I also go touch grass every week

NigelBlack - January 1, 2026, 1:16 pm

Playing some Games for me

Martin Pedersen - January 2, 2026, 12:31 pm

Youtubeing [warn]

banjo2002 - January 2, 2026, 6:09 pm

handball

Rahul007rhp - January 4, 2026, 1:47 am

Listening to my collection of songs tucked in my bed would be my go to comfort thing

larry2k - January 4, 2026, 2:07 am

(Dec 29, 2025 02:59 AM)tuyulperang Wrote: [\[CITE\]](#) Everyone has something that helps them relax. It could be watching videos, listening to music, sleeping, journaling, or just being alone for a while.

What's your go-to comfort activity when you need a break?

For sure breaking random stuff on on of my Linux servers.