

Forum:[Hack Forums](#)

Thread: [I havent showered for 2 months](#)

Pr0m3th3us - May 26, 2026, 1:25 am

I have no reason to shower or bath so I haven't. I've been wearing the same boxers and pants for about a month also. I don't wear a shirt much at all. I haven't noticed anything extreme yet. I can't imagine it's "horribly wrong" for humans. Showering on a daily basis is a relatively new concept actually. So basically if my girl doesn't come over I'm gonna keep this going and see what happens.

JNath - May 26, 2026, 1:32 am

You're not alone, I've myself not showered more than 10 times in 2026.

RangoWorld - May 26, 2026, 1:49 am

Summer is coming. If you don't want fungal infection in your private parts. You better wash, clean and change your undies.

Weekend Offender - May 26, 2026, 2:38 am

Seriously this gotta be a troll post...IF not please for your own health sake take a shower. Some of your loved ones may not want to offend you so just put up with it...Also are you depressed or have some tism? I read a lot about people who suffer those have bad cleaning routines. Stay safe though!

Eran - May 26, 2026, 2:56 am

Your private area must smell wonderful! Even during my severe depression period I don't think I've went over a 7-10 days. 2 months is crazy work

Pr0m3th3us - May 26, 2026, 3:04 am

(May 26, 2026 01:49 AM)RangoWorld Wrote: [\[CITE\]](#) Summer is coming. If you don't want fungal infection in your private parts. You better wash, clean and change your undies.

Where I live summer is already here. It's hot and dry though. It just rained yesterday for the first time in 3 months. I don't turn my AC on much because it's expensive.

(May 26, 2026 02:38 AM)Weekend Offender Wrote: [\[CITE\]](#) Seriously this gotta be a troll post...IF not please for your own health sake take a shower. Some of your loved ones may not want to offend you so just put up with it...Also are you depressed or have some tism? I read a lot about people who suffer those have bad cleaning routines. Stay safe though!

No troll. I live alone so nobody is bothered by it, unless you count my cat...I don't think he cares though.

(May 26, 2026 02:56 AM)Eran Wrote: [\[CITE\]](#) Your private area must smell wonderful! Even during my severe depression period I don't think I've went over a 7-10 days. 2 months is crazy work

Rofl yea well I don't make a note to smell that area purposely.

Eran - May 26, 2026, 3:14 am

(May 26, 2026 03:04 AM)Pr0m3th3us Wrote: [\[CITE\]](#) Where I live summer is already here. It's hot and dry though. It just rained yesterday for the first time in 3 months. I don't turn my AC on much because it's expensive.

No troll. I live alone so nobody is bothered by it, unless you count my cat...I don't think he cares

though.

Rofl yea well I don't make a note to smell that area purposely.

Is there any reason why you do this? I'm not judging btw. Do you not like the sensation when you come out squeaky clean from the shower?

True about the note but doesn't it bother you personally? Or you just shrug it off?

jcole - May 26, 2026, 3:18 am

That's disgusting lol, what ever anyone says about not judging you. Trust me, we are. If you have the capability to have good hygiene then you should do it.

Prawnster - May 26, 2026, 3:34 am

If I go like 2 days without showering I start feeling unclean (as u should) and fix it quickly lmfao.

2 months is crazy work mate.

MadScientist - May 26, 2026, 8:59 am

Ya'll nasty! No GF confirmed! :-P

(May 26, 2026 01:49 AM)RangoWorld Wrote: [\[CITE\]](#) Summer is coming. If you don't want fungal infection in your private parts. You better wash, clean and change your undies.

My though too he's bout to be a petri dish of ring worm and bacteria xD

Edmond Dantes - May 26, 2026, 10:38 am

Brother, you will start spreading henta virus. Please take a shower ?

MadScientist - May 26, 2026, 1:24 pm

(May 26, 2026 01:49 AM)RangoWorld Wrote: [\[CITE\]](#) Summer is coming. If you don't want fungal infection in your private parts. You better wash, clean and change your undies.

This is true, when my depression hits my care for cleaning or anything for that matter goes out the window

Mercury - May 26, 2026, 1:54 pm

OP, I enjoy you and our conversations throughout the forums as well as in convo so I don't mean this in a rude way, but bro if you're serious take a shower lol.

Deany - May 26, 2026, 2:02 pm

Aw hell no I need at least 2 showers a day

Pr0m3th3us - May 26, 2026, 2:08 pm

(May 26, 2026 03:14 AM)Eran Wrote: [\[CITE\]](#) Is there any reason why you do this? I'm not judging btw. Do you not like the sensation when you come out squeaky clean from the shower?

True about the note but doesn't it bother you personally? Or you just shrug it off?

I guess im just lazy, even when i was employed i usually only showered once a week. I just don't like doing it, it seems like a huge chore anymore. I have long hair and a long beard so drying all that is a hassle to me lol. Plus im not a fan of all the chemicals in soaps and shampoos nowadays, i have alot of tattoos and i believe scrubbing at them every day will fade them faster. I also don't even use deodorant because all the crap in that.

(May 26, 2026 03:18 AM)jcole Wrote: [\[CITE\]](#) That's disgusting lol, what ever anyone says about not judging you. Trust me, we are. If you have the capability to have good hygiene then you should do it. Cool doesn't bother me.

(May 26, 2026 03:34 AM)Prawnster Wrote: [\[CITE\]](#) If I go like 2 days without showering I start feeling unclean (as u should) and fix it quickly lmfao.

2 months is crazy work mate.

I used to have a friend in high school who couldn't go a day without showering 2 or even 3 times...

(May 26, 2026 08:59 AM)MadScientist Wrote: [\[CITE\]](#) Ya'll nasty! No GF confirmed! :-P

My thought too he's bout to be a petri dish of ring worm and bacteria xD

I do have one sorta, its more like a friend with benefits thing though cause i only see her once every couple months, so when she comes over again i will have to shower, but until then im gonna go as long as i can lol.

(May 26, 2026 10:38 AM)Edmond Dantes Wrote: [\[CITE\]](#) Brother, you will start spreading henta virus. Please take a shower ?

ROFL ?

(May 26, 2026 01:54 PM)Mercury Wrote: [\[CITE\]](#) OP, I enjoy you and our conversations throughout the forums as well as in convo so I don't mean this in a rude way, but bro if you're serious take a shower lol.

ROFL ?

MadScientist - May 26, 2026, 2:33 pm

(May 26, 2026 02:08 PM)Pr0m3th3us Wrote: [\[CITE\]](#) I guess im just lazy, even when i was employed i usually only showered once a week. I just don't like doing it, it seems like a huge chore anymore. I have long hair and a long beard so drying all that is a hassle to me lol. Plus im not a fan of all the chemicals in soaps and shampoos nowadays, i have alot of tattoos and i believe scrubbing at them every day will fade them faster. I also don't even use deodorant because all the crap in that.

Cool doesn't bother me.

I used to have a friend in high school who couldn't go a day without showering 2 or even 3 times...

I do have one sorta, its more like a friend with benefits thing though cause i only see her once every couple months, so when she comes over again i will have to shower, but until then im gonna go as long as i can lol.

ROFL ?

ROFL ?

I therefor shall start a petition to have that girl come to your house more often for the love of god ? ?
I had a depressive episode and not showered for like 7 days and felt soooooooooo grimy

Pr0m3th3us - May 28, 2026, 5:43 pm

Close one....my girl was on my side of town and texted me to come over for a quicke but i was asleep and woke up 2 hours later lol. Still good boys. #nevershower

Binance - June 2, 2026, 7:43 am

what the hell

JoshAllen - June 2, 2026, 9:45 am

This is probably the biggest shit post of 2026. Congratulations.

Cha0 - June 2, 2026, 9:50 am

Well.. thank you for reminding me why I stopped coming here I guess.

Rsynced - June 2, 2026, 11:44 am

Dude I fully understand, but trust me it's bad for your health. When you shower it opens your pores and cleans your energy. The only issue it can be very uncomfortable to experience the detox when PTSD. This is because that feeling is your body healing, but your super PTSD senses are feelings the process and hyper sensitive. My best guess why it feels better to not shower. This is from the top of my head from my own experience. I started liking my foul beer 2 weeks no shower smell personally, but everyone knows you smell like shit. You just can not smell it because your brain has adapted to the odor and considers it safe for yourself. The body is amazing how it can adapt to even the worst environments. I always think caveman like did not shower for years at a time and lived in full PTSD mode their whole lives. That is why you go PTSD cause your brain hits the caveman switch and it does not turn off. Thanks to AI I have connected the dots of modern neuroscience, eastern yoga, and western medicine. It all makes perfect sense to what is going on in the world today when you put it all together.

(Jun 2, 2026 09:50 AM)Cha0 Wrote: [\[CITE\]](#) Well.. thank you for reminding me why I stopped coming here I guess.

lol ?

Pr0m3th3us - June 2, 2026, 1:23 pm

Well i finally did it, took me 20 minutes and like half a bottle of shampoo. Stupid hair. My girl forced my hand....

(Jun 2, 2026 09:45 AM)JoshAllen Wrote: [\[CITE\]](#) This is probably the biggest shit post of 2026. Congratulations.

Thanks.

(Jun 2, 2026 09:50 AM)Cha0 Wrote: [\[CITE\]](#) Well.. thank you for reminding me why I stopped coming here I guess.

You'll be back....

(Jun 2, 2026 11:44 AM)Rsynced Wrote: [\[CITE\]](#) Dude I fully understand, but trust me it's bad for your health. When you shower it opens your pores and cleans your energy. The only issue it can be very uncomfortable to experience the detox when PTSD. This is because that feeling is your body healing, but your super PTSD senses are feelings the process and hyper sensitive. My best guess why it feels better to not shower. This is from the top of my head from my own experience. I started liking my foul beer 2 weeks no shower smell personally, but everyone knows you smell like shit. You just can not smell it because your brain has adapted to the odor and considers it safe for yourself. The body is amazing how it can adapt to even the worst environments. I always think caveman like did not shower for years at a time and lived in full PTSD mode their whole lives. That is why you go PTSD cause your brain hits the caveman switch and it does not turn off. Thanks to AI I have connected the dots of modern neuroscience, eastern yoga, and western medicine. It all makes perfect sense to what is going on in the world today when you put it all together.

lol ?

I mean i was just being lazy lol....

Rsynced - June 2, 2026, 1:51 pm

(Jun 2, 2026 01:23 PM)Pr0m3th3us Wrote: [\[CITE\]](#) Well i finally did it, took me 20 minutes and like half a bottle of shampoo. Stupid hair. My girl forced my hand....

Thanks.

You'll be back....

I mean i was just being lazy lol....
lol ??? my mania bro :)

Miles Morales - June 2, 2026, 2:21 pm

what?

Pr0m3th3us - June 2, 2026, 2:30 pm

(Jun 2, 2026 07:43 AM)Binance Wrote: [\[CITE\]](#) what the hell

(Jun 2, 2026 09:45 AM)JoshAllen Wrote: [\[CITE\]](#) This is probably the biggest shit post of 2026. Congratulations.

(Jun 2, 2026 02:21 PM)Miles Morales Wrote: [\[CITE\]](#) what?

Getting alot of SUPER LOW QUALITY responses so im just going to close the thread. Cool doesn't bother me.

The Pact - October 12, 2026, 3:53 am

(Jun 2, 2026 02:30 PM)Pr0m3th3us Wrote: [\[CITE\]](#) Getting alot of SUPER LOW QUALITY responses so im just going to close the thread. Cool doesn't bother me.

I don't know how on earth I stumbled on this thread when the last post was months ago. Why don't you get rid of that beard and hair so it's not such a nuisance?

It tends to be depression and you don't know how much you don't want those fungus infections.

There was a guy on here who claimed he hated having anyone tell him what to do so when his parents told him to brush his teeth he never did it and he said his teeth had all gone black.

He was a "griever" who liked to grief little kids by taking apart their buildings on Minecraft and he scammed 11 people before I got him perma banned by asking the admins at the time in the super busy HF year of 2014 to compare notes on him because different admins had noticed different things but not all the stuff he'd done all together as soon as I showed them everything he finally got permabanned. But that dude.....people have said the black teeth stuff was a troll but I think it was real.

Sift - October 12, 2026, 5:55 am

Jesus christ that is disgusting what the f.

Fish - October 13, 2026, 3:06 am

(May 26, 2026 10:38 AM)Edmond Dantes Wrote: [\[CITE\]](#) Brother, you will start spreading henta virus. Please take a shower ?

this gave me a good laugh. Imao. i wonder if OP showered yet.

Pr0m3th3us - October 13, 2026, 5:47 pm

(24 hours ago)Fish Wrote: [\[CITE\]](#) this gave me a good laugh. Imao. i wonder if OP showered yet.

I have. Although it's like once a week.

(47 hours ago)The Pact Wrote: [CITE](#) I don't know how on earth I stumbled on this thread when the last post was months ago. Why don't you get rid of that beard and hair so it's not such a nuisance?

It tends to be depression and you don't know how much you don't want those fungus infections.

There was a guy on here who claimed he hated having anyone tell him what to do so when his parents told him to brush his teeth he never did it and he said his teeth had all gone black.

He was a "griever" who liked to grief little kids by taking apart their buildings on Minecraft and he scammed 11 people before I got him perma banned by asking the admins at the time in the super busy HF year of 2014 to compare notes on him because different admins had noticed different things but not all the stuff he'd done all together as soon as I showed them everything he finally got permabanned. But that dude.....people have said the black teeth stuff was a troll but I think it was real.

Are you ok? wtf is this post?

Yin Yang - October 13, 2026, 5:53 pm

Ayo 2 months is kinda crazy