

Forum:[Hack Forums](#)

Thread: [Morning person or night owl? Has it changed over the years?](#)

Fish - October 12, 2026, 3:16 am

I'm a night owl, and I do my best thinking after 10pm. Mornings and I have an agreement to avoid each other. Where do you fall?

Charlie Sheen - October 12, 2026, 3:17 am

Night owl. Always have been. I wish I was a morning person, I have tried to be but I get so much done at night when the house is asleep.

Deany - October 12, 2026, 3:17 am

Night and have always been a night owl !

Sift - October 12, 2026, 3:20 am

I think for me it changes between both regluary I do like starting day early but don't like going to sleep early a catch 22 situation.

Fish - October 13, 2026, 2:39 am

(Oct 12, 2026 03:20 AM)Sift Wrote: [\[CITE\]](#) I think for me it changes between both regluary I do like starting day early but don't like going to sleep early a catch 22 situation.

i agree with that. starting early means early bed time... but nobody wants to go to sleep early anymore... its funny how as a kid you try to stay up late. and now... how tables have turned.

Raijin - October 13, 2026, 7:42 am

There was a time a few years ago that I stayed up all night every single day.

Yanix - October 13, 2026, 7:47 am

(42 hours ago)Raijin Wrote: [\[CITE\]](#) There was a time a few years ago that I stayed up all night every single day.

Whoa that must have been exhausting. I can't imagine staying up all night every single day.

Hopefully, you've got a much healthier sleep routine now. I wonder what kept you awake back then?

Lefty - October 13, 2026, 7:48 am

For sure a night owl, it's the best having that time to yourself while everyone else is sleeping

Sift - October 13, 2026, 7:52 am

(41 hours ago)Lefty Wrote: [\[CITE\]](#) For sure a night owl, it's the best having that time to yourself while everyone else is sleeping

That is an interesting take on it hard to disagree with it aswell night is usually so peaceful.