

Forum:[Hack Forums](#)

Thread: [Do you like naps?](#)

oRequiem - October 12, 2026, 4:43 pm

I have a hate-love relationship when it comes to taking naps.

My body is so used to naps now where it's almost needed. I take about 1 hour naps daily. The worst is obviously when you either over sleep during the nap and/or when you wake up super groggy.

I don't really like naps because it feels like I'm wasting a lot of time each day when it adds up.

Deany - October 12, 2026, 4:44 pm

No I don't really like to sleep

oRequiem - October 12, 2026, 4:44 pm

(43 hours ago)Deany Wrote: [\[CITE\]](#) No I don't really like to sleep

Yeah, I despise sleep even though I'm napping daily :/

Sift - October 12, 2026, 4:46 pm

I like to sleep once not multiple times a day.

oRequiem - October 12, 2026, 4:47 pm

(43 hours ago)Sift Wrote: [\[CITE\]](#) I like to sleep once not multiple times a day.

It's not fun man, it sucks when you're body gets used to it.

Sift - October 12, 2026, 4:48 pm

(43 hours ago)oRequiem Wrote: [\[CITE\]](#) It's not fun man, it sucks when you're body gets used to it. I can only imagine.

oRequiem - October 12, 2026, 4:48 pm

(43 hours ago)Sift Wrote: [\[CITE\]](#) I can only imagine.

Yeah, I literally just woke up from a nap like 10 minutes ago lol

Charlie Sheen - October 12, 2026, 6:48 pm

Absolutely. Naps are the best, just hate when I want one and I have to get things done.

oRequiem - October 12, 2026, 6:48 pm

(41 hours ago)Charlie Sheen Wrote: [\[CITE\]](#) Absolutely. Naps are the best, just hate when I want one and I have to get things done.

That's when you just randomly start doing 100 pushups. Gotta wake yourself up real quick, easier said than done though.

Hard to be motivated like that when you're tired.

Charlie Sheen - October 12, 2026, 6:51 pm

(41 hours ago)oRequiem Wrote: [\[CITE\]](#) That's when you just randomly start doing 100 pushups. Gotta wake yourself up real quick, easier said than done though.

Hard to be motivated like that when you're tired.

Yeah, sometimes I just have to tell myself to stop being a bitch and get it done.

oRequiem - October 12, 2026, 6:52 pm

(41 hours ago)Charlie Sheen Wrote: [\[CITE\]](#) Yeah, sometimes I just have to tell myself to stop being a bitch and get it done.

I just fold and take the nap, feeling groggy makes me regret it though.

Charlie Sheen - October 12, 2026, 6:55 pm

(41 hours ago)oRequiem Wrote: [\[CITE\]](#) I just fold and take the nap, feeling groggy makes me regret it though.

Yeah it sucks because people at work will ask me if I have plans this weekend and every weekend is the same plan to finish what I was working on last weekend.

oRequiem - October 12, 2026, 6:55 pm

(41 hours ago)Charlie Sheen Wrote: [\[CITE\]](#) Yeah it sucks because people at work will ask me if I have plans this weekend and every weekend is the same plan to finish what I was working on last weekend.

Shit, I don't even go out or anything. I can't relate ?

Fish - October 12, 2026, 7:28 pm

Love them. Try to squeeze one in if I can

Au Jus Demon - October 13, 2026, 11:49 am

Naps are the best except when my hour nap turns into 4-5 hours.

RiveR29 - October 13, 2026, 11:59 am

I couldn't live without naps, I fuckin love them.

After I get out of work just eat something, and curl up into a fuckn ball in my bed with the dogs and night night.

Then I wake up at around 10pm and don't sleep at all which sucks but I can not live without naps.