

Forum:[Hack Forums](#)

Thread: [Would you rather give up social media or video games for a whole year?](#)

Yanix - October 13, 2026, 7:42 am

I guess I'd have a much easier time giving up video games than social media. ?

Don't get me wrong, I still enjoy playing games whenever I have some free time, but I don't really play as much as I used to.

Social media on the other hand, is something I check almost every day, whether it's catching up with friends, reading random posts or just scrolling when I'm bored.

Although I wouldn't mind taking a break from social media once in a while, giving it up for an entire year would probably be harder than I think.?

Yin Yang - October 13, 2026, 8:04 am

Social media, not video games

Deany - October 13, 2026, 8:06 am

Video games. I don't game at all anyway.

Yanix - October 13, 2026, 8:06 am

(Oct 13, 2026 08:04 AM)Yin Yang Wrote: [\[CITE\]](#) Social media, not video games

Oh yeah, social media can be pretty distracting, but giving up video games for a whole year would be much harder, especially if gaming is your way to relax.

Eran - October 13, 2026, 8:09 am

Honestly I don't even play video games other than Rocket League once like every 10 days, but at this point I'd give up social media, I'm sick of it.

Yanix - October 13, 2026, 8:12 am

(Oct 13, 2026 08:09 AM)Eran Wrote: [\[CITE\]](#) Honestly I don't even play video games other than Rocket League once like every 10 days, but at this point I'd give up social media, I'm sick of it.

Sometimes taking a break from it is the best thing you can do for your peace of mind.

?ystem - October 13, 2026, 8:14 am

I would give up using social media. The only form of social media I ever use is Facebook and I barely even use it to begin with, especially after what happened with MySpace back in the day.

Eran - October 13, 2026, 8:14 am

(Oct 13, 2026 08:12 AM)Yanix Wrote: [\[CITE\]](#) Sometimes taking a break from it is the best thing you can do for your peace of mind.

I do deactivate my accounts once every couple of months. Actually going to do that pretty soon now.

Yanix - October 13, 2026, 8:16 am

(Oct 13, 2026 08:14 AM)?ystem Wrote: [\[CITE\]](#) I would give up using social media. The only form of social media I ever use is Facebook and I barely even use it to begin with, especially after what happened with MySpace back in the day.

Sounds like giving up social media would be pretty easy for you.

I guess once you've lost interest in it, you don't really miss much. By the way, what happened with MySpace back then?

?ystem - October 13, 2026, 8:46 am

(Oct 13, 2026 08:16 AM)Yanix Wrote: [\[CITE\]](#) Sounds like giving up social media would be pretty easy for you.

I guess once you've lost interest in it, you don't really miss much. By the way, what happened with MySpace back then?

Back in the day, like between 2005 and 2007, MySpace was immensely popular for countless reasons. Like, you could write custom code to change page layouts, design structures, and element placements, etc. It was all the rage. That is until Facebook started becoming popular, among various other things as well, and then it was sold, which changed everything. Maybe someone else can tell the story better than I can, it was so long ago.

Yanix - October 13, 2026, 8:48 am

(Oct 13, 2026 08:46 AM)?ystem Wrote: [\[CITE\]](#) Back in the day, like between 2005 and 2007, MySpace was immensely popular for countless reasons. Like, you could write custom code to change page layouts, design structures, and element placements, etc. It was all the rage. That is until Facebook started becoming popular, among various other things as well, and then it was sold, which changed everything. Maybe someone else can tell the story better than I can, it was so long ago.

Oh yeah, I get it! That sounds a lot like Friendster back in the day, where people loved customizing their profiles too. It's crazy how popular those platforms were before Facebook took over. Makes you wonder if the same thing will happen to today's social media someday!

?ystem - October 13, 2026, 9:00 am

(Oct 13, 2026 08:48 AM)Yanix Wrote: [\[CITE\]](#) Oh yeah, I get it! That sounds a lot like Friendster back in the day, where people loved customizing their profiles too. It's crazy how popular those platforms were before Facebook took over. Makes you wonder if the same thing will happen to today's social media someday!

I mean, it's certainly possible for it to happen again, and I think a lot of people would like that. I guess we will see what happens. :)

Bastille - October 13, 2026, 9:43 am

Social media, apps like Tiktok and instagram are just brain rotters. On the other side, video games like Minecraft are very profitable for creativity and so on

Hern - October 13, 2026, 10:02 am

Could give up social media. Wouldn't be easy though as I get some good info there still

Sift - October 13, 2026, 10:26 am

Would give up video games.

RiveR29 - October 13, 2026, 11:16 am

I could give up social media for a year. I think it would maybe even help with a lot of people with their mental health stuff, cuz I feel like it would help me a ton.

Also avoiding news etc could help people a lot. Except like local news that are relevant. Like if there is a community event or such.

Charlie Sheen - October 13, 2026, 2:50 pm

I'd have zero problem giving up social media. I barely use it as is.

Games I could give up also but I suppose if I had to give up one it would be social media.

Yanix - October 13, 2026, 3:38 pm

(Oct 13, 2026 02:50 PM)Charlie Sheen Wrote: [\[CITE\]](#) I'd have zero problem giving up social media. I barely use it as is.

Games I could give up also but I suppose if I had to give up one it would be social media.

Sounds like an easy choice for you brotha! I guess when you're not really attached to social media, giving it up wouldn't make much difference.

Charlie Sheen - October 13, 2026, 3:40 pm

(Oct 13, 2026 03:38 PM)Yanix Wrote: [\[CITE\]](#) Sounds like an easy choice for you brotha! I guess when you're not really attached to social media, giving it up wouldn't make much difference.

I've tried to use it less and less. I have been considering deleting it completely, but I worry someone distant may try to reach out to me someday.

Yanix - October 13, 2026, 3:42 pm

(Oct 13, 2026 03:40 PM)Charlie Sheen Wrote: [\[CITE\]](#) I've tried to use it less and less. I have been considering deleting it completely, but I worry someone distant may try to reach out to me someday.

Yeah, sometimes social media is the only way to stay connected with people you haven't talked to in years. Maybe keeping your account but checking it once in a while would be a good middle ground.

Charlie Sheen - October 13, 2026, 3:49 pm

(Oct 13, 2026 03:42 PM)Yanix Wrote: [\[CITE\]](#) Yeah, sometimes social media is the only way to stay connected with people you haven't talked to in years. Maybe keeping your account but checking it once in a while would be a good middle ground.

Yeah I was thinking about that. Just uninstalling and letting it sit with notifications set to email me should someone reach out. I never saw the hype in instagram and snapchat. I think I was too old when they came out. X I only use for news updates when I'm looking for something that just happened like sports news.

Sift - October 13, 2026, 4:24 pm

(Oct 13, 2026 03:40 PM)Charlie Sheen Wrote: [\[CITE\]](#) I've tried to use it less and less. I have been considering deleting it completely, but I worry someone distant may try to reach out to me someday.

Yea I can relate to that I consider deleting all social media pretty much daily.

Laughing Man - October 13, 2026, 7:49 pm

Ha! Social Media can go die for all I care, it's presence in life exists solely as convenience and nothing else.

Oh_Well - October 14, 2026, 1:00 am

Video games, I don't play much anyways :'(

Yanix - October 14, 2026, 1:01 am

(Oct 14, 2026 01:00 AM)Oh_Well Wrote: [\[CITE\]](#) Video games, I don't play much anyways :'(

If you barely play video games anyway, giving them up for a year wouldn't make much difference. At least you still get to enjoy social media!

Oh_Well - October 14, 2026, 1:02 am

(Oct 14, 2026 01:01 AM)Yanix Wrote: [\[CITE\]](#) If you barely play video games anyway, giving them up

for a year wouldn't make much difference. At least you still get to enjoy social media!
Let's get my brain fried, yay! haha

Yanix - October 14, 2026, 1:17 am

(Oct 14, 2026 01:02 AM)Oh_Well Wrote: [\[CITE\]](#) Let's get my brain fried, yay! haha
? Hopefully, your brain survives whatever challenge you're about to put it through! Lol!

Laughing Man - October 14, 2026, 1:42 am

(Oct 14, 2026 01:17 AM)Yanix Wrote: [\[CITE\]](#) ? Hopefully, your brain survives whatever challenge you're about to put it through! Lol!
please god no... :/

Raijin - October 14, 2026, 6:33 am

I sold all of my video game consoles years ago. So video games.

Yanix - October 14, 2026, 6:35 am

(Oct 14, 2026 06:33 AM)Raijin Wrote: [\[CITE\]](#) I sold all of my video game consoles years ago. So video games.
The choice pretty easy for you then!

I guess you don't really miss gaming that much anymore.

Laughing Man - October 14, 2026, 6:41 am

(Oct 14, 2026 01:01 AM)Yanix Wrote: [\[CITE\]](#) If you barely play video games anyway, giving them up for a year wouldn't make much difference. At least you still get to enjoy social media!
Ewww social media... Gross

Yanix - October 14, 2026, 6:44 am

(Oct 14, 2026 06:41 AM)Laughing Man Wrote: [\[CITE\]](#) Ewww social media... Gross
lol that's the easiest way for us to communicate with our families specially those who are on other countries ?

Laughing Man - October 14, 2026, 6:46 am

(Oct 14, 2026 06:44 AM)Yanix Wrote: [\[CITE\]](#) lol that's the easiest way for us to communicate with our families specially those who are on other countries ?
There's communication tools and social media, they are different.. Whatsapp, Discord, , Telegram could be argued to be social media. However they are at their core chat clients.

Yanix - October 14, 2026, 7:12 am

(Oct 14, 2026 06:46 AM)Laughing Man Wrote: [\[CITE\]](#) There's communication tools and social media, they are different.. Whatsapp, Discord, , Telegram could be argued to be social media. However they are at their core chat clients.
They may have some social media features, but their main purpose is still communication rather than sharing content like traditional social media platforms.

Personally, I rarely post or share anything on social media anyway.