

Forum:[Hack Forums](#)

Thread: [Do you think people are more authentic after a few drinks?](#)

sharn - October 18, 2026, 1:30 pm

I have always wondered if people become more authentic after a few drinks.

Sometimes those moments tell you a lot about a person, but I am curious whether you think they reveal the truth or just a temporary version of it.

Slumerican ? - October 18, 2026, 1:43 pm

Well, for some people yes but for some no so I don't think there's a straight yes or no answer for this question...

NotJinx - October 18, 2026, 2:31 pm

Yes, for me yes

?ystem - October 18, 2026, 2:46 pm

Yes and no. Alcohol doesn't necessarily make people more authentic. Instead it lowers social inhibitions and impairs brain regions responsible for judgement and self control, which changes how they express themselves.

RySec - October 18, 2026, 3:23 pm

In my business, we typically take clients out for dinner and drinks. This often leads to desired outcomes.

CyberXero - October 18, 2026, 5:38 pm

(Oct 18, 2026 03:23 PM)RySec Wrote: [\[CITE\]](#) In my business, we typically take clients out for dinner and drinks. This often leads to desired outcomes.

Sounds like some Epstein files type shiiii

Oh_Well - October 18, 2026, 9:42 pm

(Oct 18, 2026 05:38 PM)CyberXero Wrote: [\[CITE\]](#) Sounds like some Epstein files type shiiii

I wouldn't say that. It's actually pretty common to establish working relationships over drinks or dinner. This is how connections work and are built.

CyberXero - October 18, 2026, 9:53 pm

(Oct 18, 2026 09:42 PM)Oh_Well Wrote: [\[CITE\]](#) I wouldn't say that. It's actually pretty common to establish working relationships over drinks or dinner. This is how connections work and are built.

The way you said it, totally understandable, especially with a lot of workplaces having social clubs,

The way he said it.. who knows what desired outcomes are on their minds

Oh_Well - October 18, 2026, 10:09 pm

(Oct 18, 2026 09:53 PM)CyberXero Wrote: [\[CITE\]](#) The way you said it, totally understandable, especially with a lot of workplaces having social clubs,

The way he said it.. who knows what desired outcomes are on their minds

haha yeah, I get it, maybe we shouldn't ask a lot of questions xD

The Pact - October 18, 2026, 10:49 pm

In vino veritas is a classical Latin phrase that translates to "in wine, there is truth". But I think it's sad that human adults feel they must have alcohol to be themselves or tell the truth about themselves instead of being boring, shallow idiots.

XtremeDiscount - October 19, 2026, 5:32 am

Yea I think they're definitely more authentic after a few drinks. It's called truth serum for a reason.

Yin Yang - October 19, 2026, 5:36 am

I agree, they usually show themselves after a few drinks

Th3HulK - October 19, 2026, 6:21 am

I think alcohol removes the filter, but it doesn't necessarily reveal the true person. It just amplifies whatever is already there.

Pimping - October 20, 2026, 9:04 pm

(Oct 19, 2026 06:21 AM)Th3HulK Wrote: [\[CITE\]](#) I think alcohol removes the filter, but it doesn't necessarily reveal the true person. It just amplifies whatever is already there.

I think the same

personally after a few drinks i talk more and generally dont give a shit lol

Jamika - October 21, 2026, 1:22 pm

(Oct 18, 2026 01:30 PM)sharn Wrote: [\[CITE\]](#) I have always wondered if people become more authentic after a few drinks.

Sometimes those moments tell you a lot about a person, but I am curious whether you think they reveal the truth or just a temporary version of it.

Neither, really... It just makes people stupid, nothing more, nothing less. Alcohol doesn't make you better in any way.

RiveR29 - October 21, 2026, 10:13 pm

This is a really good question.

And in short, you are right. But there is a catch.

I have worked in bars and clubs for over 6 years as a bouncer now.

And mostly peoples personality is different when they get few drinks in.

But mostly you see the "mask" slip on people who have narcissistic personality traits.

They usually end up showing the real them, which can be bit odd or even scary at times.

But most people become more relaxed and social, some get way more confident.

I have a friend who is socially extremely awkward. Except when he gets drunk.

The man becomes so confident that it is almost scary, he usually is invisible to women.

But every single time he scores a woman he has been drunk.

So yeah, it depends on the person.

Jinu - October 22, 2026, 5:07 am

I do think people can be more open and honest after a few drinks. It's like they loosen up, share stuff they wouldn't normally. But I also think it's just a bit of them showing their true self, not their whole self.

DAL-SHA - October 22, 2026, 7:11 am

There is a saying where I came from that goes : The drunk ALWAYS tells the truth !

